

Dr.Rohit Walwaikar, MBBS,MD,DNB.

Registered with Goa State Medical Council.

DOB: 26th April 1993

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Summary and Highlights

Consultant Psychiatrist with 2 years of experience.

Member of World Psychiatric Association and World Health Organisation.

Founding member of Global Psychiatric Association.

Currently, Assistant Professor in Psychiatry with teaching experience in Medical UG, Psychiatry PG, UG Nursing, PG Psychiatric Nursing, Psychiatric Social Work and Bachelor of Occupational Therapy.



Work History

Assistant Professor in Department of Psychiatry at Sindhudurg Shikshan Prasarak Mandal Medical College (SSPM) & Lifetime Hospital, Sindhudurg, Maharashtra. - June 2023 - present.

SSPM Medical College & Lifetime Hospital is affiliated to Maharashtra University of Health Sciences, Nashik, Maharashtra, India.

Performed my duties as Assistant Professor in Department of Psychiatry in SSPM Medical College.

- Conducted teaching program, seminars, bedside clinical case based sessions.
- Supervised students in the clinical postings and bedside skills.
- Assessed interview skills and clinical assessment skills in bedside clinical sessions.
- Formulated assessment questions for periodic academic evaluations in Psychiatry.
- Evaluated students, in the capacity of supervisor/invigator in theory and practical examinations.
- Conducted outpatient and inpatient consultations for mental health disorders and psychological concerns.

Consultant Psychiatrist for Allo Health, Bangalore- December 2022 to May 2023.

Allo Health is a fully digital sexual wellness clinic, providing online therapy sessions and treatment plans for a wide range of sexual disorders in men and women.

- Provided high-quality compassionate medical care to patients seeking sexual health services via tele-consultation and in person consultation.
- Conducted office-based training sessions for new recruits.
- Collaborated with a team of healthcare professionals to provide holistic and comprehensive care to patients.
- Devised and enhanced current treatment protocols to the best standards of practice guidelines
- Contributed in program design and clinical content creation.
- Vetted medical and scientific articles from the content team to be published online as patient information booklets and web blogs, with my expert medical knowledge.
- Performed therapy sessions for patients with sexual health disorders.

Senior Resident and teaching faculty at Institute of Psychiatry and Human Behaviour, Bambolim from September 2021- October 2022

- Conducted outpatient consultations for mental health disorders and psychological concerns.
- Managed inpatients admitted in clinical wards and conducted clinical rounds in inpatient units.
- Supervised postgraduate students in curriculum guidance, transfer of knowledge and care skills.
- Identified, mitigated and treated drug side effects in the course of treatment.
- Performed emergency duties in Emergency Department, managed with rapid tranquilisation and other emergent treatment modalities.
- Conducted seminars for the undergraduate students of MBBS, BSc Nursing, Bachelors of Occupational therapy & postgraduate students of MD Psychiatry, Diploma in Psychological Medicine, Post basic diploma in Psychiatric Nursing and Masters of Philosophy in Psychiatric Social Work.
- Supervised postgraduate students of MD Psychiatry and Diploma in Psychological Medicine PG training programs.
- Admitted patients as a psychiatrist in accordance with provisions under Mental HealthCare Act of 2017.
- Attended Mental Health Review Board meetings at the institute for discussion of patients under my care.
- Conducted and co-authored qualitative research on the implications and experiences of psychiatrists working under MHCA 2017.
- Delivered public awareness talks at community health centres to raise awareness about mental health.
- Conducted psychological camps at multiple locations to ensure doorstep delivery of psychological services.

