**CURRICULUM VITAE**

**PERSONAL DETAILS:**

Dr. Khushneel Baath

MBBS, MD (Psychiatry)

DOB: 24/09/1991

Mob. No.: 9876563408

Email: [Khushneel.baath@yahoo.in](mailto:Khushneel.baath@yahoo.in)

**PROFESSIONAL SUMMARY:**

A qualified psychiatrist and a dedicated professional with experience at treating patients with a wide range of mental disorders including substance use and sexual disorders. In-depth knowledge of psychosocial assessments, diagnosing and treating mental illness in accordance with ICD and DSM criteria. Updated knowledge of recent changes from ICD 10 to 11 and advancements in field of psychopharmacology.

I firmly believe in principle of implementing my duties with dedication and determination. Seeking a position of Senior resident in your prestigious institution where my knowledge and skills will be enhanced and utilized effectively.

**MY STRENGTHS:**

Resilience

Positive approach

Hardworking

Adaptable to changes

Keen to learn new technologies in the field

Punctual and sincere

Highly self-directed

Honest

**ACADEMIC EXPERIENCE:**

1. MBBS from SGRD Institute of Medical Sciences and Research, Amritsar, Punjab (Aug 2009 - Dec 2013).
2. 12 months internship with clinical rotations in all departments from SGRD Institute of Medical Sciences and Research, Amritsar, Punjab (Jan 2014 - Jan 2015).
3. MD Psychiatry from Govt. Medical College and Rajindra Hospital, Patiala, Punjab (May 2019 – June 2022).
4. **Current Position**: Senior resident at GMC, Patiala since 30/09/2022.

**PROFESSIONAL EXPERIENCE DURING RESIDENCY:**

* Identification of social, economic, biological and emotional determinants of mental health and mental disorders.
* Detailed work-up of all patients (OPD and IPD).
* History taking, physical examination and MSE of admitted patients.
* Perform relevant investigations and therapeutic procedures for patients.
* Make correct clinical diagnosis as per standard guidelines (ICD-10).
* Comprehensive treatment of patients using principles of rational drug therapy.
* Regular case presentations before faculty with special emphasis on management of patients based on bio-psycho-social model.
* Application of relevant rating scales for continuous monitoring of improvement in condition of patients.
* Assist consultants to manage OPD of about 200 patients per day.
* Clinically manage psychiatric emergencies efficiently.
* Suicide and risk assessment of all patients.
* Plan rehabilitation of psychiatry patients suffering from chronic illness.
* Engage family members in treatment of patients and psycho-educate them about the disorder, course, prognosis and treatment options available.
* Skillful on the use of psychotropics and other drugs.
* Monitor patients prescribed psychotropics to assess medication side-effects.
* Management of psychotropic side-effects and consider other alternatives.
* Knowledge of culture-bound syndromes and cultural determinants of mental disorders.
* Performed psychotherapies like CBT, supportive psychotherapy, crisis intervention and family therapy under supervision.
* Supervised sessions of Master and Johnson therapy on couples with sexual dysfunction.
* Well aware of legislation relevant to psychiatry including acts like MHCA 2017, POCSO 2012, RPwD 2016.
* Involved in admission process and discharge planning as per MHCA 2017.

**De-addiction:**

* Detailed work-up of patients including history, relevant physical examination and appropriate investigations.
* Identify type, pattern and frequency of substance use.
* Identify number of relapses and reason of lapse/relapse for further course of action.
* Make appropriate diagnosis (dependence) as per ICD-10.
* Identification of severity of withdrawal and decide treatment setting for the patient.
* Attained experience in management of withdrawal both at OPD/IPD settings.
* Provide suitable doses of Buprenorphine-Naloxone to appropriate patients during detoxification phase.
* Identification and management of co-morbid psychopathology.
* Documentation and maintenance of record of patients and dosing of BPN as per protocol.
* Psycho-educate patients and their family members about treatment process.
* Perform Naloxone challenge test on appropriate patients and initiate Naltrexone after obtaining informed consent.
* Referrals for STI treatment, ICTC and other relevant services.
* Supervised experience in dispensing treatment under OST/OOAT program run by government.

**Consultation-liaison:**

* Throughout 3 years of residency, attended various calls from departments like medicine, surgery, orthopedics, paediatrics in view of psychiatry opinion. (under the supervision of consultants)
* Ruling out any psychiatric condition in patients admitted to other wards and providing appropriate treatment.
* Hands-on experience of management of patients with delirium, dementia, seizures.

**Disability certification:**

* Detailed history taking, diagnosis and disability assessment of patients with chronic illness.
* Disability assessment of children with conditions like IDD, ASD, SLD.
* Educating parents about various benefits and schemes run by govt. for disabled children.

**Medicolegal cases:**

* Detailed assessment of prisoners admitted under psychiatry department for diagnosis, management and record maintenance.
* Involved in team-work for giving opinion about mental state of persons brought by police officers/court orders.

**COVID duties:**

* Performed duties in COVID ward for about 1 year.
* Counselling services to the admitted patients and their family members telephonically.
* Management of patients suffering from post- COVID complications.

**Assisted procedures:**

* Performed multiple sessions of procedures like: ECT

Biofeedback

CES

**Teaching experience:**

* Theory classes of pre-final mbbs students.
* Clinical classes of pre-final mbbs students.
* Msc. students

**ACADEMIC ACTIVITIES:**

1. Thesis paper: To compare the therapeutic efficacy of Scopolamine versus Ketamine in treatment resistant depression (TRD).
2. Presented poster at 18th Annual National Conference of Association of Industrial Psychiatry of India – “Therapeutic potential of carnosine in chemotherapy induced depression: case report.”
3. Published case report in Journal of Case Reports and Scientific Images: “Lamotrigine induced Blepharospasm in a bipolar depression type -II”.

**Declaration:**

I hereby declare that the above written particulars in the curriculum vitae are true and correct to the best of my knowledge.

Khushneel Baath

Date: 10/10/2023