

**Dr. Shagufta Naaz Ansari**

Ph.D., M.Sc.

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Contact Number- 8130887011

## OBJECTIVE

Looking for an opportunity to secure a position where I can employ all my skills enthusiastically to achieve the goal of teaching and research with devotion and hard work.

## BASIC ACADEMIC CREDENTIALS

Qualification	Board/University	Year of Passing	Percentage
Ph.D.	Department of Anthropology, University of Delhi	2022	NA
M.Sc. Anthropology	Miranda House College, University of Delhi	2016	77.08%
B.Sc. Honors Zoology	Miranda House College, University of Delhi	2014	74.85%
12 <sup>th</sup>	Kendriya Vidyalaya No.1, Srinagar, Jammu & Kashmir	2011	80.4%
10 <sup>th</sup>	Kendriya Vidyalaya, Andrews Ganj, New Delhi	2009	82.6%



## PUBLICATIONS

1. Ansari, S. N., Yadav, S., Mondal, P. R., & Saraswathy, K. N. (2017). Methylenetetrahydrofolate reductase (MTHFR) C677T Polymorphism among the Dangis of Udaipur, Rajasthan, India. *Asian Man (The)-An International Journal*, 11(2), 164-168.
2. Ansari, S. N., Yadav, S., Mondal, P. R., & Saraswathy, K. N. (2017). Glucose-6-phosphate dehydrogenase (G6PD) deficiency among the Dangi population of district Udaipur, Rajasthan, India. *Indian Journal of Physical Anthropology and Human Genetics*, 36 (2), 229-233
3. Saraswathy, K. N., Ansari, S. N., Kaur, G., Joshi, P. C., & Chandel, S. (2019). Association of vitamin B12 mediated hyperhomocysteinemia with depression and anxiety disorder: A cross-sectional study among Bhil indigenous population of India. *Clinical Nutrition ESPEN*, 30, 199-203.
4. Sarswathy, K. N. & Ansari, S. N. (2021). Reaching the unreached: Evolving needs and a call for action in tribal heath. In Harshd P. Thakur, A.M Elizabeth, Kiran Rangari, J.P. Shivdasni & B.C. Patro (Eds), *Collaborative Governance for Sustainable Development of Health and Well- Being: Issues and Perspectives-* (pp. 247-266). New Delhi: National Institute of Health and Family Welfare.

## ACHIEVEMENTS

- i. I was Awarded **Academic Award 2016** for securing the highest cumulative marks in M.Sc. Anthropology in Miranda House College, University of Delhi.
- ii. I have secured the **First position** in the **Best Oral Presenter Award** on the topic "Spirituality and Mental Health: Food for thought – A study among Ramgarhia Sikh Community of Delhi" in the International Conference on "Anthropology of Food and Health", held on 27-29 February 2020, organized by Department of Anthropology, University of Delhi.
- iii. Qualified for the award of UGC-Junior Research Fellowship (July 2016).



## ORAL / POSTER PRESENTATIONS

- i. I have presented a book review of the book titled "An Introduction to Behavior Genetics written by Terence J. Bazzett" in the National Seminar on "Role of Anthropology and Forensic Science in National Development" on 24 - 25th March 2017, organized by Department of Anthropology, University of Delhi.
- ii. Also, I have given an oral presentation titled "Stress among Students of North East India: A review" in the National Seminar on "Environment, Sustainable Development and Future Perspective in Northeast India: Emic and Etic Dynamics" on 2-3 October 2017, organized by Department of Anthropology, University of Delhi.
- iii. I have given a poster presentation titled "Stress among students of India: A systematic review" in the "21st World Congress of Mental Health" held on 2nd – 5th November 2017, organized by World Federation of Mental Health (WFMH).
- iv. I have given an oral presentation titled "Emotional disorders among women of India: A review" in the National seminar on "Anthropology, Health and Development: Trends and Future Perspectives" on 20<sup>th</sup> -21<sup>st</sup> February 2018, organized by Department of Anthropology, University of Delhi.
- v. I have given an oral presentation titled "Association of vitamin B12, folate, Hyperhomocysteinemia and MTHFR C677T gene polymorphism with loneliness among Bhil of Rajasthan, India" in the National Seminar on "Relevance of Medical Anthropology and Tribal Health Care Systems in the Globalizing World" on 16<sup>th</sup> – 18<sup>th</sup> March 2018 jointly organized by School of Studies in Anthropology, Pt. Ravishankar Shukla University Raipur, Society of Indian Medical Anthropology, Mysore (SIMA), TRI-Raipur, IGRMS-Bhopal, AnSI-Kolkata.



