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| LOHIT BANSIWAL  ADD: Block-C1st house no.-906 Madangir, New Delhi-110062 · M: +91-8130207698  **Email: -** [**lohitkumar13@gmail.com**](mailto:lohitkumar13@gmail.com) |
| Seeking a position that allows me to maximize my potential and contribute to the organization's growth. As a dedicated psychologist with a strong background in diagnosis and treatment, I excel in long-term patient care and am well-versed in various therapeutic approaches. I am adept at multitasking and possess a solution-oriented approach to problem-solving.  **Skills**   * Problem Solving * Management and Decision making * Critical Thinking * Team Work and Communication * Leadership Skills * Active Listening * Clinical Assessment * Crisis Intervention * Treatment Planning and Case Management * Research and Data Analysis * Group Therapy Facilitation |

# EXPERIENCE

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| **AUGUST 2022-NOVEMBER,2022**  **COUNSELLOR,** EMONEEDS, GURGAON  Employed as a Counselor at Emoneed, Gurugram, where my responsibilities included conducting comprehensive mental health assessments, maintaining precise records and data, formulating treatment plans, attending regular team meetings to discuss case management, and providing individual and group counselling sessions.  **1ST MARCH 2021 – 1ST JUNE 2021**  **INTERNSHIP,** OPTIMISTIC LIVING CENTER  Completed a 3-month internship in clinical psychology, where I acquired new skills and gained hands-on experience in applying clinical counselling techniques effectively. During this internship, I worked closely with experienced psychologists, enhancing my understanding of psychological assessments, treatment planning, and therapeutic interventions. This experience strengthened my ability to provide compassionate and effective support to clients facing diverse mental health challenges.  **SEPTEMBER TO OCTOBER 2020**  **INTERNSHIP,** EXPRESSION INDIA  Participated in an internship focused on Orientation to Emphasis on Guidance and Counseling, engaging in learning and interactive sessions that explored various counselling paradigms and techniques. This experience deepened my understanding of effective counselling strategies and equipped me with practical skills in guiding individuals through personal and professional challenges. It also reinforced my commitment to fostering positive mental health and well-being through empathetic and skillful counselling practices. |

**EDUCATION**

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| **2024**  **M.PHIL IN REHABILITATION PSYCHOLOGY,** Department of Clinical and Rehabilitation Psychology and Research, National Institute for the Empowerment of Persons with Visual Disabilities (NIEPVD), Dehradun  Pursued an M.Phil. in Rehabilitation Psychology from the Department of Clinical and Rehabilitation Psychology and Research at the National Institute for the Empowerment of Persons with Visual Disabilities, Dehradun, with results pending. This program included rigorous practical training, extensive OPD duties, and the submission of an intervention-based thesis. My hands-on experience in clinical settings and focus on real-world applications have equipped me with the skills and knowledge to effectively support individuals with visual disabilities and various mental illnesses.  **2022**  **MASTER’S CLINICAL PSYCHOLOGY,** IGNOU NEW DELHI  Earned a Master’s degree in Clinical Psychology from IGNOU, achieving a final CGPA of 6.5. My academic journey has provided me with an in-depth understanding of diverse psychological theories and advanced therapeutic practices, empowering me to proficiently diagnose and treat a wide array of mental health conditions. I am passionate about leveraging my expertise to make a significant impact in the field of psychology. |
| **2019**  **BACHELOR’S IN APPLIED PSYCHOLOGY,** MANAV RACHNA INTERNATIONAL UNIVERSITY FARIDABAD  Graduated from MRIU with a degree in Applied Psychology, a hands-on and practical course, achieving a commendable 65% score. This program provided extensive practical experience and a solid foundation in applying psychological principles to real-world situations. Through this coursework, I developed strong analytical and problem-solving skills, equipping me to address diverse psychological challenges effectively. |
| **2016**  **CLASS 12TH,** A.E.S DR K.R.B.M SCHOOL, PUSHP VIHAR, NEW DELHI  Completed schooling under the CBSE board with a focus on PCM (Physics, Chemistry, and Mathematics) as my main subjects, achieving a notable 70% in the 12th standard. This rigorous curriculum honed my analytical and critical thinking abilities, providing a strong foundation in scientific and quantitative reasoning. My academic performance reflects my dedication and ability to excel in challenging subjects.  **ACHIEVEMENTS**   * Presented a Systematic Review paper at the 3rd National Annual Conference of the Society of Addiction, showcasing comprehensive research and analysis in the field. This opportunity allowed me to contribute to the scholarly discourse on addiction studies and engage with professionals in the field. It strengthened my research abilities and deepened my understanding of evidence-based practices in addressing addiction-related issues.   **ACTIVITIES**   * Served as a valuable member of the organizing team for the 3rd National Annual Conference of the Society of Addiction, where I played a key role in coordinating and managing event logistics and activities. Responsible for overseeing the accommodation, budget and logistics, I ensured efficient allocation of resources and seamless arrangements for participants and guests. My contributions facilitated a well-executed conference that promoted knowledge exchange and professional networking in the field of addiction studies. * Volunteered for the Haryana Government for their project associated with government schools and the well-being of its students’ furniture and other facilities, taught me the significance and value of being grateful all over again. October 2018-December 2018): The opportunity to visit over 20 government schools (including primary and secondary) over the span of a few months was truly a humbling an insightful experience. Interacting with innocent children who barely have a solid classroom with four walls, let alone. * Served as a valuable member of the organizing team for Resurrection 2k17, the University’s Annual Fest 2017, contributing to the successful coordination and management of various event logistics and activities. Demonstrated strong organizational skills in overseeing event planning, scheduling, and participant coordination, ensuring a seamless and memorable experience for all attendees.  PERSONAL DETAILS  |  | | --- | | * Father’s Name: INDERJEET | | * Date of birth: 25 may 1998 | | * Gender: MALE | | * Nationality: INDIAN | | * Hobbies: Football, Exploring and Counseling * Languages known: English and Hindi | |