

Punya Dev

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Profile Overview: Clinical Psychologist specializing in psychological assessments, treatment planning & the delivery of evidence-based interventions.

Skills

IQ Assessment	Psychodiagnostics Evaluation	Neuropsychological Assessment	Family Counselling
Cognitive Behaviour Therapy	Mindfulness- based Therapy	Dialectical Behaviour Therapy	Narrative Therapy

Educational Details:

Qualification	University/Board	Year of Passing	Result
M.Phil. Clinical Psychology (RCI Licensed)	SGT University	2023-2025	Ongoing
UGC - NET (Assistant Professor)	University Grants Commission (UGC)	2023	Qualified
M.A. Psychology	Banaras Hindu University	2020-2022	First Division (Distinction)
B.A. Psychology (Hons.)	Ambedkar University, Delhi	2017-2020	78.30%
Senior Secondary Education	CBSE	2017	92.50%
Secondary education	CBSE	2015	8.6 CGPA

Currently pursuing last semester of MPhil in Clinical Psychology: Experienced in delivering evidence-based therapies including CBT, DBT, and ERP, along with psycho-diagnostic assessments. Clinical interests include OCD, neurodevelopmental disorders, and personality disorders. Dedicated to integrating clinical care with academic research and training.

Internship Experience

Psychowellness Centre, Delhi (August, 2023): Clinical Psychology intern

Observed and engaged with children diagnosed with Autism Spectrum Disorder in clinical settings. Conducted psychometric assessments including the Children's Apperception Test (CAT) and Malin's Intelligence Scale for Indian Children (MISIC).

Indian Spinal Injuries Centre, Delhi (November, 2022): Clinical Psychology intern

Actively observed and interacted with spinal cord injury patients to assess psychological needs and support their emotional rehabilitation as part of clinical psychology training.

Emotion of Life (October to November, 2021): Clinical Psychology Intern

Observed, engaged, and assessed patients with Obsessive - Compulsive Disorder (OCD) through detailed case history taking, clinical interviews, and psychometric assessments. Created psychoeducational social media content focusing on various OCD.

You're Wonderful Project; (March to May, 2019): Core Team Member

Led a team of over 20 volunteers for the campaign, conducting workshops for emotional well-being in over 50 schools in Delhi. Applied training in mental health education to effectively deliver workshop content and manage campaign operations.

The Government of Delhi (May to June, 2018): Product Team Member

Contributed to the implementation of a pilot program on prevention of drug and substance abuse in schools. Engaged with children with substance dependence at a rehabilitation centre.

Seminars & Various Participation:

- Presented a paper "Impact of Excessive Screen time on Attention & Concentration in Early Childhood" at SGT University.
- Workshops on Trauma focussed therapy & applications, Clinical application of projective Techniques at SGT University.
- NPTEL course "Abnormal Psychology" by University of Hyderabad.
- NPTEL course "Consumer Psychology" by IIT, Guwahati.
- India's first Mental Health Festival organized by mental Health Foundation-India in association with All India Institute of Medical Sciences (AIIMS), New Delhi.
- University of Chicago, Delhi Centre workshops on "Using Groups to Support Recovery from Mental Illness and Addiction."
- National Awards for Outstanding Services in the field of Prevention of Alcoholism and Substance (Drug) Abuse.
- National Psychological Olympiads, 2015 & 2016.

Research Experience:

M.Phil. Dissertation: Impact of Cognitive Flexibility & Resilience on Illness Perception of patients with Spinal Cord Injury.

Scholarship:

Awarded the Academic Merit Scholarship in Bachelor of Arts in Psychology Programme in 2018-19.

Additional Details:

Date of Birth: 11 September 1999

Strengths: Strong communication skills, Confident and Good observation skills

Hobbies: Reading, Gardening and Traveling

Language Proficiency: English and Hindi

References

Available on request.

Declaration-

I declare that all the statements made are true, complete and correct to the best of my knowledge and belief.