

## **BORNALI MUKHERJI**

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### **Career Objective:**

To excel in an environment optimal for growth and holistic enhancement of personality, knowledge and awareness. To be a professional in delivering care to people with Mental Health problems as well as being a part of the movement for the Country's Mental Health policies and implementation.

### **Educational Qualifications:**

M.Phil (Clinical Psychology)	Amity University, Noida, Uttar Pradesh	Duration: 2022- 2024
Master's In Psychology	Indira Gandhi National Open University, New Delhi	Duration: 2019 - 2021
Bachelor's In Psychology	Indira Gandhi National Open University, New Delhi	Duration: Dec. 2016 – Dec. 2018

**Work Experience:**

July 2022- June 2024	300+ Assessments administered (IQ, SLD, ADHD, ASD, Childhood behavioural disorders, Personality Disorders, Rorschach Inkblot Test, Thematic Apperception Test, Neuropsychological Assessments, Rating scales panning all disorders)
July 2022 – June 2024	900+ Therapy Hours (Cognitive Behaviour Therapy, Behaviour Therapy, Parent Management Training, Schema Focussed Therapy, Dialectical Behaviour Therapy, CBT-ERP, TF-CBT, Crisis Intervention and Suicide Prevention, Meta Cognitive Therapy, MBSR, MBCT, Family Focussed Therapy, Marital/ Couple’s Therapy, Non- Sensate and Sensate Therapy)
21 February 2020	Attended workshop on Administration and Scoring of Rorschach Inkblot Test in Moolchand Hospital, under Ms. Kavita (RCI Licensed Clinical Psychologist) and Dr. Jitender Nagpal (Internationally Renowned Psychiatrist).
1 February 2020 – 25 March 2020	Internship with Possitive Vibes under Ms. Mansi Sharma (RCI Licensed Rehabilitation Psychologist) and Dr. Sasha Reiky (Psychiatrist) , New Delhi
April 2018 – October 2018	Internship with Together under Dr. Alok Bajpai (Psychiatrist), Kanpur, Uttar Pradesh.
10 April – Current	Internship under Ms. Deepti Thakur (RCI Licensed Clinical Psychologist, Dr. Ram Manohar Lohia Hospital)
1 February – 31 March	Internship in Moolchand Medicity Hospital under Dr. Jitender Nagpal (MD Psychiatry, HOD)
2 June 2020	Interactive Webinar with Dr. Alok Bajpai (Psychopharmacology and Neuropsychology)
28 May and 29 May 2020	Interactive Webinar with Dr. Alok Bajpai (Tools of Diagnosis in Psychiatry, Phenomenology, and Psychopathology).

20 May 2020	APA Certification on Covid 19 and Mental Health Caring for Public
20 May 2020	APA Certification on Emerging strategies for Mood and Anxiety Disorders
1 May- 1 June 2020	Clinical Psychopathology Internship under Ms. Pragati Aggarwal (RCI Licensed Clinical Psychologist)
24 April 2020	Attended Workshop on Management of Grief and Death Anxiety under Ms. Pragati Prasad (RCI Licensed Clinical Psychologist)
18 April 2020	Attended Workshop on Management of Sexual Dysfunctions under Ms. Vikasini Kannan (RCI Licensed Clinical Psychologist)

### **Research Publication:**

- Co-contributor in book titled “Cognizance of Schizophrenia”, published by Springer Nature in November 2022.
- Paper publication titled “Stigmatizing attitudes towards individuals with schizophrenia among psychiatrists, non-psychiatric doctors, and general population, in Springer Nature, January 2023.

### **Paper Presentation:**

- Paper presentation in 50<sup>th</sup> National Annual Conference for Indian Association of Clinical Psychologists ( NACIACP), Sri Aurobindo University of Medical Sciences, Indore, Madhya Pradesh in February, 2024.
- Awarded “Best Paper” for paper presentation in 50<sup>th</sup> NACIACP, Sri Aurobindo University of Medical Sciences, Indore, Madhya Pradesh, February, 2024.