

CURRICULUM VITAE

Name: GAVNEET KAUR PRUTHI

Date of Birth: May 11th 1980

Fathers's Name: Mr. Mangat Singh

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Past Appointment: **Assistant Professor (Clinical Psychology)**
Department of Clinical Psychology,
Chacha Nehru Bal Chikitsalaya
(Affiliated to University of Delhi)
An Autonomous Institute under Govt. of NCT of Delhi
Geeta Colony, Delhi-110031, India

Rehabilitation Council of India- registered Clinical Psychologist by Rehabilitation Council of India, Certificate under Section 19 of the Rehabilitation Council of India Act 1992, RCI Registration No- **A10600**

Worked as part time Clinical Psychologist in Army Public School, Dhaula Kuan, since August 2022 to February 2023.

Presently in private practice, in Janak Puri, New Delhi,

Academic Qualifications

Qualifications	University	Year of Passing	Grade/ Division
BA (Hons) Psychology	Delhi University, North Campus	2001	First
MA (Psychology)	Delhi University, North Campus	2003	First
M.Phil (Clinical Psychology)	IHBAS, affiliated to University of Delhi	2007	First
Certificate in Guidance	IGNOU	2004	Successfully completed
Career counseling training from career connect passion	Career connect passion	2022	Successfully completed

Work Experience:

Name of the Employer and Address	Post Held	From	To	Nature of Work performed or being performed
Dr. Roma Kumar (Senior Consultant, Clinical Psychologist at Sir Ganga Ram Hospital New Delhi and Max Hospitals) and Saksham, Child and Adolescent Guidance Clinic Address- B2A/1, Janak Puri, Najafgarh Road, New Delhi- 58.	Psychologist	August 2003	September 2005	a) Worked in SGRH and Child and Adolescent Clinic (Saksham), with varied disorders diagnosed in infancy, childhood or adolescence. b) Did evaluations of children with neuro-developmental disabilities, with behaviour modifications, cognitive stimulation and family counselling and psychoeducation. c) A part of learning disorders and attention deficit/hyperactivity disorder screening programme at P.M.S school, Morabad. d) Similar assessments done at Woodstock International School, Mussorie.
Delhi Council For Child Welfare (Registered Under Societies Registration Act. XXI of 1860) (Affiliated to Indian Council for Child Welfare) Address- 34, Institutional Area, Janak Puri, 'D' Block, New Delhi- 58	Psychologist The Children Home for Girls, Nirmal Chayya affiliated to Delhi Council for Child Welfare.	May 2004	August 2005	worked as a Psychologist at The Children Home for Girls, Nirmal Chayya affiliated to Delhi Council for Child Welfare. The work involved: Supplementary Rehabilitation Services for Institutionalized Children, Psychological testing and habilitation of the girls. Emphasis was laid on experiential learning and creative communication.

West Delhi Psychiatry Centre- Dr. Aneesh Baweja M.D, (Psychiatry) G.B. Pant Hospital Address- BA/8-A, Janak Puri, ND-58.	Consultant Clinical Psychologist	October 2007-	March 2008	Carried out detailed Psycho diagnostic Assessment, Neuropsychological Assessment, Psychotherapies, Behaviour Therapies and reporting, with of all kinds of mental and behavioural disorders of children, adolescents and adults.
Hadicapped Children's Rehabilitation Association Registered Under Societies Registration Act 1860,(XXI Of 1860) Address- H.O.: E- 73, (Lower Ground Floor), Kalkaji, New Delhi-19.	Consultant Clinical Psychologist	February 2008-	April 2009	This organization has five centers in Delhi. I gave visits in each of the five centers. Carried out detailed Psychodiagnostic Assessment, Neuropsychological Assessment, Psychotherapies, Behaviour Therapies and Rehabilitation Services with reporting, of all kinds of mental and behavioural disorders of children, adolescents and adults. In addition, here I worked being part of a multidisciplinary team for managing behavioral and emotional disorders of children, wherein I gave my inputs to the Multidisciplinary team to manage the problems of children, during their time of working with them.
CHACHA NEHRU BAL CHIKITSALAYA (Affiliated to Maulana Azad Medical College) GOVT. OF NCT OF DELHI.	Clinical Psychologist	May 2008-	March 2010	Clinical services and teaching. Provided services as Clinical Psychologist in the hospital OPD and IPD. a) Carried out detailed Psychodiagnostic Assessment, Neuropsychological Assessment, Psychotherapies,

