

To,
The Department of Psychiatry/Administration

SUBJECT: APPLICATION FOR THE POST OF PSYCHIATRIST

Sir/Madam,

I have done MBBS Examination, 2013 from Gauhati Medical College & Hospital, Government of Assam under Gauhati University, where I was admitted on All India Quota through All India Pre-Medical Test (AIPMT) and passed DNB form National Board of Examination(NBE) in August 2020.

I am enclosing herewith my bio-data to consider my candidature for a suitable position at your hospital for which I will remain thankful.

Thanking you.

Yours truly

(DR. ENUB ALI)

BIO-DATA

1. **NAME** : **DR. ENUB ALI**
2. **SPOUSE'S NAME** : **DR. KAMRAN AQEEL**
3. **MARITAL STATUS** : **MARRIED**
4. **DATE OF BIRTH** : **18th NOVEMBER 1990**
5. **PRESENT ADDRESS** : **FLAT NO. 253, JAWAHAR LAL COOP. GROUPOUSING SOCIETY,
SECTOR -5, PLOT-9, DWARKA, NEW DELHI – 110075**
6. **CONTACT NO.** : **011-28087821**
7. **MOBILE** : **9769357804**
8. **EMAIL** : **enubali@gmail.com**
9. **REGISTRATION NO.** : **DMC/R/11258 Delhi Medical Council**

10. EDUCATIONAL QUALIFICATION:

EXAMINATION	BOARD/UNIVERSITY	YEAR	MARKS
SECONDARY SCHOOL	CBSE	2006	95.4%
SR. SECONDARY SCHOOL	CBSE	2008	89.2%
MBBS	GAUHATI MEDICAL COLLEGE GAUHATI UNIVERSITY (Government of Assam)	2013	57.2%
DNB (PSYCHIATRY)	NATIONAL BOARD OF EXAMINATION (NBE) (Masina Hospital)	2020	57.4%

11. EXPERIENCE

Name of the Institution	Designation	Period		Total Experience	Achievements/ Responsibilities
		From	To		
Tulasi Healthcare	Consultant Psychiatrist	27/3/2024	Present		<p>_Managing outpatient , inpatients and psychiatric emergencies</p> <p>_Treatment of addiction patients which includes tobacco, alcohol ,opiod , cannabis</p> <p>_Involved in counselling which includes Motivational enhancement thera , CBT,DBT , Brief Interventon.</p>
Kalpavriksha superspeciality Center	Consultant Psychiatrist	1/3/2224	Present		<p>_Managing outpatients and psychiatric emergencies.</p> <p>_Liasoning with medical specialists and psychologists for patient management</p>
Venkateshwar hospital, Dwarka ,New Delhi	Consultant Psychiatrist	1/2/2024	Present	1 Month	<p>_Managing outpatients, inpatients and psychiatric emergencies.</p> <p>_Liasoning with medical specialists and psychologists for patient management</p>
Disha Neuropsychiatry and Deaddiction Center (Jammu , Union territory of Jammu & Kashmir)	Consultant Psychiatrist and Deaddiction Specialist	26/12/2022	30/6/2023	6 Months and 4 days	<p>_Managing outpatient and psychiatric emergencies</p> <p>-Treatment of addiction patients which includes tobacco, alcohol ,opiod , cannabis</p> <p>_Involved in managing opiod substitution clinic (patient treatment , maintaining records)</p> <p>_Involved in counselling which includes Motivational enhancement thera , CBT,DBT , Brief Interventon.</p>

Employee State Insurance Corporation Medical College and Hospital, Faridabad, Haryana, India (under Ministry of Labour & Employment, Government of India)	SENIOR RESIDENT (Psychiatry)	08/09/2020	20/12/2022	2 Year 3 months and 12 days	<p>_ Managing outpatients, inpatients and psychiatric emergencies.</p> <p>_ Teaching and mentoring postgraduate/undergraduate students in academic and research activities.</p> <p>_ Involvement in departmental research activities</p> <p>_ Liasoning with medical specialists and psychologists for patient management</p> <p>_ Attended Mobile Psychiatry Camps</p>
Masina Hospital , Byculla , Mumbai	DNB Psychiatry Resident	16/6/2017	27/7/2020	3 Years One month and Fifteen days	<p>_ During my training I actively managed the OPD, IPD and the emergency services, along with liaison psychiatry.</p> <p>_ I worked in all areas - general adult, child psychiatry, consultation-liaison psychiatry, geriatric and addiction psychiatry among others.</p> <p>_ I was involved with academic activities like presenting seminars, journal clubs and case conferences.</p> <p>_ Completed dissertation on "Knowledge and attitude of adults towards cannabis"</p>

