

Moumita Mallick

Contact

Address

Vadodara, Gujarat 391740

Phone

9157168224

E-mail

mitabaroda1998@gmail.com

Skills

Communication

Psychological Assessments

Diagnosing Disorders

Psychotherapy

Listening skills

Graphology

Languages

English

Advanced (C1)

Hindi

Advanced (C1)

Bengali

Advanced (C1)

Experienced clinical psychologist with a successful history of achieving exceptional outcomes through psychometric assessments and a compassionate, holistic approach to psychotherapy. Specializes in coordinating care and delivering treatment for individuals with diverse mental health conditions. Proficient in providing both individual and group therapy, prioritizing care, and fostering a nurturing and supportive atmosphere.

Work History

2022-01 -

MPhil. Clinical Psychology Trainee

2024-01

Gajara Raja Medical College and Hospital, Gwalior, MP

2021-09 -

Internship

2021-10

Mastishk centre for behavioural and psychological services

2021-07 -

Internship

2021-08

Psychoshiksha

Personal Information

- Age: 25
- Date of Birth: 08/09/98
- Marital Status: SINGLE

Academic projects

- Bachelor's Research Paper, A Quantitative Analysis on Impact of Personality on Driving Behaviour
- Master's Thesis, A pathological condition and its impact on body self-image, perfectionism, self-esteem and social isolation: orthorexia nervosa.
- MPhil Thesis, Mediating role of metacognition and impulsive responding between dysfunctional attitude and paradoxical thought suppression among individuals with anxiety features.

Awards

- Ranked 2nd in MA Clinical Psychology. Silver Medal, 03/2023, Second in Academics, in Masters in Clinical Psychology, Amity University, Madhya Pradesh
- 1st prize certificate, 08/2018, First, in Academics, in first year of Masters in Clinical Psychology
- Certificate in 'Workshop for Art Therapy', 07/2020, From 'Healthy Minds World', Bengaluru
- Certificate in 'Introduction to Forensic Psychology', 07/2020, From 'Healthy Minds World', Bengaluru
- Certificate in 'Statistical Workshop Program', 07/2020, From 'Utsaah Psychological Services'
- Certificate in 'A child's subconscious mind: Hypnotic Principles and techniques to reprogram your child's subconscious mind', 07/2020, From workshop arranged by 'Uka Tarsadia University, Gujarat'.
- Certificate in 'Basic Counselling Skills', 06/2020, From 'Chennai Counsellors'
- Certificate on Human Behaviour and Graphology, 06/2020, From 'Cognizavest'
- Certificate in 'Transforming challenging Behaviour into development of Holistic health in young children', 10/2019, From 'Center for Psychological Counselling and Hypnotherapy'
- Certificate in 'Sanskritik Swadhaya', 07/2017, From 'Vivekananda Kendra, Kanyakumari'
- Proficiency Award in Social Sciences, 04/2015, Delhi Public School, Harni, Gujarat
- Bronze Medal, 02/2013, Third in Annual Sports, (DPS, Harni) Three-Legged Race
- Bronze Medal, 02/2012, Third in Annual Sports, (DPS, Harni) Relay Race

Education

2022-01 -
2024-04

MPHIL.: Clinical Psychology

Amity University - Madhya Pradesh

GPA: CGPA: 7.51

2020-01 -
2022-04

M.A.: Clinical Psychology

Amity University - Madhya Pradesh
GPA: CGPA: 8.19

2017-01 -
2020-04

B.A. (Hons.): Psychology

Maharaja Sayajirao University - Vadodara, Gujarat
GPA: CGPA: 8.32

2015-01 -
2017-04

**HIGHER SECONDARY: Subjects- English,
Psychology, Economics, History, Fine Arts**

New Era Senior Secondary School - Vadodara, Gujarat
GPA: 84%

2015-04

SECONDARY

Delhi Public School - Vadodara, Gujarat
GPA: 81.70%