

# SNEHA R NAIR

Sector - 18, Rohini, DELHI  
snehan329@gmail.com  
9899655897

## Profile Summary

Passionate and dedicated Clinical Psychologist with a strong background in education. Proven skills in therapeutic communication, observational analysis, and treatment planning, specializing in curriculum development and educational technology. I am eager to leverage my skills and expertise to positively contribute to the success of organizations committed to mental health advocacy and educational excellence.

---

## Experience

### Clinical Psychology Intern

Mpower Minds ( Aditya Birla Education Trust ) • Delhi  
12/2023 - 02/2024

- Supported clients' emotional well-being by providing individualized therapy sessions addressing various mental health concerns.
- Conducted intake interviews with new patients, gathering essential background information to inform subsequent treatment planning efforts.
- Applied ethical principles throughout all professional interactions, maintaining the highest standards of confidentiality and integrity.
- Adapted therapeutic approaches based on individual client needs, applying appropriate theoretical frameworks for optimal results.

### Clinical Psychology Intern

Rebuilding Minds • Delhi  
06/2022 - 07/2022

- Contributed to a positive team environment by collaborating with fellow interns on group projects and presentations.
- Studied behavior and brain function through behavioral and emotional research, increasing clinical knowledge.
- Supported patients exposed to traumatic events in overcoming mental, emotional and behavioral challenges.
- Built rapport and guided discussions with patients using therapeutic communication techniques.

### Clinical Psychology Intern

PsychEDD • Delhi  
11/2021 - 12/2021

- Helped Lead Psychologist formulate, diagnose and plan treatment options for clients.
- Developed comprehensive knowledge and skills in application of CBT and psychotherapy approaches.
- Collected information necessary for psychological diagnosis by interviewing, observing and surveying patients.

### Trainee Teacher

Titiksha Public School • Rohini, Delhi  
04/2021 - 05/2021

- Developed and implemented assessment tools that accurately measured student progress.
- Developed engaging curriculum materials for diverse learning styles, resulting in improved student performance.
- Supported school initiatives by volunteering for extracurricular activities and attending community events as a representative of the school district.

### Trainee Teacher

Ryan International School • Rohini, Delhi  
01/2020 - 02/2020

- Created and delivered engaging lessons that incorporated a variety of teaching techniques and resources.

- Established positive relationships with students and parents, resulting in improved student behavior and increased parental involvement.
- Utilized educational technology to enhance instruction and improve student engagement.

## **Trainee Teacher**

Remal Public School • Rohini, Delhi

09/2019 - 10/2019

- Developed and implemented assessment tools that accurately measured student progress.
  - Utilized educational technology to enhance instruction and improve student engagement.
  - Created lessons and online testing materials to facilitate remote learning.
  - Communicated frequently with parents, students, and faculty to provide feedback and discuss instructional strategies.
- 

## **Academic Qualification**

### **Masters in Clinical Psychology**

Amity University • Noida, Uttar Pradesh

06/2023

### **Bachelors of Education (B. Ed)**

Delhi Institute of Rural Development, GGSIPU • Delhi

06/2021

### **Bachelors of Arts ( Psychology and Economics )**

Mata Sundri College, Delhi University • Delhi

06/2019

### **H.S.C.**

Sachdeva Public School • Delhi

04/2016

---

## **Professional Skills**

Communication: Written and verbal, presentations, Active Listening, Teaching and Curriculum Planning, Educational Technology Skills, Leadership and Management: Teams, Projects, Research and Analysis: Critical Thinking and Problem Solving

---

## **Languages**

English, Hindi, Malayalam

---

## **Personal Details**

Date of birth - 14/04/1998, Gender - Female, Nationality - Indian

---