

Curriculum Vitae

Shivani Yadav

Counsellor

Contact Details

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Personal Details

DOB: 10th May 2002

Gender: Female

Nationality: Indian

Marital Status: Single

Language Known:

Hindi: Read, Speak & Write

English: Read, Speak & Write

Hobbies:

- Singing
- Writing
- Art & Craft
- Gardening

Career Objective:

Skilled and sympathetic mental health counsellor in offering guidance and support to individuals, couples, families & groups who are dealing with complex issues that have a significant impact on their psychological balance and well-being.

Empowered with a strong sense of compassion and commitment, a trained specialist with good communication skills often employs methods like behavioural therapy, Client centred therapy and counselling therapy to help the individual reach their potentials.

Assesses and treats mental and emotional health problems, relationship issues and life challenges through various methods of psychotherapy to develop meaningful behaviour changes. Also offer coping strategies for navigating life's struggles.

Educational Qualifications:

Course	University /Institute	Year of Passing	Percentage /CGPA
PGDGC	CSJMU	2025	
M.A Psychology	S.N. Sen BVPG college, CSJMU Kanpur	2024	8.37
B.A Psychology	S.N. Sen BVPG college, CSJMU Kanpur	2022	60.33%
Intermediate	GKEC Kanpur UP Board	2019	68.40%
High school	GKEC Kanpur UP Board	2017	81.16%%

Internship:

- "Counselling & Psychotherapy" by Therapy by Sachi
- Counselling & Teaching at Sankalp Special school

Strength:

- Self-motivated, cooperative & always positive
- Observant and willing to learn new things
- Good Problem-solving skills
- Good Time managing capability.
- Ability to work efficiently in a team.

Declaration:

I hereby declare that all the above statements are true to the best of my knowledge and belief.

Date: 25th May 2025

Signature:

Place: Kanpur

Name: Shivani Yadav