

## CONTACT



### SHIVI TYAGI - REHABILITATION PSYCHOLOGIST



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Shivalik Nagar, Haridwar Uttarakhand

## EXPERIENCE

23 Dec 2024 - 14 Feb  
2025

### Sports Department Uttarakhand

Sports Psychologist

Worked with athletes in 38th National Games Uttarakhand to improve their mental performance and well-being by addressing issues like anxiety, motivation, and focus, and by developing coping strategies for pressure and setbacks.

June 2021 - July  
2021

### Varanshi Changing Minds

Intern

Case history taking

Mental status examination

Psychometric testing

September 2022 -  
October 2022

### National institute for empowerment of persons with visual disability

Intern

Observed cases of mental illness

Report making of mental illness cases

## EDUCATION

Feb 2025

### National institute for empowerment of persons with visual disability

M.Phil Rehabilitation Psychology

62.5%

2022

### Doon University, Dehradun Uttarakhand

MA Clinical Psychology

73%

2020

### University of Patanjali

BA in Yoga Science

67%

## SKILLS

Psychotherapeutic skills

Multi tasking

Psychometric test administrator

Communication and interpersonal skills

Analytical decision making

Leadership quality

## LANGUAGES

English

## DISSERTATION

Hindi

### **M.Phil Rehabilitation Psychology**

Development of executive functioning focused assessment and intervention module on children with specific learning disability

### **MA Clinical Psychology**

Comparison between emotional intelligence and aggression among sports and non sports students in Doon University

## ABOUT ME

I am a RCI registered rehabilitation psychologist, dedicated to applying my academic knowledge and research experience to support individuals in overcoming psychological challenges. My strong foundation in psychological assessment, therapeutic interventions and evidence-based practices equips me to contribute effectively as a rehabilitation psychologist. I am eager to leverage my skills in a dynamic setting where I can assist individuals in achieving their personal and psychological goals with a passion for helping others and a commitment to continuous learning. I am ready to begin my professional journey as a dedicated and empathetic practitioner.

## CONFERENCES

### **National conference of the society of addiction psychology**

21-22 June 2024

Participated in the 3rd national annual conference of the society of addiction psychology: Breaking the chains- innovative approaches in addiction psychology.

### **National conference on suicide prevention**

10th September 2024

Participated in one day national Suicide prevention conference on theme of addressing student suicide in high pressure coaching centre; prevention and intervention.