

Tanya Sharma

Psychologist

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OBJECTIVE

To use my acquired knowledge, skills, desire for learning and developing strength everyday in the field of Psychology, Mental Health, social development where I can deploy my elocution and ardour by not putting aside my strive and dedication to serve the society for a noble cause.

EDUCATION

- Mphil clinical psychology (pursing) from Om Sterling Global university, Hisar.(2023-2025)
- Master's in Applied Psychology Specialization in Clinical & Counselling Psychology from
- Gataum Buddha University, Greater Noida - (CGPA – **7.74** , 2020-2025)
- B.A (Hons) Psychology - Mody University of Science and Technology (CGPA – **7.16** , 2017 - 2020)

EXPERIENCE / INTERNSHIPS

- Worked as ABA Therapist at **Cogniable International Pvt Ltd Sep' 22 to Apl'23**
Handled patients for behavioural improvement,
Conduct therapy session and individual discussions with patients
keeping records of therapy sessions and providing feedback of patients parents
- Psychology Internship (2021) - **90 hours from True Care Counseling PVT.LTD., Noida**. Observed patients and discussion on couple and family therapy.
- Psychology Internship (2018) - **120 Hours** Observed patients and case discussion
Internship program completed at Fortis Health Care Noida under the guidance of Dr. Samir Parikh Head of the department of Mental and behavioural sciences.

CERTIFICATE

- Attended 6th International conference of Indian Academy Of Health Psychology organized by the department of psychology & Mental Health, USHSS, Gataum Buddha University, Greater Noida, Uttar Pradesh from 26th - 28th November 2021,
- Attended the Workshop on Introduction to Acceptance &commitment Therapy, for 5 hours at Karma Centre for Counselling & Wellbeing (9th feb 2020)
- Attended the Workshop on Bipolar Affective Disorder, for 3 hours at Karma Centre for Counselling & Wellbeing (9th feb 2020).

RESEARCH WORK

📖 My project work on Gratitude and flourishing among the practitioners of yoga and it s done under the guidance of Dr. Ashfia Nishat.