



## SUMMARY

Enthusiastic and motivated Clinical Psychology fresher with a comprehensive understanding of psychological theories and therapeutic practices. Experienced in conducting psychological assessments and developing treatment plans. Committed to providing compassionate and evidence-based care to diverse populations.

## EDUCATION

### M.Phil Clinical Psychology

Gautam Buddha University  
2022-2024

### M.A. Applied Psychology

Amity University Madhya Pradesh (2021)  
8.83 CGPA

### B.Sc

Dr. Bhimrao Ambedkar University (2019)  
73.27%

### 12th Class

CBSE Board (2016)  
72.4%

### 10th Class

CBSE Board (2014)  
9.2 CGPA

## SKILLS

- Proficiency in conducting psychological assessments, diagnosing, and formulating treatment plans.
- Experience in conducting psychological research & evaluating treatment outcomes.
- Good in building strong, empathetic and therapeutic relationships with clients.

## PROJECTS

- Currently working on dissertation titled "Effectiveness on EMG Biofeedback Training on neck pain management among patients with Cervical Spondylosis"
- Worked on dissertation titled 'Impact of COVID-19 on psychological aspects of Healthcare Professionals'

## PROFESSIONAL EXPERIENCE

- Worked as a Clinical Psychology Trainee at GIMS Hospital at Psychiatry Department for 12 months.
- Worked as a Clinical Psychology Trainee at Shanti Home Mental Health & Psychiatric Rehabilitation Centre for 7 months.
- Worked as a Clinical Psychology Trainee at Gautam Buddha University OPD for 4 months.
- Worked as a Psychologist at K.D. Medical Hospital in the Department of Psychiatry for 7 months.
- Worked as an Intern Psychologist at Gwalior Mansik Arogyashala for 2 months.

## ACADEMIC ACHIEVEMENTS

- Attended a National seminar on NEP:2020: Model Curriculum and Content in Psychology in 2024
- Attended CME on De-addiction of Drugs, Alcohol, Tobacco & Smartphones at GIMS Hospital in 2024.
- Attended a Somatic Inkblot Series Training by Dr. B.L. Dubey at Gautam Buddha University in 2023.
- Attended 7th ICIAHP Conference held at Gautam Buddha University in 2022.

## CERTIFICATIONS

- Primer on Tobacco Cessation e-learning module from NIMHANS.
- ICD-11 Diagnostic Requirement for Mental, Behavioural and Neurodevelopmental Disorders: An Online Comprehensive Course
- Trauma Release Exercise Training by Dr. Wael M.F. Abu Hassan
- Cognitive Drill Therapy by Dr. Rakesh Jain in Amity University

## LANGUAGES

- English
- Hindi