

RESUME



ADHARA GANGULY

Address:1,Talpukur Baghajatin Station Road ,Kolkata 700086.

E-mail:adhara2009@gmail.com

Phone: 9836263534

Education

<u>Exam</u>	<u>School/ Collage</u>	<u>Specialization</u>	<u>Board</u>	<u>Year of passing</u>	<u>Percentage obtained</u>
Secondary (Madhyamik)	Sakhawat Memorial Girls' High school	General	W.B.S.E	2007	54.4%
Higher Secondary(10+2)	Binodini Girls High School	Humanistic/ Social science	W.B.C.H.S. E	2009	69.8%
Bachelor in Arts (B.A.Honors)	Muralidhar Girls Collage	Psychology	Calcutta University	2012	52.5%
Master Degree (M.Sc.)	Annamalai University	Clinical Psychology	Annamalai University	2015	55.6%
P.G. Diploma	Jadavpur University(Cognitive Department)	Conflict Management and Counseling Skill	Jadavpur University	2014	B+

- Completed a course on **Training Schedule in Basic Communication and Counseling Skills** from CHIP HOUSE, a counseling institute cum chamber in collaboration with **Samikkhoni, an organization for psychological counseling**)

Working Experiences

<u>Organization</u>	<u>Post</u>	<u>Timeduration</u>
Iswar Sankalpa(Support for the mind)	Counselor	8 months

Kolkata Xavier's Public School	Teacher Counselor	10 months
Little Big Help	Counselor	(2016-2021)-5 years
Calcutta Pavlov Mental Hospital	Internship	1 Year
Red PlusHospital,StudentsHealthHome, MedlineHospital	Consultant Psychologist and Counselor	
Calcutta Institute of Engineering and Management (CIEM)	Student Counselor and Faculty	Working from 29.04.2021
Students Health Home	Consultant Psychologist and Counselor	Workingfrom2018
LMET INTERNATIONAL School(Lalit Mohan Education Trust)	Asst. Teacher (Psychology and Sociology)	Working from 03.01.2021 (continuing)
Medline Nursing Home	Consultant Psychologist and Counselor	Working from 02.01.23
Urban Health Care	Consultant Psychologist and Counselor	

- Working as an intern in indoors and outpatient Department of Psychiatry of **Pavlov Calcutta Mental Hospital**. The period required case history taking and diagnosis in OPD and assessment including case history and test administrating.

Workshop

Workshop attended at National Institute of Mental Health and Neuro Sciences (NIMHANS) On **Cognitive Behavior Therapy** Principles and Application.

Computer Knowledge

Package:

Ms-Office, IT Smart (Animation) from Brainware.

Operating Systems:

Windows98, Windows 2000, Windows XP, Windows 2007.

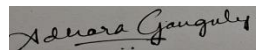
Personal hobbies: Dance, as well as choreography, singing, drama and craft

Personal details

Sex	:	Female
Date of Birth	:	6 th May 1991
Nationality	:	Indian
Marital Status	:	Married
Blood Group	:	O+
Linguistic Proficiency:		English, Bengali and Hindi.

I believe in my potency and have confidence to fulfill my responsibilities under any circumstances.

I hereby declare that all the above-mentioned particulars are true and complete to the best of my knowledge and belief.



Date:

(ADHARAGANGULY)

