

CURRICULUM VITAE

Suchita Pandey

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ABOUT ME

Being a RCI Licensed Clinical Psychologist (Associate), I aspire to make mental health a priority in these times , de-stigmatise mental illness , make early detection , treatment accessible & possible for all. Have also done my MBA in Hospital & Healthcare Management.

EDUCATIONAL QUALIFICATIONS

❖ **Amity University ,Noida , Uttar Pradesh [July 2022-2023]**

- **Professional Diploma in Clinical Psychology (Two Semester Course)**

Grade: II (Second Division)

❖ **Amity Online, Noida, Uttar Pradesh [July 2021-2023]**

- **Master of Business Administration (MBA) in Hospital & HealthCare Management through Distance Learning (Four Semester Course)**

CGPA : 8.13 (First Division)

❖ **Amity University, Noida, Uttar Pradesh [August 2018 - June 2020]**

- **Master of Clinical Psychology (Four Semester Course)**

CGPA: 7.10 /10 (First Division)

❖ **Amity University, Kolkata, West Bengal [August 2015- June 2018]**

- **Bachelor of Arts (Honors) in Applied Psychology (Six Semester Course)**

CGPA: 9.45 /10 (First Division with Distinction)

❖ **Mahadevi Birla Shishu Vihar School, Kolkata [2004-2015]**

- **ISC (2015): Humanities**

Subjects: English, Hindi, Sociology, Psychology, Economics, Geography – 85%

- **ICSE (2013)-70%**

WORK/ VOLUNTEERING EXPERIENCE

➤ **Clinical Psychologist (Associate) Training at :**

- 1) National Institute of Empowerment of Persons with Intellectual Disabilities(NIEPID),Noida ,India (September,2022-January-2023)
- 2) Aarunya Punah Santulan,West ,Delhi ,India (February ,2023-April ,2023)
- 3) Deen Dayal Upadhyay Hospital ,Delhi ,India (April 2023 – August 2023)

➤ **Clinical Internship**

- YourDost -Your Emotional Wellness Coach, Bangalore (May-July 2021)
- Got intensive Clinical skills training from experts across India.
- Advanced Neuropsychiatry Institute ,Kolkata (A.N.I,2019)
- Observational and guided training in Case history taking, MSE, Diagnosis & treatment plan.
- Govind Ballabh Institute of Post graduate Medical Education and Research, New Delhi (GIPMER, 2019)
-Observational and guided training in Case history taking, MSE, Diagnosis & treatment plan.
- Lady Hardinge Medical College and Hospital, New Delhi (LHMC ,2018)
- Observational and guided training in Case history taking, MSE, Diagnosis & treatment plan.

➤ **Education Volunteer • South Kolkata Hamari Muskan**

Kolkata, WB • June 2017 to April 2018

-Volunteered as a mentor to Pre-schoolers, teaching them basic educational concepts.

(Hamari Muskan works with the children in red light area of Bowbazar and Sonargachi, chiefly through educational and psychological intervention.)

➤ **Summer Internship • Iswar Sankalpa**

Kolkata, WB • June 2017 to August 2017

- Gained hands on experience through observational study at primary and mental health care wards.
- Prepared mental illness training modules, case study reports, conducted surveys and was an active part of scheduled medical camps and exposure visits.

