

SUKHMANI KAUR

MA Psychology (Clin.)



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Summary

A seasoned psychologist and facilitator with over six years of experience in psychological counseling and training. Skilled in managing trainers, organizing interventions, and applying psychological principles to enhance program effectiveness and participant engagement.

Core Competencies

- Communication (verbal & written)
- Instructional Designing
- Leadership
- Event Management

Work Experience

International Career Success Coach, LaunchMyCareer

Jan 2022 – August 2023

- Headed the Personality theory training domain as a trainer.
- Trained and mentored over 100 career counselors to improve their counseling skills
- Lead a team of counselors to host webinars in numerous schools throughout India
- Conducted individual counseling sessions and managed virtual escalations
- Organized and conducted webinars on diverse subjects concerning new career paths and profile building
- Contributed in developing a Careers Knowledgebase for counselors

IELTS trainer, Spearhead IELTS Coaching Institute (COVID-19)

September 2020 – February 2021

- Provided training for more than 200 students for all 4 modules: Writing, Speaking, Reading, and Listening
- Created, conducted, and assessed mock IELTS exams for students
- Independently managed up to 4 batches at a time

Business Development Executive, Prism Brain Mapping

June 2019 – March 2020

- Hired as an expert for their psychometric tool, Prism Brain Map
- Independently trained over 30 professionals, including HRBPs, trainers, psychologists as practitioners for the psychometric tool.
- Part of the sales initiatives like client meetings, seminars.
- Coordinated and resolved client queries and requirements
- Conducted one on one sessions with clients
- Initiated the tool usage for career guidance in India (Asia Pacific)
- Managed and coordinated digital marketing postings across social media

Customer Service Executive, J.P. Morgan Chase

June 2016 – March 2017

- handled end to end inbound customer queries
- redirected clients to the respective departments based on their concerns
- listed as a shooting star for receiving 7 out of 9 perfect 5 ratings

Freelance

Happiness Coach & Therapist, Tick Talk To

September 2018 – Present

- Part of the dedicated team for pilot sessions with prospective clients.
- Dedicated therapist for a leading engineering college, B- school and other corporate partners.
- Conducted over 3K psychotherapy and counselling sessions

Certifications

- Cognitive Behavioural Therapy, The Academy of Modern Applied Psychology (Udemy)
- International PRISM Practitioner Certification
- Gestalt

Internships

- Shadow teaching intern, Knack ability enhancement services March'16 – May'16
- Summer-intern, Bhaktivedanta hospital, June'18 – July'18

Education

2017-2019	Masters in Clinical Psychology	Amity University, Mumbai
2013-2016	Bachelors of Arts in Psychology	KC College & LS Raheja College of Arts and Commerce, Mumbai