

ANKITA BHATNAGAR

RCI LICENCED CLINICAL PSYCHOLOGIST

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OBJECTIVE

Dedicated clinical psychologist with +2yrs of experience providing evidence based therapeutic interventions, assessments, diagnosis in diverse clinical settings. Proficient in individual, group and family therapy techniques, with a strong foundation in cognitive behavioral therapy, crisis intervention and solution focused approaches. Committed to developing and implementing personalized treatment plans to facilitate their mental health and wellbeing. Demonstrated success in collaborating with multidisciplinary teams, maintaining accurate documentation and engaging in ongoing professional development.

EXPERIENCE

March 2022 – August 2022 West Delhi Psychiatric Centre
Consultant Psychologist

Key responsibilities:

- ✓ Rapport formation.
- ✓ Case taking (including MSE)
- ✓ Psychological testing/assessments (under psychiatrist supervision)
- ✓ Implementing evidence based therapeutic interventions.
- ✓ Regular and/or intermittent follow up on each case.
- ✓ Operating and functional knowledge and understanding of R-tms.

June 2021 – February 2022 Manosamvaad
Consultant Psychologist.

Key responsibilities:

- ✓ Rapport formation.
- ✓ Case taking (including MSE)
- ✓ Psychological testing/assessments (under psychiatrist supervision)
- ✓ Implementing evidence based therapeutic interventions.
- ✓ Regular and/or intermittent follow up on each case.

EDUCATION

PROFESSIONAL DIPLOMA IN
CLINICAL PSYCHOLOGY, 2024
AMITY UNIVERSITY, NOIDA
Uttar Pradesh, INDIA
With subjects like psychiatry,
therapy and psychosocial causes
of abnormal behavior.

M.SC. PSYCHOLOGY, 2019
UNIVERSITY OF MADRAS.
CHENNAI, INDIA

MASTERS IN BUSINESS
ADMINISTRATION IN HR, 2017
SIKKIM MANIPAL UNIVERSITY

KEY SKILLS

- COGNITIVE BEHAVIOR
THERAPY.
- BEHAVIORAL THERAPIES.
- PSYCHOLOGICAL
ASSESSMENTS.
- PSYCHODYNAMIC
APPROACH.
- CRISIS INTERVENTION.
- COUPLES THERAPIES

Dec. 2019 – march 2020 Sumaitri India

Psychological counsellor

Key responsibilities:

- ✓ Rapport formation.
- ✓ Case taking (including MSE)
- ✓ Psychological testing/assessments (under psychiatrist supervision)
- ✓ Implementing evidence based therapeutic interventions.
- ✓ Regular and/or intermittent follow up on each case.

April 2019 – Nov. 2019 Tihar Jails

Psychological First Aid Provider

Key responsibilities:

- ✓ Rapport formation.
- ✓ Observing and applying MSE on the inmates under psychiatric supervision.
- ✓ Assistance to psychiatrist in diagnosis and its prognosis.
- ✓ Counselling the distressed inmates.
- ✓ Keeping follow up of inmates under psychiatric treatment.

COMMUNICATION

Delivered presentation of a paranoid schizophrenia case at Amity Institute of Behavioral Sciences as part of curriculum.

Delivered seminar on psychosis spectrum at Amity Institute of Behavioral Sciences as a part of curriculum.

STRENGTHS

- ✓ Empathetic Listener
- ✓ Collaborative Communicator
- ✓ Evidence-Based Practitioner

REFERENCES

Available upon Request.

- DIALECTICAL BEHAVIORAL THERAPY.
- ACCEPTANCE AND COMMITMENT THERAPY.

CERTIFICATIONS

- ✓ GRAPHOLOGY.
- ✓ NON VERBAL COMMUNICATION
- ✓ AUTISM AWARENESS