

# NAZREEN

PSYCHOLOGIST



nazreensaifi2811@gmail.com,



Ghaziabad, Uttar Pradesh



9310831048

## ABOUT ME

Passionate psychologist with 2 years of hospital-based training, committed to raising awareness about mental health issues and reducing stigma. Earned an M.Sc. in Clinical Psychology from Santosh Medical College and Hospital. Seeking a role to apply clinical expertise in empowering patients, building resilience, and supporting their mental health journeys.

## EXPERIENCE

Clinical Psychology Trainee  
**SANTOSH HOSPITAL, DELHI NCR**  
2022 - 2024

- Trained and supervised for two years by licensed Clinical psychologists and psychiatrists to diagnose, take case history and mental status examination, conduct and write reports for psychological assessments of various types such as intelligence and personality assessment, etc and treatment planning and implementation for various clinical and sub clinical mental health issues for patients at the department of Clinical psychology and psychiatry, Santosh Hospital Delhi NCR.
- Completed clinical postings in various clinical departments including Psychiatry, Pediatrics, General Medicine, Obstetrics and Gynaecology, Emergency Medicine and Critical Care, and Rehabilitation units. Participated in patient care, treatment planning and department CME.

## SKILLS

- Case History
- Psychological Assessments
- Patient Counselling
- Basic Psychotherapy

## EDUCATION

BACHELOR OF ARTS IN PSYCHOLOGY  
**CHAUDHARY CHARAN SINGH UNIVERSITY, MEERUT**  
2019- 2022

MASTER OF SCIENCE IN CLINICAL PSYCHOLOGY  
**SANTOSH MEDICAL COLLEGE & HOSPITAL (SANTOSH DEEMED TO BE UNIVERSITY), DELHI NCR**  
2022- 2024

## LANGUAGES

ENGLISH

HINDI

URDU

## INTEREST

LEARNING NEW SKILLS, TRAVELLING, LISTENING MUSIC.

## **SCIENTIFIC PAPER PRESENTATIONS**

Presented at the 7th International Conference of Indian Academy of Health Psychology at Gautam Buddha University, Greater Noida on “Trends of Anxiety among Medical Entrants.”

Presented at the 1st International Conference in Integral University, Lucknow on “A Study of Needs and Psychological Wellbeing among Parents of Children with Intellectual Disability.”

## **PUBLICATION**

Authored “A Study of Needs and Psychological Wellbeing among Parents of Children with Intellectual Disability by Ms. Nazreen, Dr. Rani Srivastava, Dr. Alka Agrawal.”

## **CERTIFICATIONS AND WORKSHOPS**

- Suicide Prevention conducted by the Department of Psychiatry, Santosh Deemed to be University.
- Mindfulness conducted by the Department of Clinical Psychology, Santosh Deemed to be University.
- National Mental Health and Well-being Conference at Christ Deemed to be University, Delhi NCR.
- Conference on Evidence-Based Medicine and International Standard Laboratories conducted by the Department of Biochemistry, Santosh Deemed to be University.
- Talent Hunt AAROGYAM organized by Central Research Facility, Santosh Deemed to be University.
- The Bharat Panchal Dialogues in Mental Health conducted by the Department of Mental Health and Behavioural Sciences, Fortis Healthcare.

