

Areeba Parveen

📅 08/10/2002 🇮🇳 Indian 📍 G-157, Dilshad Colony, delhi, India 📞 8178390082 ✉ arrukhan8178@gmail.com

Profile

Compassionate and dedicated Social Worker with experience providing counseling and support to individuals and families. Established and maintained relationships with clients to deliver ongoing assistance and guidance. Proficient in developing and implementing customized care plans that led to enhanced mental health outcomes. Skilled in facilitating group sessions to promote social interaction and emotional well-being. Collaborative team player experienced in coordinating with community resources to provide additional support services for improved quality of life.

Education

Social work | Master IGNOU

📅 07/2023 – present 📍 DELHI, INDIA

Social work | Bachelor IGNOU

📅 07/2020 – 07/2023 📍 DELHI, INDIA

Work Experience

Coordinator Haji Eesa Khan Foundation Trust

📅 01/2023 – present 📍 DELHI

- Provided counselling, Awareness sessions, Organize Admission and Medical camp.

Counselor IHBAS Hospital

📅 08/2024 – 08/2024

Observership

Counselor Pardarshita, Mahila panchayat

📅 04/2024 – 05/2024

Internship

Counselor, CCAA Trust, Vikalp De-addiction centre

📅 03/2024 – 03/2024

Internship

Social Worker Asha Deep Foundation

📅 02/2023 – 02/2023

Internship

Skills

- Counseling and crisis management
- Community Health Awareness
- Teaching and Coordination
- Social Work
- Community Outreach

Strengths

Communication Skills # Empathy # Relationship Building # Collaboration
Empathetic