



APURVA SOORMA

Specialisation: Clinical Psychology

Contact: +91 859 529 2758
apurvasoorma@gmail.com
New Friends Colony, New Delhi
DOB: 13-01-1998

ACADEMIC QUALIFICATIONS

COURSE	INSTITUTE	YEAR	SCORE
M.Phil. Clinical Psychology	ABVIMS & Dr. Ram Manohar Lohia Hospital, New Delhi	2023	68.1%
M.A. (Applied Psychology)	Jamia Millia Islamia University, New Delhi	2021	CGPA: 9.25
B.A. (Hons.) Psychology	Jamia Millia Islamia University, New Delhi	2019	CGPA: 9.11
Senior School (12 th grade)	Tagore International School, East of Kailash, New Delhi (CBSE)	2016	95%
Secondary School (10 th grade)	Tagore International School, East of Kailash, New Delhi (CBSE)	2014	CGPA: 9.6

KEY ACADEMIC PROJECTS

M.Phil. Dissertation

Title: *Relationship of Parental Cognitions with Parenting Self-Efficacy Among Parents of Children with Autism Spectrum Disorder*
Supervisor: Ms. Kritika Suri

M.A. Dissertation

Title: *Big Five as a Predictor of Fear of Failure and Their Link with Depression Vulnerability*
Supervisor: Dr. Samina Bano

Paper Presentation

Title: *Eating Disorders: Challenges in diagnosis and treatment*
Presented at the 5th International Conference - Innovative Strategies and Advancements in Academics and Research: Navigating Global Scenarios organised by Indian Mental Health & Research Centre and Shia P.G. College, Lucknow (28-29 October, 2023)

INTERNSHIPS AND WORK EXPERIENCE

Chegg Inc. Subject Matter Expert, India (Psychology)	March 2020 – Present
Psytara Psycho-oncology Internship	June – July 2020
Mindglass Well-being Pvt. Ltd. Clinical Psychology Internship	June 2020
Potential Therapy Centre, Kalindi Colony, New Delhi Child Psychology internship	December 2018 – January 2019
PsyCare Neuropsychiatry Care Center, Jasola, New Delhi Clinical Psychology internship	June 2018
Fortis Healthcare, Okhla, New Delhi Clinical Psychology internship	April – May 2017

ACHIEVEMENTS

- Recipient of **Merit Scholarship** and **Gold Medal** for achieving 1st rank in **Graduation**
- Recipient of **Merit Scholarship** and **Gold Medal** for achieving 1st rank in **Postgraduation**
- Recipient of **Certificate of Excellence** for outstanding performance during **internship** in psycho-oncology at Psytara

PROFESSIONAL DEVELOPMENT ENDEAVOURS

- **Certified as a Career Coach (Registered with Govt. of India)**
Trained by Counsellor Council of India and PosiTips Cafe India Pvt. Ltd. (September 2021)
- **Expressive Arts Based Therapy Internship**
Fortis Healthcare (June 2020)
- **Essentials of Cognitive Behavioral Therapy Training Workshop**
Brain Behaviour Research Foundation of India (June 2020)
- **Cognitive behavioural Therapy for Depression and Suicide Training Workshop**
Brain Behaviour Research Foundation of India (August 2020)
- **Construction of Psychological Tools Workshop**
National Psychological Corporation, Agra (July 2020)
- **Barefoot Counselling Skills Workshop**
Sanjivini Society for Mental Health, NDMC, Sleepwell Foundation (November – December 2019)
- **International Pre-conference Workshop on “Designing Behaviour Change Interventions”**
Prof. Mark Terrant, University of Exeter, U.K. (March 2019)

REPRESENTATIVE ROLES

- Contributed to the clinical psychology team, delivering psychological services at **India’s first transgender outpatient department** at ABVIMS & Dr. RML Hospital
- **Placement Coordinator**, Department of Psychology, Jamia Millia Islamia
- **Jamia Cultural Committee** Member and Volunteer **event coordinator** for BOL, Miraas.
- NIE (Newspaper in Education Times) **School Reporter (Times of India)**; Press Buddy and **Reporter for Hindustan Times GIFA** (Great Indian Football Action)
- **Student Editor** for the School Magazine
- **Vice Discipline Officer** (Senior Secondary level)

SOCIAL INITIATIVES

- **Handicapped Children’s Rehabilitation Association, Kalkaji, New Delhi**
Assistant Teacher and Playmate
- **SHERNIS – Online community for Women Empowerment**
Mental Health Speaker