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Mumbai, Maharashtra

EDUCATION

Master of Science (M.Sc) (Hons.), Clinical Psychology

Manipal University Jaipur

2019 - 2021

Bachelor of Arts (B.A.), Psychology

Kishinchand Chellaram College

2016 - 2019

CGPA: 7.89/10

Senior Secondary (XII), Arts

K.C. College

(HSC board)

Year of completion: 2016

Secondary (X)

N.L.DALMIA HIGH SCHOOL

(ICSE board)

Year of completion: 2014

INTERNSHIPS

Internship Of Clinical Psychology

Fortis Mental Health Care (Fortis Hospital), Virtual

Jun 2020 - Jun 2020

Volunteering Akanksha,

Mumbai

Aug 2017 - Nov 2017

As a volunteer, I experienced many teachers and children of different age and to know how well discipline is overruling everyone here. I also learned computer programming. The staff is well organised and it is fun working with them.

Case Discussion Internship

GoodHosts Spaces, Jaipur

April 2021- April 2021

As an intern, my responsibilities include case discussions, case summary, and case reports under the guidance of a certified therapist.



Mental health Counselor

Mishoe

May 2021- Ongoing

Mishoe is the platform which provides with the helpline service for immediate relief for their mental instability. The first call is free followed by paid sessions. We have our professionalized profiles developed which is updated on timely basis.

Internship on Expressive Art Based Therapy

Fortis Mental Health Care (Fortis Hospital), Virtual

June 2, 2020- June 4, 2020

Intern

Hayat- The existence

October, 2021- December, 2021

Consultant psychologist, Part- Time

Hayat- The Existence (Yasmin Siddique, Psychologist)

December, 2021- March 2021

Intern, Part-time

Mind Care Clinic (Dr. Sakeb Danish, Psychiatrist)

December, 2021- March 2021

Intern, Part-time

Pritha Saha Counsellor

December, 2021- February, 2022

Internship on Eclectic Approach

ICHARS- Institute of Clinical Hypnosis and Related Sciences

Online

**RESEARCH
EXPERIENCE**

Literature Review paper on 'A Systematic Review on False Memory' submitted to the Department of Psychology, Manipal University Jaipur.

Research on 'Pandemic Confinement effects of Internet Gaming Disorder on Cognition among Adolescents' submitted to the Department of Psychology, Manipal University Jaipur.

Co-Authored research 'The Relationship among Emotional Intelligence, Depression and Altruism in Young Adults' submitted to the Department of Psychology, Manipal University Jaipur.

Research on 'Prevalence of Orthorexia Nervosa in Adolescents and its relationship with Psychopathological traits of Eating Disorder and Body Image' submitted to the Department of Psychology, Manipal University Jaipur

**POSITIONS OF
RESPONSIBILITY**

Head leader of project Daan Utsav under Dharma Bharti Mission in 2016.



TRAININGS

Introduction To Psychology

University of Toronto, Online

Jun 2020 - Present

Moralities Of Everyday Life

Yale University, Online

May 2020 - Jul 2020

Advanced Practice Provider: Opioid Use Disorder Medication Assisted Treatment Waiver Training

University of Virginia, Online

May 2020 - Jun 2020

Managing ADHD, Autism, Learning Disabilities, And Concussion In School

University Of Colorado System, Online

Apr 2020 - May 2020

Schizophrenia

Wesleyan University, Online

Apr 2020 - May 2020

Aromatherapy: Clinical Use Of Essential Oils

University Of Minnesota (Coursera), Online

Apr 2020 - May 2020

The Science Of Well-Being

Yale University, Online

Apr 2020 - Apr 2020

Psychological First Aid

Johns Hopkins University, Online

Mar 2020 - Apr 2020

Digital Marketing Foundation

Apponix, Online

July 24, 2020

Rorschach-Exner System 3-day Workshop

Fortis Mental Health Care (Fortis Hospital), Virtual

June 19, 2020- June 21, 2020

SKILLS

Typing

Intermediate

MS-Office

Intermediate

MS-PowerPoint

Intermediate

English Proficiency (Spoken)

Intermediate

English Proficiency (Written)

Intermediate

Hindi Proficiency (Spoken)

Intermediate



Edit with WPS Office

SPSS
Beginner

Marathi Proficiency (Spoken)
Beginner

Hindi Proficiency (Written)
Intermediate

ADDITIONAL DETAILS

Linkedin Profile URL

www.linkedin.com/in/charmi-shah-leaerner

Upwork Profile URL

<https://www.upwork.com/o/profiles/users/~012bf7a014748e82fd/>

Blogging as a Business Workshop

Attended a seminar of blogging and learned the concept of how blogging can be turned into a big business opportunity

Have participated in the webinar on 'Unveiling the Mask of Serial Killing' by Mr. Mebin Wilson Thomas which was held on June 08, 2020 and organized by Aventechs

Attended a webinar on 'Growing During The Pandemic: A: What we learn from the new science of flourishing and suffering; B: Why is Viktor Frankl's cure essential for overcoming COVID-19? Learn the existential positive interventions for meaning-focus therapy' by Dr. Paul T.P.Wong on June 30, 2020, organized by International Network on Personal Meaning.

Have participated in the online workshop on 'ERP as an Intervention for OCD' which was organized by Cognizavest by Kamna Yadav, RCI registered Clinical Psychologist on May 2, 2020

Have participated in the online workshop on 'Choice we made: What, How and Why of Fashion' which was organized by Department of Mental Health and Behavioral Sciences on June 7, 2020 by Nishtha Narula, Counselling Psychologist