WORKSHOPS AND SEMINARS

- ❖ Attended the seminar on ‘Making a successful transition from academic pursuits to becoming a professional clinical psychologist.’ by Ms. Shatabhisha Chatterjee at Amity University, Kolkata. (February 2016)
- ❖ Attended the seminar on ‘Clinical Psychology in the government set up’ by Ms. Tamosha Dhar at Amity University, Kolkata. (November 2016)
- ❖ Organized and attended the Workshop on Introduction to Graphology conducted by Mr Mohan Bose, the director of Kolkata Institute of Graphology at Amity University, Kolkata. (March 2017)
- ❖ Attended workshop on “Elder Care” held by Caring Minds Psychological Wellness Centre Kolkata (2018).
- ❖ Attended NLP Two-Day workshop held by Calcutta University & West Bengal Association (2018).
- ❖ Trained in & completed Basic & Advance courses in various psychotherapies like REBT, CBT and Cognitive Hypnotherapy. Also completed courses in Professional Child Psychology Diploma, Personality Development, Career Counselling etc. taught by International & National trainers (2020-2021).
- ❖ Completed Intensive Clinical Skill Internship Course by experts across India from May -July, 2021 under YourDost Academy.
- ❖ Career Counselling Expert Certificate from Counsellor Council of India & Career Naksha Online Career Assessment Portal, October, 2021.
- ❖ Online workshop on ‘Design Thinking’ ,Amity Online, July, 2022.
- ❖ Attended online workshop on ‘Psychologically Safe Workplaces” An Essential in Inspiring Innovation and Creativity with Piyush Pandey ,Chief Creative Officer Worldwide and Executive Chairman India of Ogilvy ,Mindspring ,powered by 1to1help. (8th July ,2022)
- ❖ Online webinar by Dr Scott Sells on ‘Stopping Extreme Disrespect: Family Trauma Solution “,Family Trauma Institute , July , 2022.
- ❖ Attended UK Suicide Prevention Summit 2022 Webinars (10 September ,2022).
- ❖ Online webinar by Dr Scott Sells on ‘Technology Addiction “,Family Trauma Institute ,September, 2022.
- ❖ Completed training in Grief Counselling & Therapy by Dr Gauri Chaudhary under YourDOST Academy (15th November, 2022).
- ❖ Attended Mental Health Summit Webinars by Mental Health Academy (15th & 16th July ,2023).

ACADEMIC ACCOMPLISHMENTS AND ACTIVITIES

- ❖ Completed Mental Health Academy's Credential Course on 'Working with Behavioral Addictions' and have earned a digital badge for it (24th-23rd November,2022).
- ❖ Completed online non-credit course on "Stanford Introduction on Food and Health" authorized by Stanford University and offered through Coursera.(July ,2022).
- ❖ Completed online non-credit course on "International Women Health and Human Rights" authorized by Stanford University and offered through Coursera. (Issued on 18 April ,2022).
- ❖ Personality Development Course with Real Time Examples from Udemy,October ,2021.
- ❖ Certified in Fully Accredited Professional Child Psychology Diploma (September , 2021)
- ❖ Awarded for being best in Interpersonal Skill and Team spirit at Bachelor's Concluding Ceremony. (2018)
- ❖ Certified in Basic and Medical (Advanced) Graphology Course at Kolkata Institute of Graphology (KIG) -2017 to 2018
- ❖ Presenter poster named "The Quandary of Consent – A Different take on the Psychology of Sexual Violence "at an International Conference on Women's Safety (2018)
- ❖ Abstract Paper Presenter and author of Research paper titled, ' Career Trend by Personality Profile of College Students using Big Five Factor Inventory (BFI)' at The Psychology Paper Session of "The International Conference on Management, Technology, Innovation and Social Change" held at Amity University, Kolkata (2017).

LEADERSHIP ,MEMBERSHIP AND EXTRA-CURRICULAR ACTIVITIES

- ❖ Graduate Student Membership at American Psychological Association (APA,2022)
- ❖ Associate Life Member of Indian Association of Clinical Psychologists(IACP,2022)
- ❖ Life Membership at Counsellor Council of India (CCI)-2021
- ❖ Member of British Psychological Society (Graduate Basis for Chartered Membership (Graduate Member)-2021
- ❖ Core Member of The Psychology Club, Amity University Kolkata - Worked on spreading awareness regarding World Autism Awareness Month in the University campus. (2017)
- ❖ Participated in Illuminate 2017 -A series of Pre-Eureka Business Model organized by The Entrepreneurship Cell, IIT Bombay hosted by Amity University Kolkata, (2017)
- ❖ Conducted Assessment of children with learning difficulties at Raghubir Singh Junior Modern School (Feb,2023)

OTHER ACHIEVEMENTS

- ❖ Recipient of Second Prize in Skit play for acting, in ACADELICIOUS fest at AMIPHORIA ,2016. (Amity University Kolkata)
- ❖ Certified in Fashion Designing (BILAMS ,2015)
- ❖ Young Chef Regional Semi Finalist from Eastern Region at IIHM Young Chef India Schools (2014).
- ❖ Merit in Effective Speech (Birla Institute of Liberal Arts & Management -BILAMS ,2005)

PERSONAL SKILLS & INTEREST

- ❖ Acquainted with: English, Hindi, Bengali, and Beginner- level French.
- ❖ Dedicated, responsible, hard-working, motivated, trustworthy and cooperative worker.
- ❖ Fond of reading, swimming, cooking, driving, photography& travelling.