

## Dr. Shruti Sharma

Email: shrutisharma1401@gmail.com Ph.: (M) +91 8447270440

Address: C-245, Sector 44, Noida, U.P.- 201301

An adept psychiatrist with knowledge of recent advances and new updates in the field of psychiatry, who is looking for a challenging position to utilize my skills and knowledge in an organized hospital or medical institute.

### STRENGTHS

- ♦ 3 years of experience in managing OPD and IPD patients at a tertiary care hospital in Greater Noida
- ♦ Highly accomplished at working with patients with Alcohol Use Disorder and Deaddiction
- ♦ In-depth knowledge and practical experience of using Electro-Convulsive Therapy
- ♦ Specialized in handling different age groups with psychiatric problems ranging from children to geriatric population
- ♦ Abundant clinical experience in managing psychiatric emergencies with oral medications, injectables and physical and chemical restraints
- ♦ Well versed with different fields of Consultation- Liason Psychiatry
- ♦ Good knowledge of managing Critical Care patients requiring psychiatric consultation
- ♦ Experienced in non- pharmacological management of psychiatric disorders
- ♦ Good communication skills in Psycho-educating patients and relatives
- ♦ Teaching and guiding Post Graduate students pursuing MD Psychiatry
- ♦ Experience and interest in imparting knowledge to undergraduates via lectures and seminars
- ♦ Experience in managing departmental work during NAAC, UGC and MCI inspections
- ♦ Active participation in mental health awareness programs in educational institutions and community
- ♦ Well versed with EEG techniques, Brain Imaging and basic computer operating system
- ♦ Good exposure in managing suicidal patient

### ACADEMIC QUALIFICATIONS

Degree	College/School	Board/University	Year of Passing	Result (%age)
MD (Psychiatry)	D.Y. Patil Medical College, Kolhapur, Maharashtra	D.Y. Patil University	2018	59 %
MBBS	JSS Medical College, Mysore, Karnataka	JSS University	2014	63 %
XII	Delhi Public School, Vasant Kunj, New Delhi	CBSE	2007	80.2 %
X	Delhi Public School, Vasant Kunj, New Delhi	CBSE	2005	91.8 %

## WORK EXPERIENCE

S.No.	Designation	Duration	Year	Institution
1.	Senior Resident	1 Year	July 2018 - July 2019	School of Medical Sciences and Research, Sharda Hospital, Sharda University, Greater Noida, U.P.
2.	Assistant Professor	4 Years	August 2019 - Till Date	School of Medical Sciences and Research, Sharda Hospital, Sharda University, Greater Noida, U.P.

## REGISTRATION AND MEMBERSHIP OF LEARNED/SCIENTIFIC SOCIETIES

Name of Council/Society	Registration Number
Delhi Medical Council	DMC/R/010470
U.P. Medical Council	86686
Indian Psychiatric Society	LOM/S31/16

## PUBLICATIONS

- ♦ **Case Study - Iatrogenic skin popper: Tramadol dependence in a patient with no previous substance history**  
Epub 21 January 2021  
Open Journal of Psychiatry and Allied Sciences
- ♦ **Psychiatric Comorbidity in Patients with Conversion Disorders**  
March 2018  
D.Y.Patil Annual Journal of University Research. Volume 8 (2018)
- ♦ **Article on Stress management**  
October 2017  
Mindvision, Mental Health Newsletter, Department of Psychiatry, D.Y.Patil Hospital and Research Institute, Kolhapur. Volume 1, Issue 1

## RESEARCH WORK

- ♦ **Dissertation: Psychiatric Comorbidity in Patients with conversion disorders.**  
2015-2017  
Presented poster in COURT 2015-16, Presented paper in COURT 2016-17 at D.Y. Patil University, Kolhapur

- ♦ **Individual Suggestibility, Perceived Locus of Control and Coping Strategies and their Impact on Perceived Validity of Horoscope Predictions in Doctors.**

2017

Co-author of paper presented in Annual Meet of Bombay Psychiatric Association, 17 April 2016

#### **INTERNSHIP EXPERIENCE**

- ♦ **Community Medicine posting in rural areas of Karnataka : 2013**
- ♦ **Internship at Deen Dayal Upadhyay Hospital, Uttam Nagar, New Delhi : 2013-2014**

#### **EXTRACURRICULAR ACTIVITIES**

- ♦ Confidant in public speaking and doing platform presentations
- ♦ An active participant in the University Post-Graduate Club with ample experience efficiently organizing and managing extracurricular activities, farewell, festive celebrations.
- ♦ Keen interest in movies and music

#### **PERSONAL VITAE**

<b>Date of Birth:</b>	15 <sup>th</sup> January 1989
<b>Linguistic Proficiency:</b>	English, Hindi and Marathi
<b>Marital Status:</b>	Married