Address- GEETA COLONY, DELHI-31				Behaviour Therapies and with reporting, with all kinds of mental and behavioural disorders of children. b) Services also provided in IPD cases wherever required. c) Gave presentations to doctors, PG students. d) Provided clinical supervision to PG and Non PG students of Delhi University, Jamia Millia Islamia, Amity University, Sir Aurbindo College.
CHACHA NEHRU BAL CHIKITSALAYA An Autonomous Institute under GOVT. OF NCT OF DELHI. Affiliated to University of Delhi. Address- GEETA COLONY, DELHI-31	Assistant Professor (Clinical Psychology)	March 2010	Sep 30, 2015	Clinical services and teaching as (AP Clinical Psychology). Services given- <div style="text-align: center;">➤ PSYCHOLOGICAL ASSESSMENT AND TESTING for Children.</div> Services given in the OPD and IPD. a) Carries out detailed Psychodiagnostic Assessment, Neuropsychological Assessment, Psychotherapies, Behaviour Therapies and with reporting, with all kinds of mental and behavioural disorders of children. b) Services also provided in IPD cases wherever required.

ARMY PUBLIC SCHOLL, DHAULA KUAN	Clinical Psychologist	August 2022	February, 2023	<p>c) Gave presentations to doctors, PG students.</p> <p>d) Provided clinical supervision to PG and Non PG students of Delhi University, Jamia Millia Islamia, Amity University, Sir Aurbindo College.</p>
				<p>Clinical services given.</p> <p>Provided services as Clinical Psychologist in the school two days a week.</p> <p>a) Carried out detailed Psychodiagnostic Assessment, , Psychotherapies with children parents, with reporting of all kinds of mental and behavioural disorders of children.</p>
Guru Tegh Bahadur Institute of Technology and Engeneering, Harinagar.	Clinical Psychologist	January 2023	March 2023	<p>Counselling sessions given for managing psychological and psychiatric disorders to the students and institute staff</p>

Conducted__

2004

- Assisted in conducting, Psychometric evaluations; At Woodstock School, Mussorie in February 2004 for screening and assessment of Learning disability children.
- Psychometric evaluations consisting of Differential Aptitude Test at Bal Bharti Public School, in December, 2004, New Delhi.
- Conducted workshop: At P.M.S School, Moradabad for assessment learning disabled children, in December, 2004.

Research Experience

Conferences attended International

- Department of Psychology, Gurukul Kangri Vishwavidyalaya, Haridwar, International Conference on Applied and Community Psychology, trends and directions 26-28 February, (2005).
- International Conference on Psychology in Mental Health at Nimhans, Bangalore (2007).
- One day workshop attended as a Delegate entitled, 'Psychological Intervention for Autistic Disorder', in Jan 2014, at International Conference on Multidisciplinary Healthcare AIIMS, New Delhi.
- Participated in the 3rd International Conference on 'Nurturing Values and Strengths in Individuals and Society: Role of Psychology' held between 25th to 27th September 2014 at Amity University, Uttar Pradesh, Noida, India.
- Participated and attended International Conference on Cognitive Behavioural Interventions, AIIMS 2015, from 2nd to 3rd March, and presented on, 'Psychological Treatment for Sleepwalking: A Case Study'. RCI has provided CRE status to the conference.
- Attended International conference on learning, held by Lady Irwin College, from 28-30th September 2018.
- Attended International conference on, 'Early childhood development for children with intellectual disabilities', held by AMITY university, from 12th-13th September, 2019.
- Attended International conference on, 'Early childhood development for children with intellectual disabilities', held by AMITY university, from 12th-13th September, 2019.

National conferences Attended

- 35th National Annual Conference of Indian Association of Clinical Psychologist, held at, Sweekaar Academy of Rehabilitation Sciences, Secunderabad from 16th to 18th January (2009).
- 36th National Annual Conference of the, Indian Association of Clinical Psychologist, by Nimhans Bangalore, (2010).
- National Annual Conference on, 'Introduction and challenges to inclusive education in India', held at New Delhi, YMCA, from 16th-17th November, 2018.
- National Annual Conference on, 'Rights of persons with disability act 2016', held by IHBAS, from November 30th- December 2nd, 2018.
- National web Conference on, 'Think College for students with Disabilities, a universal design of learning in higher education approved by continuing rehabilitation education organized by Manovikas Charitable Society , Delhi, from 27th to 29th November, 2020.
- National seminar on mental health on ethics and standards for counselors, approved by RCI, 2021, conducted from 4th to 5th December.
- National seminar on disability and mental health, the complementary interface between disability and mental health approved by RCI, conducted from 10th to 11th December 2022.