12. CERTIFICATE COURSES AND WORKSHOPS

- (1) BOMBAY PSYCHIATRIC SOCIETY: Workshop on Behaviour Therapy 2018 And 2019
- (2) NIMHANS: Hands on training certificate course and workshop on Non-invasive Brain Stimulation at NIMHANS in 2019
- (3) IAGMH (INDIAN ASSOCIATION OF GERIATRIC MENTAL HEALTH): Workshop on managing Delirium in Elderly 2019
- (4) EUROPEAN PSYCHIATRY ASSOCIATION: Online certificate course on understanding and treating major depressive disorder
- (5) EUROPEAN PSYCHIATRY ASSOCIATION: Online certificate course on suicide
- (6) NIDA Clinical Trials Network Good Clinical Practice Certificate
- (7) WICKING DEMENTIA CENTER (UNIVERSITY OF TASSMANIA): Online certificate course in understanding and treating dementia

(8) WICKING DEMENTIA CENTER (UNIVERSITY OF TASSMANIA): Online certificate course in Preventing Dementia

(9) JOHN HOPKINS UNIVERSITY: Online certificate Course on Psychological First Aid

13. PUBLICATION

1. Internet Pornography Use Among Medical Students In India : Extent And Effect Published In Journal Of Psychosexual Health

Kumar V, Sachdeva A, Khullar S, Ali E, Abbas SZ. Internet Pornography Use Among Medical Students in India: Extent and Effect. Journal of Psychosexual Health. 2022 Jan 21:26318318211065648.

DOI: 10.1177/26318318211065648

2. Risperidone induced maculopapular rashes published in journal annals of Indian psychiatry

Ali E, Sachdeva A, Passi S. Risperidone-induced maculopapular rashes in a child. Annal of Indian Psychiatry.

DOI: 10.4103/aip.aip_135_21

3. Marijuana use experiences and expectancies of youth in india published in journal of family medicine and primary care

Ali E, Sachdeva A, Gupta S, Kumar M, Singh JM, Kardam L. Marijuana use experiences and expectancies of urban youth in India. Journal of family medicine and primary care. 2022 Feb;11(2):685.

4. Barriers to treatment of alcohol and tobacco use disorders in industrial workers published in industrial psychiatry journal

Sachdeva A, Ali E, Singh JM. Barriers to treatment of alcohol and tobacco use disorders in industrial workers. Industrial Psychiatry Journal. 2022 Jan 1;31(1):43.)

5. Knowledge and attitude of adults towards cannabis use in urban India : A comparative perspective of users and non users : Accepted for publication in National Medical Journal of India

RESEARCH PROJECT

1. Clinical drug trial: A Phase II /III Prospective , Multi – Center, Randomized , 4- week , Double Blind , Placebo Controlled Study , designed to determine the safety, tolerability , EEG effects and Efficacy of oral doses of 30 mg bid of evenamide (Nw – 3509) in Patients with Chronic Schizophrenia who are symptomatic on their current second – generation Antipsychotic - contributed as Co – Principle Investigator

2. To assess tobacco users experience of using who digital health assistant, Florence and to track their behaviour changes (A World Health Organization Funded Project) Under review for publication

10. WORK EXPERIENCE:

(1) Completed 1 year (05 September 2013 to 04 September 2014) Internship at RML Hospital (Govt. of India) & Kasturba Hospital (Govt. of Delhi) at New Delhi.

(2) Undergone 3 years(June, 2017 to August, 2020) Residentsip as a part of DNB Course at Masina Hospital, Mumbai.

(3) Working as Senior Resident (Psychiatry) at ESI Medical College & Hospital, Faridabad (under Ministry of Labour And Employment, Government of India) with effect from September 08, 2020 till date.

(DR ENUB ALI)