



KM PARUL

CLINICAL PSYCHOLOGIST

RCI licensed expert in Senior clinical psychology with 7+ years of experience in the field.

Dedicated to serving patients especially young adults struggling with alcohol and drug abuse, psychosis, bipolar disorder, anxiety disorder and schizophrenia.

Contact

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Education

- **PhD Clinical Psychology**
Amity University , Gurgaon 2019-
- **Diploma in Vocational Rehabilitation**
Vision Institute (NIEPMD, Chennai),
Faridabad 2022-23
- **M.Phil Clinical Psychology**
Amity University, Gwalior 2016-18
- **MA Clinical Psychology**
DSSV, Haridwar 2014-16
- **BA Psychology**
Charan singh University, Meerut,
2010-13

Skills

- 🔗 Excellent knowledge of psychotherapy, counseling
- 🔗 Practical Knowledge of Psychometric Tests, Personality Assessment, IQ test, SPS, Research Design and all rating skills testing.
- 🔗 Excel at providing individual psychotherapy sessions, group sessions & family counseling
- 🔗 Fluent in taking Interactive sessions of young interns regarding case study, diagnosis formulation and clinical interviews

Experience

- **Clinical Psychologist**
Jan 2018 - Present
Tulasi Health Care and Multi-Specialty Clinic, Gurugram
- **Clinical Psychologist**
Jan 2019 - Present
Medibuddy- Online Platform
- **Trainee Psychologist**
Jan 2015 - Dec 2016
Tulasi Health Care and Multi-Specialty Clinic, Gurugram
- **Clinical Psychology Intern**
1 month
Subharti Hospital

Publications

1. "Study of hardiness personality and coping between nursing and medical professionals." published in "Positive psychology: Recent trends and future implications"
2. "Socio demographic correlates on acute and chronic effects of cannabis on human cognition: A comparative outcome study" published in "International journal of advance research, ideas and innovations in technology"
3. Prevalence of anxiety and depression in patients with schizophrenia with vs. without alcohol abuse. (Paripex Indian journal of research)
4. Long term outcome of patients with schizophrenia: A review (International journal of all research education and scientific methods)
5. Police staff and mental health: barrier and recommendations for improving help- seeking. (International journal of science and research)

Conferences

1. (Central university of Haryana) "Domestic violence against women in Haryana and impact of psychological well-being".
2. (World conference on psychology) "Comparative study of role of treatment (nonpharmacology therapy) in sustained remission of symptoms and relapse in schizophrenia patients with ongoing treatment and without treatment".
3. (Addicon) "Digital teletherapy in addiction".
4. (Addicon) "sociodemographic correlates on long term effects of schizophrenia and cannabis on human cognition".