Short Term Courses attended

- Basic orientation course on Family Therapy attended, organized by Association of Family Therapy in 2003.
- One month course on 'Psychopharmacology for Therapist', conducted by Department of Mental Health & Behavioural Sciences, Max Healthcare, New Delhi in 2005.

Workshops Attended

- First Continued Education in Clinical Psychology on Adolescent Mental Health: Current Status & Challenges, held in 2002 at Institute of Human Behaviour and Allied Sciences, Delhi.
- Participated in the training workshop on “Fairy Tale Test”, held at Sitaram Bartia Institute of Science & Research, New Delhi in 2004.
- Workshop on Psychometrics in children by Saksham Child And Adolescent Guidance Clinic, New Delhi in 2005.
- Workshop on Psychological Approaches to Pain Management, organized by Department of Psychiatry, AIIMS in collaboration with Indian Society for Pain Research and Therapy, New Delhi in 2006.
- Symposium on ADHD, 2006, by Center for Child Health, Sir Ganga Ram Hospital, New Delhi.
- National Seminar on Yoga Therapy for Psychiatric and Neurological Disorders at Morarji Desai National Institute of Yoga, New Delhi in 2007.
- Symposium on ‘Changing Role of Laboratory Medicine- Laboratory- Clinic Interface’, organized by Department of Biochemistry, Chacha Nehru Bal Chikitsalaya, Delhi, in 2012.

CME attended

- Epilepsy CME at Institute of Human Behaviour & Allied Sciences, Delhi in 2005.
- The Difficult Child: From Diagnosis to Solutions, conducted by the Deptt of Pediatric and Mental Health, New Delhi in 2005.
- CME on ‘Autism and its Management’, organized by the Department of Pediatrics & Neonatology at Dr. Ram Manohar Lohia Hospital, New Delhi in 2007.

Papers and Posters Presented

2005

- ➤ Presented a paper on, ‘Early Indicators of poor scholastic performance and behavioral problems in Children’ at the Department of Psychology, Gurukula Kangri Vishwavidyalaya, Haridwar, at International Conference on Applied and Community Psychology, trends and directions 26th-28th February, (2005).

2009

- Presented a paper on, ‘Psychosocial Burden and Quality of Life among Parents having Children with Thalassemia’, in the 35th National Annual Conference of Indian Association of Clinical Psychologist, held at Sweekaar Academy of Rehabilitation Sciences, Secunderabad from 16th to 18th January 2009.

2010

- Paper presented, in the 36th National Annual Conference of the Indian Association of Clinical Psychologist, Nimhans Bangalore, 2010, on 'Psychosocial burden and quality of life among parents having Children with Anorectal Malformations'.

2013

- Poster presented in the 39th National Annual Conference of the Indian Association of Clinical Psychologist, AIIMS, New Delhi, on 'Poor School Performance: an updated review'.

2015

- Presented paper titled, 'Psychological treatment of Sleepwalking' at International Conference on Cognitive Behavioural Intervention held at AIIMS on 2nd to 3rd, March, 2015.

Lectures given- at Chacha Nehru Bal Chikitsalaya, on '**Spectrum of Psychological Problems in children** in the Child Guidance Clinic from the month of May 2008 - April 2009'.

- At Nehru Homeopathic Medical College, on 9.10.09, on '**Common Psychological problems in Children**', to 50 homeopathic doctors, as a part of the programme of training of trainers (TOT), for homeopathic practitioners on Mother and Child care.

CME ORGANIZED

- Organized a CME on, '**Recent Advances in Early Identification, Assessment and Management of Developmental and Behavioural Problems of Children**' on 13th November 2010, at Chacha Nehru Bal Chikitsalaya and presented lectures on, '**Psychological Assessment of Attention Deficit Hyperactivity Disorder** and '**Introduction:- Overview of Spectrum of Psychological and Behavioural Problems of Children**'.

