

AKSHITA NEGI

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SKILL SUMMARY

- Trained in various therapeutic models such as Cognitive Behavioural Therapy, Behavior Therapy, Narrative Therapy, etc.
- Exposure to and experience with different assessments including various assessments for intelligence, Thematic Apperception Test, and Rorschach Inkblot test
- Experience with different populations including adult clients with diagnosed conditions and children

ACADEMIC QUALIFICATIONS

Year	Degree	Discipline/Board	Institution	Score
2022	Master of Philosophy	Clinical Psychology	ABVIMS & Dr RML Hospital, New Delhi (GGSIPU)	74.8%
2020	Master of Arts	Applied Psychology – Specialisation in Clinical Psychology	Tata Institute of Social Sciences, Mumbai	7.7
2018	Bachelor of Arts (Hons)	Psychology	Lady Shri Ram College for Women, University of Delhi	8.60
2015	Intermediate	CBSE	Army Public School, Jaipur	97.6%
2013	Matriculation	CBSE	Army Public School Dhaula Kuan, New Delhi	9.8

OTHER QUALIFICATIONS:

- GATE (2023)
- UGC NET (December 2022)

ACADEMIC ACHIEVEMENTS

- Institute Gold Medal for Best Student, M.A. in Applied Psychology (Clinical Psychology) in 2020
- Prize for Best Student in First Year in M.A. in Applied Psychology (Clinical Psychology) in 2019
- CBSE Certificate of Merit for outstanding academic performance and for being among top 0.1% of successful candidates in English Core and Psychology (2015)

RESEARCH EXPERIENCE

- Effect of Neuropsychological Deficits on Response to online Mindfulness-Based Cognitive Therapy in Obsessive Compulsive Disorder (2022)
- Motivations to Use, Self-Presentation, and Selection Behaviour on Tinder (2020)
- Social Media use and Body Image and Self-Esteem of Young Adults (2018)
- Multiple group practical as part of B.A. (Hons) in Psychology (2015-2018)

FIELD WORK AND INTERNSHIP

Ummeed Child Development
Center

Lower Parel, Mumbai

November 2019 – March 2020

Key Tasks:

- Observation of sessions
- Post-session debriefings and discussions
- Volunteer work for 'Fun Club'

Key Learnings:

- Using Narrative Practices in therapeutic work
- Designing interventions for children with developmental difficulties and their families

Subhash Chandra Bose School

Mankhurd, Mumbai

November 2019 – March 2020

Key Tasks:

- Classroom sessions
- Individual therapy with students

Key Learnings:

- Designing interventions that can be implemented in classroom settings
- Incorporating different modalities when working with children

Dr R N Cooper Hospital

Juhu, Mumbai

August 2018 – September 2019

Key Tasks:

- Psychotherapy with clients
- Psychological testing and assessment
- Case history taking
- Observation

Key Learnings:

- Conducting sessions with clients with a range of mental disorders
- Doing assessment

Max Super Speciality Hospital

Saket, New Delhi

December 2017

Key Tasks:

- Observation

ACTIVITIES AND TRAINING

- Part of Peer Support Program at LSR (2017-2018)
- Conferences/Workshops attended:
 - International Narrative Practices Conference (2020)
 - Rorschach – Exner System (2020) – online workshop conducted by Fortis Healthcare Limited
 - Zeal Workshops (2016) – a set of three workshops conducted over a course of three months on Transactional Analysis; Cognitive- Behaviour Therapy; and Play Therapy
 - CanSupport Workshop (2016) – an interactive session with two CanSupport counsellors
- Volunteered at Child Development Programme, a teaching NGO based in LSR

POSITIONS OF RESPONSIBILITY

- Editor of the Editorial Board, Department of Psychology at LSR (2017-2018)
- Sub-editor of the Editorial Board, Department of Psychology at LSR (2016-2017)
- School Editorial Head (2013-2015)
- Photography Editor of the School Magazine at Army Public School Jaipur (2013-2015)

SKILLSET

- Proficient in Hindi and English
- Proficient in Computer Skills (MS Office, Google Docs, etc.)
- Knowledge and experience with SPSS