- vi. I have given a poster presentation titled “Quality of Life: A cause or Consequence of Mental Disorders” in the 106<sup>th</sup> Indian Science Congress held at Lovely Professional University, Phagwara, Jalandhar on 3<sup>rd</sup> to 7<sup>th</sup> January 2019, organized by Indian Science Congress Association.
- vii. I have given an oral presentation titled “Tribal Communities and Mental Health - Key Challenges and Issues” in the National Seminar on “Health Policy Research: Current Scenario” on 15<sup>th</sup> March 2019, organized by Department of Anthropology, University of Delhi.
- viii. I have given an oral presentation titled “Spirituality and Mental health: Food for thought- A study among Ramgarhia Sikh Community of Delhi” in the International Conference on “Anthropology of Food and Health” on 27<sup>th</sup> -29<sup>th</sup> February 2020, organized by Department of Anthropology, University of Delhi.
- ix. I have given an oral presentation titled “Contribution of Anthropology to Global Mental Health: A SWOT Analysis” in the Webinar Conclave on “Recent Advances in Anthropological Research” on May 8<sup>th</sup> -9<sup>th</sup> 2020, organized by Department of Anthropology, University of Delhi.
- x. I have given a special lecture “Archery and Anthropometry” in the Webinar on “Archery” on 4<sup>th</sup> July 2021, jointly organized by Sports Authority of India NCOE Aurangabad and Maharashtra Archery Association.

## EXTRA CURRICULAR ACTIVITIES

- i) I have written two modules for ePG pathshala – an MHRD project under its National Mission on Education through ICT (NME- ICT)
- ii) I have also worked as an organizing member in the one day National Seminar on “Biological Diversity and adaptability in Different Eco Zones of India” held on 4<sup>th</sup> October 2017, organized by Department of Anthropology, University of Delhi.



- iii) I have worked as an organizing member in the National Seminar on “Environment, Sustainable Development and Future Perspective in Northeast India: Emic and Etic Dynamics” held on 2<sup>nd</sup> -3<sup>rd</sup> October 2017, organized by Department of Anthropology, University of Delhi.
- iv) I have acted as a rapporteur in the National Seminar on “Anthropology, Health and Development: Trends and Future Perspectives” on 20<sup>th</sup> -21<sup>st</sup> February 2018, organized by Department of Anthropology, University of Delhi.
- v) I have participated in the one day workshop on “Decoding SPSS” held on 21<sup>st</sup> March 2017 organized by Inspire Analytics Ltd. UK.
- vi) I have participated in the one day Seminar on “Fitness and Nutrition” held on 27<sup>th</sup> August 2017, organized Physical Education Foundation of India (PEFI).
- vii) I have participated in the National seminar on “Development and Sustainability: Habitat, Health and Happiness” held on 22<sup>nd</sup> -23<sup>rd</sup> March 2018, organized by Anthropological Survey of India, Government of India.
- viii) I have participated in the one day National seminar on “Ethics & Plagiarism in Research” on 27<sup>th</sup> September 2017, organized by Department of Anthropology, University of Delhi.
- ix) I have participated in the one day National seminar on “Biological Diversity and Adaptability across Different Eco Zones” held on 4<sup>th</sup> October 2017, organized by Department of Anthropology, University of Delhi.
- x) I have attended Mental Health Festival organized by Mental Health Foundation (India) in association with Department of Psychiatry, All India Institute of Medical Sciences, New Delhi on 10<sup>th</sup> October 2017 at AIIMS Delhi.
- xi) I have participated in the one day workshop on “How, What and Where to Publish Research Articles?” held on 5<sup>th</sup> June 2018, organized by Centre for Professional Development in Higher Education (CPDHE), University of Delhi.
- xii) I have attended mental health festival organized by Mental Health Foundation (India) in association with Department of Psychiatry, All India