List of Publications

1. Kumar, R., Kapoor, G., Pruthi, G.K., Nath, G., Arora, T. (2005). Early indicators of poor scholastic performance and behaviour problems in children. In: Srivastava SK (Ed). ***Proceedings of the International Conference on Applied and Community Psychology Trends and Directions***, Pp 422- 429.
- 2 Pruthi, G.K. Singh, T.B. (2010). Psychosocial burden and quality of life in parents of children with thalassemia and cerebral palsy: A Comparative Study. ***Delhi Psychologist J Psychological Research***; 2: 10 -17.
- 3 Pruthi, G.K., & Mohta, A. (2010). Psychosocial burden and quality of life in parents of children with anorectal malformation. ***J Indian Association Pediatr Surg***, 15 (1); 15- 18.
- 4 Pruthi, G.K., & Babu, N. (2012). Physical and psychosocial impact of acne in adult females. ***Indian J Dermatol***; 57 (1): 26-29.
- 5 Pruthi, G.K., & Malhari, S.A. (2012). Attention Deficit Hyperactivity Disorder: A Review. ***Indian J Psychology Mental Health***; 6 (2): 218- 225.

6 Chapter in Book

- Gavneet Kaur Pruthi and S.K. Srivastava. (2013). Autism and developmental disorders. New Perspectives of Mental Disorders, 528-540. (ISBN: 9788176259101).

7 International Journal

- Pruthi, G. K. (2014). Amenable factors responsible for poor school performance of students. A Review. ***South Pacific J Pharma and Biosciences***, 2 (1) : 98- 101.
8. Pruthi, G. K. (2015). A study of quality of life among parents of children with Cerebral Palsy: ***Fire J Pharma and Biosciences***; 2(1), 86-92.
 9. Pruthi, G. K. (2018). A study of perceived stress level among engineers working in government and private sector. ***The International Journal of Indian Psychology***; 6(2), 94- 98.

10. Pruthi, G. K. (2018). Managing dissociative disorder with cognitive behavior therapy: A Case Study. *The International Journal of Indian Psychology*, 6 (4), 31-37.

11. Pruthi, G. K. (2019). A study of quality of life among parents having children with autism. *The International Journal of Indian Psychology*; 7(1), 584-593.

12. Pruthi, G. K. (2020). A study of quality of life among parents having children with Thalassaemia. *The International Journal of Indian Psychology*, 8 (2), 21-27.

13. Pruthi, G. K. (2020). Managing obsessive compulsive disorder with cognitive Behavior therapy: a case study. *The International Journal of Indian Psychology*, 8, (3), 801-805.

14. Pruthi, G. K. (2020). A study of perceived stress among smokers and non-smokers in Delhi- NCR. *The International Journal of Indian Psychology*, 8 (3), 1935-1993.

15. Pruthi, G. K. (2021). A study of caregiver's burden in parents of children with specific learning disability. *The International Journal of Indian Psychology*, 9 (2), 421-434.

16. Pruthi, G. K. (2021). A study of mental health issues among parents of children with and without intellectual disability. *The International Journal of Indian Psychology*, 9 (3), 1859-1865.

17. Pruthi, G. K. (2022). Effect of guidance for stress management in mothers of physically challenged children. . *The International Journal of Indian Psychology*, 10, (3), 459-462.

INVITED AS **A RESSORCE PERSON** IN BGS INTERNATIONAL SCHOOL, DWARKA, TO GIVE TALK ON MENTAL WELLBEING OF STIDENTS TO FOUR SECTIONS OF HIGH SCHOOL STUDENTS ON 28TH JULY.

CLINICAL SUPERVISION GIVEN BY MEE AS CLINICAL PSYCHOLOGIST

Clinical Supervision given to undergraduate, graduate, advance diploma in counseling psychology students of University of Delhi, Jamia Millia Islamia, Amity University, IGNOU Sir Aurbindo College from 2009 to 2016.

FIELD TRAINING SUPERVISION GIVEN to IGNOU students (2014- 15)

Supervised field report

Supervised field training reports of four students of IGNOU University between the year 2014 & 2015.

SUPERVIZED (MA PSYCHOLOGY PROJECTS OF (IGNOU STUDENTS), SCINCE 2016

- 1). Project Investigator of MA Psychology second year student of IGNOU titled, 'Comparative study of stress level among engineers working in government and private sector', in the year 2016.
- 2). Project Investigator of MA Psychology second year, counseling psychology student of IGNOU titled, 'A study of relationship of academic anxiety on academic performance among adolescents', in the year 2019.
- 3). Project Investigator of MA Psychology second year student of IGNOU titled, 'A study of perceived stress among smokers and non- smokers', in the year 2020.
- 4). Project Investigator of MA Psychology second year student of IGNOU titled, 'A study on stress and psychological well being among parents of children with and without autism', in the year 2021.

Life Membership of Professional Bodies

1. Indian Association of Clinical Psychologist (IACP)
PLM258.
2. Indian Association of Family Therapy (IAFT)

Gavneet Kaur Pruthi