**Dr. Ish Garg**

MD Psychiatry

Bathinda punjab, 151001

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D.O.B:25th December 1993

**Skills**

1.Good behavioral conduct and Oration skills.

2. Exceptional bedside manners.

3.Effective communication skills.

4. Member of Indian Red Cross Society.

5. Life Member of Youth Hostel Association of India.

**EXPERIENCE**

July 2022-July2023

**Senior Resident Doctor, Dhubri medical college and hospital|** Dhubri, Assam

* Has a good amount of exposure at handling indoor and outdoor Psychiatry patients.
* Specialist in -Somatisation disorder, Dissociative disorder, de-addiction services, OCD, Psychosis, sleep and sexual disorder.
* 1 month of training in the Neurology Department.
* Presented a Symposium at the 47th Annual Conference of the Indian Psychiatric Society- Eastern Zonal Branch.
* Delivered talks in various schools for classes 8th to 12th std, promoting Anti-drug awareness camp.
* Presented a Symposium on the topic "The secretive whispers between the gut and brain" at the World Psychiatric Association (WPA) Regional Congress 2023, Kolkata, India.
* Acted as a resource person for the Border security forces on the topic "Psychological wellbeing of troops".
* Provided emotional support to patients, employing active listening skills to ensure patients felt heard and their concerns understood.
* Supervised and mentored Intern and MBBS doctors.

**Summary**

* Dedicated Physician with proven track record of providing first-class patient care.
* Promotes health education and effective self-care, minimising future risks.
* History prioritising patient wellbeing, easing anxiety through clear communication.

**Education**

2019-2022

Gauhati medical college and hospital, Guwahati Assam

Post Graduation, MD Psychiatry

* Thesis topic on "Attitude of Health Professionals towards LGBT"
* Exposure to Electroconvulsive therapy and Psychotherapies
* Render selfless service in fight against SARS COV 2 infection in the COVID wards.
* Attended 22nd Annual National Conference of Indian Association of Private Psychiatry (ANCIAPP 2021).

**2012-2016**

Adesh institute of medical sciences and Research, Bathinda, PB

Bachelor of medicine and surgery (MBBS)

* 2 months of clinical exposure working in USA OPD setting.

**2010-2012**

St. Kabir Convent School, Bhucho, Bathinda

Passed class XII standard

**2010**

St. Josephs Convent school, Bathinda, Punjab

Passed class X standard .

Participated and won various competitions of extra-cirricular activities.

**Languages**

Punjabi, English, Hindi, Assamese