



EDUCATION

M. Phil Clinical Psychology

ICFAI University Tripura

2023 - 2025

8.31

PG Diploma Professional Skills in Clinical and Counselling Psychology

Savitribai Phule Pune University

06/2021 - 06/2022

7.8 CGPA

MA (Clinical Psychology)

Cotton University, Guwahati

08/2019 - 08/2021

8.0 CGPA

BA (Psychology)

Handique Girls' College, Guwahati

08/2016 - 06/2019

7.1 (CGPA)

Senior Secondary (XII)

Army Public School, Shillong

06/2014 - 05/2016

79%

WORK EXPERIENCE

Psychologist (Full Time Job)

Dr. B Borooah Cancer Institute

06/2023 - 01/2024

Guwahati

Psychologist (Full Time Job)

Nirman Psychiatric Rehabilitation & De-addiction Centre

07/2022 - 05/2023

Pune

Mphil Clinical Psychology Trainee

Modern Psychiatric Hospital

2023 - 2025

Agartala

Internship (part of academic curriculum during PGD)

Deenanath Mangeshkar Hospital & Research Center

05/2022 - 05/2022

Pune

Internship

Workplace/Company Assam Pradeshik Mahila Samiti Assam State Social Welfare Board (Assam Pradeshik Mahila Samiti)

06/2018 - 06/2018

Guwahati

SKILLS

Good Communication Skills

Psychological Assessment

Psychotherapy

Empathy and Sympathy

Interpersonal Skills

Time Management

PERSONAL PROJECTS

M.Phil Dissertation Title: Impulse Control, Executive Functioning and Quality of Life among Alcohol Dependent and Non-Dependent Young Adults - A comparative study

University Dissertation Title: College student's experience of online learning in Shillong during Covid-19- A qualitative study

Graduation Project Title- Parenting style of both working and non-working parents of both male and female

CERTIFICATES

Mind Company (2025)

Family Therapy

Clinical Psychology Society of India (2025)

DBT for Borderline Personality Disorder

Tripsycon 25th Annual Conference (2024)

Indian Psychiatric Society, Tripura State Branch

College Students Union Body (2017 - 2018)

Workshop on Debate and Mock Parliament (2017)

13th Meritorious Award for students. (2016)

LANGUAGES

English

Full Professional Proficiency

Hindi

Full Professional Proficiency

INTERESTS

Reading

Travelling

Cooking

Gardening