

PROFILE INFO

Psychology graduate with a strong academic foundation and practical experience in therapeutic settings. Skilled in observation, communication, and patient engagement through internships. Deeply interested in mental health, addiction behavior, and contributing to psychology-led care, assessment, and research in multidisciplinary settings.

CHAHAK



PHONE

+91 9466456327



EMAIL

Chahak112004@gmail.com



ADDRESS

Bhiwani-127021, Haryana



LINKEDIN

[Chahak Jindal | LinkedIn](#)

CERTIFICATION

- Kalam Young Science Innovation Award 2020
- Entrepreneurship Quiz- 2019
- Yoga certification board, Ministry of AYUSH, Govt. of India
- Heritage education and Citizenship Training workshop

LANGUAGES

English
Hindi

HARD SKILLS

- Psychological Observation
- Case Note Writing
- Basic Counseling Techniques
- Data Collection & Thematic Analysis
- Report Writing & Case Study Development
- Presentation Skills
- Writing Skills

SOFT SKILLS

- Effective Communication
- Problem-Solving
- Compassionate
- Active Listening
- Emotional Intelligence
- Organization Skills
- Ethical Judgment

CLINICAL & VOLUNTEERING EXPERIENCE

2024

- 60-Hour Internship at Psychotherapy Clinic | Israna

2023

- 40-Hour Internship at Psychotherapy Clinic | Gurgaon
- New Delhi Global Youth Summit 2023 | Shri Ram College of Commerce
- Activity Organizing Team | Youth Fest, Rishihood University

2022

- Volunteer | Summer School, Rishihood University
- Volunteer | Indic Summer Fest, Rishihood University
- 7-Day Virtual Charity Drive | Hamari Pahchan NGO

2021

- Virtual Internship as Affiliate Marketer | Leadsguru
- Intern | Global Mental Health Center, Bhiwani

EDUCATION

AUGUST 2025-
2027



MASTER'S IN PSYCHOLOGY | AMITY UNIVERSITY

1st year (Pursuing)

MARCH 2021-
2024



BACHELOR'S IN PSYCHOLOGY HONORS | RISHIHOOD UNIVERSITY

3.5/4 SGPA (Final sem)

Final year Research - "Correlation Between Early Childhood Experiences and Adult Attachment Styles"

MARCH 2020-
2019



12TH | VAISH MODEL SR. SEC. SCHOOL | BHIWANI

Scored 85%

MARCH 2018-
2017



10TH | VAISH MODEL SR. SEC. SCHOOL | BHIWANI

Scored 83%