

# Avantika Jain

Experienced psychologist with 2.2 years of practice in counseling psychology specializing in mental health counseling . Proven track record in providing compassionate care and evidence-based interventions to diverse client populations. I am also currently enrolled in obtaining my RCI licence in rehabilitation psychology

## Work Experience

### Project Assistant, National Institute Of Public Cooperation and Child Development

June 2024 - Present

- Planning of personnel structures of e - learning modules.
- design modules which incorporates principles of psychology to enhance learning effectiveness.
- To promote psychological health and well-being of children.

### Counseling Psychologist, Khushii Ngo

March 2023 - July 2023

- Provided sessions, focusing on quality mental health for underprivileged children and differently abled children.
- To take sessions involving factors of mental health and holistic children development.
- To promote psychological health and well-being of children.

### Mental Health Counselor, IamEars.Pvt.Ltd

April 2022 - May 2024

- Provided compassionate and comprehensive support to clients in a variety of settings..
- Worked with patients who have various mental illnesses such as depression, anger management problems and suicidal thoughts
- Help clients define goals, plan action and gain insight

### RCI Accredited Diploma In Education Teacher , Manovikas Charitable Trust

Feb 2021 - August 2021

- Provided efficient instruction to students in the areas of psychology.
- Developing lesson plans and preparing materials for effective learning.

## Educational Background

### University of Delhi, Mata sundari College For Women

Bachelor's of Arts

July 2017 - August 2020

### Amity University, Uttar Pradesh

Applied psychology

October 2020 - July 2021

### Maharashi Dayanad University, Haryana

Bachelor's of Education

August 2021 - October 2023

### Amity University, Greater Noida

Post Graduate Diploma In Rehabilitation Psychology

2024 - result awaited

## Referrals

Ehab Ashraf - IamEars.pvt.ltd

Iez Lee - Focus Consortium - Mentorship

## Contact

Jagriti Enclave, East Delhi  
-110092  
avantikajain81@gmail.com

## Skills

- Strong communication
- Interpersonal skills
- Adapt at building rapport with clients.

## Languages

- English (Fluent)
- Hindi (Native)

## Other Courses

- Solution Focused therapy - Cognizavest
- Physiognomy - Forbet the psychology school
- Hypnotherapy - Focus Consortium

## Additional Information

- Leads an online project named "Mental Health: Is it a Myth or Not?" for NPPD Care
- Worked on a period campaign as a counselor with Khushii ngo.
- Mentorship and worked as an intern with Focus Consortium.