**ASHA RANI**

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**OBJECTIVE**

To leverage my expertise in clinical and counseling psychology to provide empathetic care, effective therapeutic solutions and unwavering support to individuals facing emotional, interpersonal, and psychological challenges.

**EDUCATIONAL QUALIFICATION**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Degree Name** | **Board/ University** | **Institution** | **Year of**  **passing** | **Division** |
| M.Phil. (Clinical Psychology) | RCI Approved | Suresh Gyan Vihar University | 2024 | First Division |
| M.A Psychology | OPJS University | OPJS University | 2015 | First Division |
| B.A | Punjab University | Punjab University | 2010 | Second Division |
| XIIth | Punjab School Education  Board | PSEB | 2002 | First Division |
| Xth | Punjab School Education Board | PSEB | 2000 | Third Division |

**ADDITIONAL QUALIFICATION**

Induction Training for Staff of Addiction Treatment, Facilities on Management of Substance Use Disorders by NDDTC, AIIMS, New Delhi, August 22 - 26, 2022

**WORK EXPERIENCE**

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| --- | --- | --- | --- |
| **Centre** | **Post** | **Gov /Private** | **Duration** |
| Lady Harding Medical College and Hospital | Data Manager cum counselor (ATF), NDDTC, AIIMS | Government | 30 April 22 / 13 Jan 2023 |

**PUBLISHED PAPER**

Indian Journal of Ancient Medicine and Yoga Volume 15 Number 3, July - September 2022 Title ‘’Role of Yogic Intervention in the Treatment of Depression’’.

Indian Journal of Ancient Medicine and Yoga Volume 16 Number 1, January - March 2023, Title ‘’ Sociodemographic Profile of Patients of Major depressive Disorder Receiving Adjuvant yogic Intervention in a Tertiary Care Hospital’’.

**WORKSHOPS/CONFERENCE**

Participated 74th annual National Conference Indian Psychiatric Society Organized by IPS on 2nd to 5th February 2023.

Participated in National conference of’’ Society for Addiction Psychology’’ by NDDTC AIIMS on 10th to 11th March 2023.

**AREA OF STRENGTH**

Self – motivated, Calm and patience, Good listening skills, highly adaptable to changes in dynamic environment.

**Core Skills**

* Clinical Assessments
* Psychotherapeutic Techniques
* Research
* Treatment Planning
* Patient Engagement
* Multidisciplinary Collaboration

**TECHNICAL EXPERTISE**

Basic Microsoft Office, Internet and web-based applications and basic knowledge of software like SPSS.

**REFERNCES**

Dr. Dinesh Kataria

Director Professor

Lady Hardinge Medical Collage

Email Id- drdineshkataria@gmail.com

Contact no- 9868403522

Mr. Nandan Kumar Thakur

Head Department of Clinical Psychology in

Suresh Gyan Vihar University.

Email Id-nandan13rinpas@gmail.com

Contact no- 9113314960

**DECLARATION**

I hereby declare that the information furnished above us true to the best of my knowledge.