







PREETI

CLINICAL PSYCHOLOGIST

(R C I R E G I S T E R E D)

CONTACT

-  9716700377
9213924943
-  preeticp26@gmail.com
-  New Delhi-110087 India
-  <https://www.linkedin.com/in/preeti-bhardwaj-3a5648254>

SKILLS

- Practical expertise in Clinical interviewing, Case History and MSE taking, Report writing.
- Expertise in dealing with Neurotic & Psychotic disorders.
- Expertise in various Psychological tools and assessments (Personality, intelligence, Neuropsychological assessments and rating scales).
- Expertise in Psychotherapeutic intervention and rehabilitation.
- Experience in various Projective tests - Rorschach Inkblot Test, TAT.

PERSONAL INFORMATION

- DOB: 26/01/1998
- Gender: Female
- Nationality: Indian
- Marital Status : Single
- Languages: Hindi, English, Punjabi, Haryanvi and Chhattisgarhi

INTERESTS

- Listening to Music
- Singing
- Art and Craft

01

CAREER OBJECTIVE

RCI Licenced Clinical Psychologist specialized in handling problems of Mental, Emotional and Behavioral Nature, want to seek employment with an esteemed organization where my education and experience will serve people with mental health issues and promote well being in society.

02

EXPERIENCE

MindPlus Retreat Feb 2023 - Present

Clinical Psychologist

- Conducted comprehensive psychometric assessments for IPD and OPD patients, providing detailed reports to guide treatment plans.
- Developed and implemented individualized treatment treatment plans tailored to the specific needs of patients, utilizing evidence-based therapeutic techniques.
- Facilitated group therapy sessions to address various psychological issues, promoting peer support and group cohesion.
- Led family interventions to enhance communication, resolve conflicts, and improve family dynamics.
- Supervised and mentored junior psychologists and trainees, fostering their professional development and enhancing their clinical and therapeutic skills.
- Designed and conducted workshops on psychological well-being, mental health awareness, and therapeutic approaches for both internal staff and external organizations.
- Planned and executed strategies for the continuous improvement of psychological services, ensuring the highest standards of care and service delivery.

03

TRAINING AND INTERSHIPS

- Trained in Dept of Clinical Psychology at PGIBAMS Raipur for 2 years (2020-2022).
- Worked as an Intern at Amar Jyoti Charitable Trust for 45 days from 10/03/17 to 29/04/17.
- Worked as an intern at Adharshila Observation Home for Boys -II, Sewa Kutir Complex for 24 days from 8/09/2017 to 25/11/2017.
- Worked as an intern at Cosmos Hospital -Delhi Psychiatry Centre from 5/08/2016 to 26/11/2016.

EDUCATION

Course/Degree	Board/University		Session
<u>Post Graduate Institute of Behavioral and Medical Sciences, Raipur Chhattisgarh</u> M.Phil. Clinical Psychology	Pt. Ravishankar Shukla University Raipur, C.G		2020-2022
<u>MDU Rohtak Haryana</u> M.A. Psychology	Maharshi Dayanand University, Rohtak Haryana		2018-2020
<u>SGT University Gurugram</u> B.Sc. Clinical Psychology	Shree Guru Gobind Singh Tricentenary University		2015-2018
<u>GRM Public School</u> 12th	C.B.S.E		2014-2015
<u>Govt. Sarvodaya Kanya Vidyalaya B-3 Paschim Vihar</u> 10th	C.B.S.E		2012-2013

RESEARCHES AND PROJECTS

- M.Phil Research:- Perceived Stress, Frustration Discomfort, Locus of Control and Quality of Life Among Users of Digital Health Trackers and Non-Users.
- Adjustment, Self-Esteem and Perceived Stress: A Comparison of North Eastern and Other Undergraduate Students of SGT University.
- Community Project- "Swa-Prerit Adarsh Gram Yojna" in Budhera village Gurgaon.

WORKSHOPS AND CONFERENCES

- Attended a Conference on "Psychology for Development and Wellness" at IAAP-2018.
- Attended a Workshop on Life Skill Development at Maharshi Dayanand University, Rohtak.
- Attended a Workshop on Positive Youth Development, Quantitative and Qualitative Researches at Maharshi Dayanand University, Rohtak.
- Attended a Workshop on Hypnosis Therapy and Cognitive Drill Therapy at Maharshi Dayanand University, Rohtak.
- Attended a Workshop on Universal Design For Learning "Equity performances in Inclusive Education for Children with Special Needs" organized by Government Rehabilitation Institute for Intellectual disabilities (GRIID) Chandigarh.
- Attended online Workshops on Introduction to Psychotherapy , Introduction to Positive Psychology and Introduction to Music and Movement in Therapy at Department of mental health and behavioural sciences, fortis healthcare limited.

References-

Muhammad Sadik TM
(MSc Psychology, M.Phil Clinical
Psychology) - 9523176468

Dr Keerat Kaur
(MBBS, MD Psychiatry) - 9872345588

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