

# SAKSHI SHARMA

Licensed Clinical Psychologist/Psychotherapist

Jaipur, India | [sakshicpsychologist@gmail.com](mailto:sakshicpsychologist@gmail.com) | 7014474447

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## PROFESSIONAL SUMMARY

*I am a compassionate and skilled professional with experience in psychological assessment, diagnosis, and therapeutic interventions. Proficient in evidence-based psychotherapy and counselling, I am committed to ethical, client-centered care and fostering resilience through tailored interventions. I also prioritize continuous learning and mental health advocacy.*

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## EDUCATION

*Master of Philosophy in Clinical Psychology*

*Mahatma Jyoti Rao Phoole University, Jaipur | 2022 – 2024*

*Masters in Psychology*

*Rajasthan University | 2018 – 2020*

*B.A. (Hons.) in Psychology*

*Rajasthan University | 2014 – 2017*

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## PROFESSIONAL EXPERIENCE

*Internship Trainee*

### ***Shiv Gautam Hospital and Research Centre (Mental Hospital)***

- Gained practical exposure to psychological assessments, case formulation, and therapy techniques.*
- Worked with diverse clinical populations under the supervision of experienced professionals.*

*Internship Trainee*

### ***The Beautiful Mind***

- Completed an internship focused on Case History, Mental Status Examination (MSE), Diagnostic Formulation, Case Discussion, Psychological Assessment, and Psychiatric Disorders.*

*Internship Trainee*

### ***Vivekananda Institute of Mental Health & Neurosciences (Mental Hospital)***

- *In-depth exposure to clinical training in mental health settings, working with patients diagnosed with psychiatric disorders/ psychological problems.*
  - *Conducted psychological assessments, developed treatment plans, and engaged in therapeutic interventions.*
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## CERTIFICATIONS & TRAININGS

*Handwriting Analysis, Signature Analysis, Doodle Analysis – Unique Psychological Services*

*Certificate Course in Counselling and Psychotherapy – SPM College for Women, University of Delhi*

*Certified Career Counselling Course – Unique Psychological Services*

*International Conference on Community Psychology – Participated & volunteered (St. Wilfred's PG College, Jaipur & Chhatrapati Shivaji Maharaj University, Navi Mumbai)*

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## SKILLS

- Psychological Assessment & Diagnosis
  - Therapeutic Interventions
  - Effective Treatment Implementation
  - Patient Advocacy & Case Management
  - Communication and Interpersonal Skills
  - Report Writing
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## RESEARCH WORK

### **"Caregiver Burden, Resilience, and Prevalence of Depression & Anxiety Among Caregivers of Schizophrenia Patients"**

- Conducted a study analysing the psychological impact on caregivers of schizophrenia patients.
  - Explored mental health challenges, coping mechanisms, and the role of resilience.
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