# THANEESHA MEHTA

A PASSIONATE LEARNER



#### **KEY COMPETENCIES**

- Bilingual: Fluent in English and Hindi.
- Research Expertise: Highly skilled in research, assessment, and ethical practices.
- Methodology Proficiency: Proficient in literature review, experiment design, and data analysis.
- Effective Communication:
   Demonstrated ability to
   empathize, actively listen, and
   communicate effectively with
   individuals from diverse
   backgrounds.
- Psychological Assessment: Knowledgeable in administering and interpreting psychological tests accurately.
- Ethical Standards: Adheres to ethical guidelines, maintains confidentiality, and exhibits cultural competence.
- Documentation and Reporting: Strong documentation, report writing, and organizational skills contributing to efficient case management.
- Software Skills: Proficient in Canva and Microsoft Word.

#### CONTACT

C-34 Milan Appt. West Pitampura, Delhi-34 +918527025709

thaneesham0104@gmail.com

# **PERSONAL PROFILE**

A diligent and ambitious student known for exceptional time management skills. Possessing a creative mindset coupled with strong analytical and interpersonal abilities, I am eager to leverage my ethics and expertise to contribute to your esteemed company.

# **EDUCATIONAL QUALIFICATION**

#### DAV Public School

Class Xth | (2018-19) | CBSE

Class XIIth | (2020-21) | CBSE SCORED - 97% | Humanities with Psychology

# University of delhi

B.A Psychology honours | (2021-24)

#### Indira Gandhi National Open University

M.A. in psychology | (2024-2026)

### **ACHIEVEMENTS**

- Vice-president 2023-24, Anhad- The music society of Keshav Mahavidyalaya.
- Secured 1st position at Dcac & 2nd position at adgitm college in western Acapella competition. (2023)
- Awarded with 2nd position in model united nation (m.u.n) in 2019
- Completed 1 year of Indian Classical Music with first division.
- Secured 3rd Position in relay race in Annual Athletics Meet 2014.

# **EXPERIENCES**

**August - November 2024** 

Clinical Psychology intern, The Healers (Child Care Center)

October - Feburary 2024

Graphic Designing intern, Aims advertising

August - September 2023

Short term training, Dept. of Psychiatry, lady hardinge medical college

June 2023 - August 2023

Short term training program in Councelling Psychology, Psych There

February 2023- July 2023

Record manager at Mimansa (Psychology Research Cell, DU)

May 2021 - February 2022

Tutor, XIth and XIIth-english, psychology, political science

April 2019 - December 2019

Tutor, Orient Insitute- All Subjects Till 5th Class