

Poorvi Verma

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EDUCATION

ABVIMS & Dr RML Hospital, GGSIPU

New Delhi

M. Phil Clinical Psychology, 2021 –2023

Cumulative Percentage: 68.1

- Gained extensive experience working with a diverse patient population in both OPD and IPD hospital setting, addressing various mental health conditions using Cognitive and Behavioural modalities.
- Experienced with administration and interpretation of a wide range of psychometric assessments, intelligence and personality evaluations, as well as projective tests like the Rorschach Inkblot Test and Thematic Apperception Test, under rigorous training protocols.
- Developed strong clinical skills in working with various populations, encompassing both adult clients and children with diagnosed conditions through hands-on experience and training, ensuring a thorough understanding of psychological assessment and intervention techniques.

NORTH CAMPUS, UNIVERSITY OF DELHI

New Delhi

M.A. Psychology (Clinical), 2019-2021

Cumulative GPA: 7.61

Division: First

KAMALA NEHRU COLLEGE, UNIVERSITY OF DELHI

New Delhi

B.A. (Hons.) Psychology, 2016-2019

Cumulative GPA: 8.3

Division: First with Distinction

FIELD WORK & INTERNSHIP

SOS Children's Villages India , July 2020 - Feb 2021

Faridabad

- Surveying character strengths in SOS Village, assisting in module development based on research, own creativity and module development.

Fortis Healthcare and Sukoon Health, July 2020

Gurgaon

- Clinical Psychology internship included online classes, application-based assignments, rigorous reading, critical analysis of research papers, and an experiential project.

Mind Ease-Psychological and Services Wellness Center, June 2020

Lajpat Nagar

- The internship provided in-depth knowledge of clinical psychology, involving observation of therapy sessions and administration of psychological tests.

Lady Hardinge Medical College, Department of Psychiatry & Drug De-addiction.

Connaught Place

June-August 2018

- Acquired practical skills in conducting case histories and Mental Status Examinations (MSE), including observing psychiatry OPDs for diagnostic procedures and disorder presentations.

RESEARCH EXPERIENCE

- A Comparative Study of Sensitivity of Obsessive Style Index (OBS) of Exner's Rorschach Comprehensive System in Patients with Obsessive Compulsive Disorder Versus Normal Control (2023). The study aimed to assess the sensitivity of Obsessive Style Index (OBS) of Exner's Rorschach Comprehensive System using a cross-sectional design from a sample of thirty treatment seeking OCD patients and thirty normal controls.
- Toxic Conformity: Adherence to Traditional Masculinity and Its Impact on Role Stress and Psychological Well-Being (2019). The study aimed to understand how conforming to the masculine roles and guidelines prescribed by patriarchal societal system has any effect on the levels of stress, mental-health and well-being among young males from a sample of 113 male participants aged between 20-30 years.

SKILLS & INTERESTS

- Proficient in administering psychometric tests and conducting assessments.
- Trained in Cognitive Behavioral Therapy (CBT) and Behavior Therapy interventions.
- Experienced in working with diverse patient populations in both outpatient and inpatient settings.
- Dedicated to ongoing professional development and evidence-based practice in clinical psychology.
- Proficient communication skills and ability to collaborate effectively within multidisciplinary team.
- Committed to improving accessibility of mental health services and community outreach.