

# SHRADHEY BHARDWAJ

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## ✚ EXPERIENCE:

### Internships

#### 1. BHARGAVA PSYCHIATRY, DE-ADDICTION HOSPITAL

92/281, Shipra Path, Mansarovar, Jaipur, Rajasthan 302020

(May 2022 to July 2022)

#### 2. MINDLISTEN NEUROPSYCH CLINIC

33-A, Vidyut Nagar, B-block Near Purani Chungi, Ajmer Road, Jaipur, Rajasthan 302020

(May 2022 to June 2022)

\*Internship was completed via Online mode.

#### 3. PSYCHOWAVES E-ACADEMY

Under Dr. Dwarka Pershad (Master trainer and supervisor Retired. Prof. of Clinical Psychology PGI Chd. Chairman psycho waves group.

(7<sup>th</sup> March 2022 to 21<sup>st</sup> March 2022)

#### 4. HOUSE OF THERAPY,

49J Sarabha Nagar, Ludhiana 14100 | Clinical psychology

(June21-August2021)

#### 5. CHANGING MINDS

Counseling and Psychotherapy Center, Varanasi

(June21-July21)

## ✚ THERAPIES:

- Cognitive Behavior Therapy (CBT)
- Exposure and Response Prevention (ERP)
- Jacobson Muscle Relaxation Technique (JPMR)

## ✚ TESTS:

- Alcohol, Smoking, and Substance Involvement Screening Test
- CAGE questionnaire
- Michigan Alcohol Screening Test
- Alcohol Use Disorder Identification test
- Aptitude Battery for Career Counselling
- Sentences Completion test

- Weschler Adult Performances Intelligences Test (WAPIS)
- Malin's Intelligences Scale for Indian Children
- Yale-Brown Obsessive-Compulsive Scale
- P.G.I Battery of Brain dysfunction
- Seguin Form Board Test (SFBT)
- Millon Clinical Multiaxial Inventory (MCMI)
- House Tree Person Test
- Thematic Apperception Test (TAT)- Only conduction
- Rorschach Ink Blot Test – Only conduction

## CERTIFICATE COURSE:

### 1. Udemy

Cognitive Behavior Therapy (CBT) Practitioner course

(April 2022- 32.5 hours).

### 2. Udemy

Probability and statistics: psychology and Business Statistics

(January 2022- 3.5 hours)

## ACADEMICS:

- Master Of Arts (clinical psychology) | Chandigarh University Mohali  
SGPA 7 (2020-2022)
- Bachelor of Arts (Yoga Science) | University of Patanjali Haridwar  
percentage 70 (2017-2020)

Additional info:

Bachelor's Subject: Yoga, Psychology, Tourism, English

- XII | Dehradun Public School Ghaziabad, percentage 63(2017)
- X | Dehradun Public School Ghaziabad, CGPA 7.8 (2015)

