

**Dr. Nirmalya Mukherjee**  
[nirmalya.ik@gmail.com](mailto:nirmalya.ik@gmail.com)  
+91 8902384825



### Objective

To join as Consultant Child and Adolescent Psychiatrist in the field of Child And Adolescent Psychiatry and continue academic and clinical activities for same ,devoting my time for welfare and appropriate management of mental health disorders in children as well as teaching students for spreading knowledge and awareness regarding the same.

### Academic Qualification

- DM in Child Psychiatry from NIMHANS, Bangalore; January 2021 to December, 2023.
- Post doctoral fellow in Consultation liaison psychiatry from NIMHANS, Bangalore, in academic year of 2018-19
- M.D. Psychiatry from Central Institute of Psychiatry, Ranchi, Jharkhand, India; completed in 2016 with 67.25% marks.
- MBBS from Burdwan medical college and hospital in 2011 with honors in Biochemistry with overall 66.25% marks.
- Higher secondary from Uttarpara Amarendra Vidyapith, Uttarpara, Hooghly, West Bengal, India in 2006 with 94% marks.
- Secondary from Uttarpara Amarendra Vidyapith, Uttarpara, Hooghly, West Bengal, India in 2001 with 84.75% marks.

## Professional Experience

- Worked as Junior Resident in Psychiatry from 2013-2016 at Central Institute of Psychiatry, Ranchi, Jharkhand, India with experience of Male and female adult psychiatry, child & adolescent psychiatry, de-addiction psychiatry, epilepsy clinic.
- Worked as senior resident in psychiatry including child psychiatry from 2016-2018 in Central Institute of Psychiatry, Ranchi.
- Worked as Post doctoral fellow cum Senior Resident at NIMHANS, Bangalore from 2018-2019.
- Worked as clinical PDF at NIMHANS, Bangalore from month of September, 2019 to January, 2020.
- Worked as a consultant psychiatrist at St. Philomena's hospital, Bangalore
- Worked as a DM Senior Resident in the department of child and adolescent psychiatry at NIMHANS, Bangalore for three years, from January 2021- December 2023.

### Key Responsibilities

- Administered treatments for adults, children and adolescents with mental illnesses with varying natures and degrees of mental disorders.
- Collaborated with other members of the health care team, such as psychologists, psychiatric nurses, and psychiatric social workers, neurologist, to diagnose and provide holistic treatment for them.
- Supervised junior MD trainees in Psychiatry and Child & Adolescent psychiatry.
- **Participated in different teaching program for MD trainees**

- Convened with patient's family members and relatives regarding the patient's mental condition
- Facilitated the administration of psychiatric medications.
- Administered both modified and unmodified ECT.
- Facilitated conversations with the patients to involve them in the analysis of their illness and conditions and to encourage seeking of professional help.
- Community visits to peripheral health center for treatment and spreading awareness about mental illness.
- Performed comprehensive physical assessments to detect need for medical attention aside from mental health interventions.
- Evaluated results of diagnostic tests.
- Made use of different psychotherapeutic interventions in the treatment of the mentally ill patients.

## Research activities

- **Qualitative research on lived experience of children with Dissociation**
- Thesis on effect of rTMS in childhood localisation related epilepsy
- Published original research article on the same (Second thesis)
- **Won BPSS award in ANCIPS 2018 for the same second thesis**
- **Won CEZIPS Zonal award 2017**
- Co-authored one original article and one correspondence on sleep disorders and sleep quality in psychiatric patients.
- One review article on suicide.
- Two case reports on rare phenomena in schizophrenia.

## Personal Details

- Date of birth: 05/12/1988.
- Married.
- Parents- Mr Dibakar Mukherjee and Mrs. Madhumala Mukherjee
- Spouse- Dr Gargi Mondal
- Languages known: English, Bengali, Hindi.
- Permanent Address: 42 Lawrence Street, Uttarpa, Hooghly, West Bengal, India, pin: 712258.