

## **Dr Shivam Gupta**

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### **Objective**

Looking for a position in an established hospital where I can serve people with my knowledge and skills for growth and reputation of the firm.

### **Educational Background**

- M.D (Psychiatry) from Jawaharlal Nehru Medical College, Belgaum in 2017.
- M.B.B.S from the same college in year 2013.
- Higher secondary from Delhi Public School, R.K Puram, New Delhi in year 2007 with A Grade.
- High school from St. Gabriel's Academy, Roorkee in year 2005 with 96% in Science and Maths.

### **Trainings Undertaken and Work Experience**

- During M.D ( May 2014 to May 2017) from JNMC Belgaum
  - Managing both the in-patients as well as out-patients
  - Exposed to Schizophrenia and related disorders, Mood disorders, Anxiety disorders, Obsessive Compulsive spectrum disorders, Somatoform and related disorders.
  - De-addiction medicine, Consultation Liaison psychiatry, Geriatric psychiatry and Child and adolescent psychiatry.
  - 2 month training in Neurology, 1 month in Paediatric Neurology.
  - Can perform Behavioural therapies, Cognitive Behavioural therapy, Marital therapy, Motivational enhancement therapy along with supportive psychotherapies.
  - Experienced in ECTs and rTMS.
- Worked as Attending consultant in Cosmos Institute of Mental and Behavioural Sciences from July '17 to Jan '18
- Worked as a Senior Resident in ESIC, Jhilmil from 30/1/18 to 31/3/19
- Worked as Senior Resident at AIIMS, Rishikesh from 1/4/19 to 3/9/19
- Worked as Consultant Psychiatrist at Vinay Vishal Healthcare, Roorkee from 4/9/19 till date

- Oral paper presentation on "Prevalence and clinical correlates of depression in patients with chronic kidney disease" in ANCIAPP, 2016.
- Speaker in a symposium on "rTMS in clinical practice" in World Congress of Mental Health in New Delhi, 2017.
- Conducted a workshop on "rTMS: hands on training" in World Congress of Mental Health, New Delhi, 2017.

### **Key Skills**

- Polite and soft in nature.
- Good verbal and written communication skills.
- Good command over handling ECT and rTMS and in reading MRI, CT and EEG.
- Punctual and Disciplined.

### **Extra Curricular Activities**

- College literary team with awards in story writing.
- State level volleyball team.
- Represented college in general knowledge quiz competitions

### **Hobbies**

- Playing volleyball, cricket, swimming, basketball
- Reading
- Writing stories

### **Personal Details**

**Date of birth:** 31-07-1989

**Languages known:** English, Hindi, Kannada

**Spouse:** Dr. Kanika Jain, OBGYN

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