Junior Resident at Institute of Psychiatry and Human Behaviour, Bambolim from May 2018- July 2021

- Conducted outpatient consultations under supervision of teaching faculty, senior residents and consultants, for mental health disorders and psychological concerns.
- Managed inpatients admitted in clinical wards under supervision.
- Prescribed and administered psychotropic medications under supervision.
- Administered psychometric scales and tests on patients with psychological disorders under supervision.
- Observed and administered psychological therapies and brief interventions.
- Evaluated and presented clinical cases at clinical rounds in inpatient units and postgraduate training sessions under supervision of teaching faculties.
- Completed clinical posting at Department of Clinical Psychology at Institute of Psychiatry and Human Behaviour, Bambolim.
- Completed clinical rotations in departments of Neurology at Goa Medical College and Hospitals, Bambolim for a period of 1 month.
- Completed clinical posting at Pediatric Neurological Rehabilitation centre Goa Medical College and Hospitals, Bambolim for a period of 1 month.
- Completed clinical posting at Anti Retroviral Centre, Department of Internal Medicine at Goa Medical College and Hospitals, Bambolim for a period of 1 month.
- Completed Community Psychiatry postings at Multiple community health centres, correctional settings, long stay homes across the state of Goa eg. Rural health and training centre Mandur, Urban Health Centre St. Cruz, Provedoria Portuguesa, Central Jail Colvale and Apna Ghar Mercês.
- Conducted Research in the field of Coping styles, social support, strain in spouses of Alcohol users

Clinical Investigator at Vergo Clinicals, Clinical Research division of Vergo Pharma Research Private Limited from January 2018 - April 2018.

- Supervised clinical trials with Investigational Products under consideration.
- Conducted medical examinations of volunteers enrolled for clinical trials at check-in, dosing, post dosing checkpoints and check-out, as prescribed in Trial Document.
- Supervised bioequivalence and bioavailability studies on site.

Junior Resident, Department of Cardiology, Goa Medical College from December 2016 to February 2017.

- Conducted outpatient consultations under supervision of Head of the Department at the super specialty OPD.
- Observed Catheterisation laboratory procedures such as percutaneous coronary angioplasty, pericardiocentesis, permanent pacemaker implantation etc.
- Managed patients with acute cardiac ischemia, sick sinus syndrome at inpatient unit.

One year internship with clinical rotations at Goa Medical College and Hospital, Bambolim-Goa.

- Completed clinical rotations in the departments of Internal Medicine, General Surgery, Obstetrics and Gynaecology, Paediatrics, Forensic Medicine; with postings in coronary care unit, intermediate critical care unit, endocrinology department, accident and emergency section, pediatric ICU, neonatal ICU, Medical-Surgical ICU, Department of Pulmonology, Community postings in Rural Health and Training Centre etc.



Education

- M.B.B.S from Goa Medical College and Hospital, Goa University- 2016.
- MD Psychiatry from Institute of Psychiatry and Human Behaviour, Bambolim in 2021.
- DNB Psychiatry conferred by National Board of Examination in Medical Sciences (NBEMS) in 2022.



Accomplishments

- Bagged a bursary from International Marcé Society for Perinatal Mental health, one of the 20 candidates from Asia to be selected for bursary. Bursary entailed free membership at Marcé Society for 1 year and free virtual attendance at the annual conference.
- Participated with a poster titled “Combating Conflict among postgraduate Resident Doctors amidst COVID19 Pandemic” in 20th WPA World Congress Of Psychiatry, Virtual Congress in March 2020.
- Bagged Third position at the quiz at the same conference.
- Presented a dissertation titled, “Coping, Strain and Social Support in Spouses of Alcohol Using Men” in partial fulfillment of requirements for MD Psychiatry Course from Goa University.
- Participated and won State level Debate Competition at Psychiatric Society of Goa Conference titled, “Technology and Mental Health”
- Well trained in Psychiatry, Psychology, Neuropsychiatry. Worked in the capacity of Senior Resident Doctor Actg due to exigency in the department for a period of 8 months from January 2020 till , within the tenure of Junior Residency
- Participation in CMEs on various topics in Internal Medicine, Pulmonary Medicine, Sleep Medicine at state, national level. Attended various webinars in Neurology and

Psychiatry from Indian Psychiatric Society, Indian Federation of Neurology in association with World Federation of Neurology, and World Psychiatry Association.