Institute of Medical Sciences, New Delhi on 10<sup>th</sup> October 2018 at AIIMS Delhi.

- xiii) I have acted as a rapporteur in the webinar on “Mental Health and Well Being in the Post COVID world” on 20<sup>th</sup> July 2020, organized by Department of Anthropology, University of Delhi.
- xiv) I have participated in the webinar on “Forensics: An Important Need of the Society” on 23<sup>rd</sup> July 2020, organized by Department of Anthropology, University of Delhi.
- xv) I have acted as a rapporteur and coordinator in the workshop on “The Craft of Research Methodology: Advances and Applications” on 27<sup>th</sup> -29<sup>th</sup> July 2020, organized by Department of Anthropology, University of Delhi.
- xvi) I have participated in the National webinar on “Effective Presentation Skills” on 23<sup>rd</sup> August 2020, organized by Vivek P.G. Mahavidhyalaya, Kalwar Road, Jaipur.
- xvii) I have participated in the International webinar on “Gandhian Thoughts in Human Welfare” on 25<sup>th</sup> August 2020, organized by Department of Anthropology, University of Delhi.’
- xviii) I have participated in the webinar on “Strategies for Writing Good Research Article” on 30<sup>th</sup> August 2020, organized by Department of Anthropology, University of Delhi.
- xix) I am a Life member of Indian Science Congress Association.



## RESEARCH EXPERIENCE

- i) Fieldwork – Conducted two weeks fieldwork among Dangi community of Udaipur, Rajasthan during February 2016.
- ii) I have done an internship training on “Administration of Psychiatric Scales” held on 24<sup>th</sup> September 2019 to 10<sup>th</sup> October 2019 in the Department of Psychiatry, University College of Medical Sciences & Guru Teg Bahadur Hospital, Delhi.

## SHORT TERM COURSE

- i. I have done a Short term certificate course on “Breaking Barriers” on Skill Development held on 12<sup>th</sup> March 2012 to 16<sup>th</sup> April 2012 organized by Lok Bharti Education Society of National Skills Institute at Miranda House College, University of Delhi.

## IT PROFICIENCY

MICROSOTT OFFICE WORD, MICROSOFT OFFICE EXCEL, MICROSOFT OFFICE POWER POINT.

Softwares : SPSS, MAXQDA, POPGENE, PHYLIP, HAPLOPOP, DISPAN, LD.

## INTERPERSONAL SKILLS

Dedicated

Effective communication skills

Hard working

Commitment towards work

Eager to learn and gain knowledge

Ability to cope up with different situations.

Ability to quickly grasp new concepts

Team player

Knowledge of utilizing all the modern teaching aids



## PERSONAL DETAILS

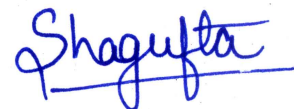
- ❖ Name :- Shagufta Naaz Ansari
- ❖ Father's Name :- Khalid Akhtar
- ❖ Date of Birth :- 12 August 1993
- ❖ Language Known :- English & Hindi
- ❖ Gender :- Female
- ❖ Nationality :- Indian
- ❖ Marital status :- Unmarried
- ❖ Interest & Hobbies :- Love cooking, playing badminton, henna designing, reading Quran

## DECLARATION

I do hereby declare that the above information is true to the best of my knowledge and nothing has been concealed and exaggerated.

**Date:** 25.02.2022

**Place:** Delhi



**Dr. Shagufta Naaz Ansari**

