

ABHISHEK TANK

Nursing Staff

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SUMMARY

Reliable nurse with experienced in the healthcare sector. Adept at providing exceptional psychiatric patient and intensive care, leading recreational activities, checking vital signs and maintaining clean environment. CPR certified. Coordinate admission and discharge of patients. Plan and implement strategies for developing improved health care management.

EXPERIENCE

Deep Psychiatric Hospital

 12/2023 - Present  Jaipur, Raj.

- Delivered psychiatric care to adult and adolescent patients. Assessed and managed medication regimes. Provided counseling and support to clients. Collaborated with treatment team members to ensure comprehensive care. Conducted laboratory and diagnostic tests to inform treatment decisions.
- Administered psychiatric care to clients, resulting in improved mental health outcomes and overall well-being.
- Collaborated with treatment team members to develop and implement effective care plans, resulting in positive patient experiences and increased treatment adherence.
- Conducted necessary laboratory and diagnostic tests to inform treatment decisions and monitor patient progress.

Manipal Hospitals, Jaipur

 07/2023 - 11/2023  Jaipur, Raj.

- Operation theater nurse
- Proven experience as operating room nurse (circulating and scrub).
- Excellent knowledge of aseptic and sterile techniques.
- Solid understanding of patient safety and precautions.
- In-depth knowledge of surgical operation procedures.
- Outstanding organizational ability.
- A great team player with excellent communication skills.
- Cool tempered with emotional and physical stamina.

EDUCATION

High School Diploma

Board Of Secondary Education Rajasthan

 07/2016 - 04/2017  Jaipur, Rajasthan

B.Sc. Nursing

Rajasthan University of Health Sciences

 10/2017 - 06/2022  Jaipur, Rajasthan

Reg. No. Nurse Reg. No. 182077

Midwife Reg. No. 172984

SKILLS

Patient Care Mental Health

Recreational Activities

Intensive Care

Patient Education and
Counseling

Vital Signs Accountability

Empathy Administrative Work

STRENGTHS

Organization

Excelled in organizing people and activities thanks to my time management skills.

Compassion

My compassion helped me connect with patients, as they trust and rely on me.

LANGUAGES

English

Hindi

Urdu

OTHER COURSES

- BLS Certified
- Certificate in mental health
- Rajasthan State Certificate of Information Technology
- MLHP Certificate
- Cetrificate in Community Health