Study participations

- Participated through International Association for Suicide Prevention in developing a Delphi study by The Academic Advisory Group of the Scottish Government's National Suicide Prevention Leadership Group. (Pending analysis and publication). It aimed to produce an expert consensus statement and international guidelines on intervention measures to prevent suicide.

Board certifications

- Registered with Goa State Medical Council as a Registered Medical Practitioner, licensed to practice medicine in India.
- Registered as Healthcare Professional under National Health Authority (NHA) under Ministry of Health and Family Welfare (MoHFW).

Memberships and Affiliations

- 1) Member of World Psychiatry Association's Early Career Psychiatrist section (WPA ECP) from March 2022 onwards.
- 2) Member of WHO Good Clinical Practice Network GCPN From October 2021.
(<http://www.globalclinicalpractice.net/en/>)
- 3) Member of World Network of Psychiatric Trainees.
- 4) Member in American Psychiatric Association online Community, "Digital Health Community of Practice".
APA ID -576109
- 5) Member of Psychiatric Society of Goa from 2018.
(<https://psychiatricsocietygoa.org/>)
- 6) Member of Australian and New Zealand Mental Health Association.
(<https://anzmh.asn.au/>)
- 7) Member of International Marcé Society for Perinatal Mental Health. ID-5043816
- 8) Member of Academy of Consultation Liaison Psychiatry (<https://www.clpsychiatry.org/>)

- 9) Member of Society of Behavioral Medicine. (#41103) (<https://www.sbm.org/>)
- 10) Member of Interventional Behavioral Trials Network. (IBTN)
(<https://www.ibtnetwork.org/>)
- 11) Member of “Mental Health and Psychosocial support network”
(<https://www.mhpss.net>)
- 12) Member of Early Career Network of International Psychogeriatric Association. Member of International Psychogeriatric Association. (<https://www.ipa-online.org/>).
- 13) Postdoctoral Member of ISTAART Professional Society. (www.alz.org>istaart)
- 14) Member of Boston Psychoanalytic Society and Institute. (<https://members.bpsi.org>)
- 15) Member of International Youth Neuroscience Association. (<https://youthneuro.org/>)
- 16) Member of International Parkinson and Movement Disorder Society. (IPMDS)
(<https://www.movementdisorders.org>)
- 17) Member of Psychiatric Society of Goa from 2018.
(<https://psychiatricsocietygoa.org/>)
- 18) Member of "Global Mental Health Action Network" (<https://gmhan.org/>)
- 19) Member of International Society of Substance Use Professionals. (ISSUP)
(<https://www.issup.net/>)

Tutorship roles

- 1) Tutorship for undergraduate (MBBS) and postgraduate students in Psychiatry (M.D, D.P.N).
- 2) Tutor for Bachelor in Occupational Therapy (B.O.T) students.
- 3) Tutor for Bachelor of Science in Nursing (B.S.N) students.
- 4) Tutor for Post Basic Diploma in Psychiatric Nursing (DPN) students.
- 5) Tutor for Masters in Philosophy, Psychiatric Social Work (M.Phil PSW) students.

Certifications

- Completed training in "Human Research Protection Training" by Office for Human Research Protection, Department of Health and Human Services, National Institute of Health, United States. February 2022.
- Completed “Online training program in Research in Mental Health and Non-Communicable Diseases” from NIMHANS Department of Psychiatry. This training program was carried out under Project IMPACT. (impactprojectnimhans.in) February 2022
- Training course on ICD11 guidelines for mental behavioral and neurodevelopmental disorder through WHO GCPN.

Organisational Roles and Responsibilities

- Founding member of Global Psychiatric Association.
(www.globalpsychiatricassociation.com)
- Organising Committee Member (OCM) of 6th World Congress of Psychiatry and Mental Health Nursing, Paris 2022.

Volunteering roles

- Volunteered to review Abstracts at the annual conference of Academy of Consultation Liaison Psychiatry, " CLP'22 "
- Peer reviewer at Manuscript Central.