

# HANSINI KOCHHAR, M.B.B.S.

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## CURRICULUM VITAE

### EDUCATION

- 06/2011 – 03/2013    Pre-Medical Courses  
• Amity International School, Delhi, India
- 08/2013 – 03/2019    Bachelor of Medicine and Bachelor of Surgery (M.B.B.S.)  
• M.V.J Medical College & Research Hospital, Bangalore, India

### POST-GRADUATE TRAINING

- 06/2021 – Present    Master's in Health Services Administration (M.H.A.)  
• University of La Verne, La Verne, California

### ACADEMIC & PROFESSIONAL APPOINTMENTS

- 03/2021 – 06/2021    Junior Resident, Department of Psychiatry  
• Institute of Human Behaviour & Allied Sciences, Delhi, India
- Handled Psychiatric Emergencies with Senior Psychiatrists and made provisional diagnoses of incoming patients.

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- Strengthened patient satisfaction and retention by performing accurate diagnosis of almost 1000 patients per week and providing proper care, treatment, and valuable recommendations.
- Reduced response time to almost 100 admitted patients by supporting workplace collaborations and consulting with colleagues as required. Involved in History Taking, Sampling, Case Presentation, Diagnostic and Therapeutic planning, Writing orders, medical record-keeping of the patient.
- Well equipped in the administration of long-acting antipsychotics.
- Emphasis on adults with occasional pediatric psychiatric evaluation as well as psychiatric medication management.

**10/2019 – 10/2020    Junior Doctor, Psychiatry**  
• **Delhi Psychiatrist, Pitampura, Delhi, India**

- Assisted in the diagnosis of Psychiatric conditions on an OPD basis by performing an initial behavioral assessment of incoming patients and making a provisional diagnosis.
- Involved in History Taking, Case Presentation, Diagnostic and Therapeutic planning, Writing orders, Medical record-keeping of the patient.
- Emphasis on adults with occasional pediatric psychiatric evaluation as well as psychiatric medication management.
- Dealt with cases of Schizophrenia, Bipolar disorder, Depression and Anxiety, Personality Disorders, OCD on an everyday basis.

**03/2018 – 03/2019    Medical Intern**  
• **M.V.J. Medical College & Research Hospital, Bangalore, India**

- Rotated in the following departments: Medicine, Surgery, Pediatrics, Dermatology, Psychiatry, ENT, Ophthalmology, Preventive Medicine, Emergency Medicine, Ob-Gyn, Anesthesia, Orthopedics.
- Involved in General Management, Patient Care, and medical record keeping.
- Performed and assisted in various medical and surgical procedures like IV line insertion, venous and arterial blood gas sampling, nasogastric tube/ Foley catheter insertion, thoracocentesis, abdominal paracentesis, and basic suturing

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- In case of emergencies, administer basic treatment to patients.
- Handled OPD & IPD and Assisted in handling Medicolegal cases.

**03/2018 – 03/2019    Junior Doctor, Rural Health Training Centre**  
**• Hoskote Taluk, Bangalore, India**

- During the 12 months of my Internship, I was involved in the delivery of basic healthcare and management of the rural clinic.
- Gained an insight into how healthcare is managed in a rural setting.
- Organized various school health screening programs
- Administered vaccination and immunization against communicable diseases

**MEDICAL LICENSURE**

26/12/2019                      Medical Council of India (License number: 92891)

**CERTIFICATION**

03/2020                      USMLE Step 1: Passed  
10/2020                      TOEFL                      : 111

09/2021                      CITI CERTIFICATION: Health Information Privacy & Security  
Principal Investigator

**RESEARCH EXPERIENCE**

Original Manuscripts Submitted for Publication Consideration:

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1. Sheikh, Mona; Sekaran, Sruthi; Kochhar, Hansini; Khan, Asma; Gupta, Ishita; Mago, Arpit; Maskey, Upasana; Marzban, Sima. Hospice vs Palliative care: a comprehensive review for primary care physicians. 2021

2. Johanna S. Canenguez Benitez, Tabata E. Hernandez, Angel J. Arriaga Madrid, Sarosh Sarwar, Ramaswamy Sundararajan, Asma T. Khan, Hansini Kochhar, Andrea F. Matayoshi Perez, Herbert Alexander, Mehwish P. Alam, Arpit Mago, Aakash Hans, Faisal W.M. Naffa. Advantages and disadvantages of using St. John's Wort as a treatment for depression: A Systematic Review. 2021

## **VOLUNTEER EXPERIENCE**

10/2021

Project Manager: Project IMG

Mental Health Squad: Project IMG

- Project IMG is a free platform dedicated to International Doctors, Residents, Fellows, Medical Students. The mental Health Squad provides emotional support for International Medical Graduates around the globe

6/2021

Mobile Mental Health Unit

- Volunteered as Medical Officer for Mobile Mental Health Unit run by IHBAS, with the aim of reaching out to mentally ill persons in the difficult situations of both homeless and homebound nature.

5/2021

Volunteered at Vaccination Camps

- Involving Child immunization Campaign and coverage in rural India

07/2019

Volunteer at Donate an Hour- DoaR India

- Active volunteer at Donate An Hour as a Science teacher- N.G.O aimed at providing free education to the underprivileged.

05/2019

Medical Doctor, World Hypertension Camp

- World Hypertension Day free health assessment camp and community health education

03/2019

Medical Doctor, Ophthalmology Camp

- Organized a free Ophthalmology Camp as a Medical Doctor, at Nandagudi, KA.

03/2018 – 03/2019

Junior Doctor, Adolescent Mental Health Programme

- M.V.J. Medical College & Research Hospital, Bangalore, India

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- Conducted one-to-one counseling for adolescent school students to promote and protect mental health and well-being.

12/2018 Medical Doctor, Free Diagnostic Health Camp

- Organized and volunteered at a Free Diagnostic Health Camp organized at Chintamani, KA.

10/2018 Volunteer, Cancer Awareness Campaign at M.V.J. Medical College.

**EXTRACURRICULAR ACTIVITIES & INTERESTS**

2019 Chied Editor- Aspire'19, M.V.J. College Magazine

2014-2019 President: Literary Society

Led a team of organizers and volunteers to conduct two University Festivals

2019 IAP Pediatric Quiz

Participated in the IAP Pediatric Quiz for Undergraduates.

2018 Intercollege Psychiatry Quiz- Second Place

2017 Intercollege Physiology Quiz- First place

Active participant on various Slam Poetry and Written Poetry Platform

Languages known: English, Hindi, Punjabi, Kannada