

ADITI PANT

+918287599215

aditipant.18nov@gmail.com

[linkedin.com/in/aditi-pant-36334a338](https://www.linkedin.com/in/aditi-pant-36334a338)



PROFILE

I aspire to make a meaningful impact in the field of Clinical and Counselling Psychology.

A natural orator and a born leader, I possess exceptional communication skills and a keen ability to connect with others. Beyond my psychological expertise, I am also an accomplished artist, proficient in dance, dramatics, and oratory skills.

My significant exposure and experience in Model United Nations (MUNs) and Youth Parliaments demonstrate my enthusiasm for engaging in diverse perspectives and advocating for change. With a solid foundation in psychopathology and psychometric assessments, I continuously strive to expand my knowledge and skills, making myself a valuable asset in the realm of mental health and well-being.

EDUCATION

M.Sc. CLINICAL PSYCHOLOGY [2023-2025]

CHRIST (DEEMED TO BE UNIVERSITY), DELHI NCR

I pursued a Master's degree in Clinical Psychology to further expand my knowledge and expertise in the field. Through this rigorous academic program with a GPA of 3.38, I gained valuable insights into the complexities of clinical psychopathology and psychometric testing.

BA. (HONS) PSYCHOLOGY [2020-2023]

SHARDA UNIVERSITY, GREATER NOIDA

I pursued my passion for understanding the human mind and behavior by earning a "Bachelor's degree in Psychology" with a commendable CGPA of 8.93. Throughout my academic journey, I delved into a wide array of psychological theories, methodologies, and practical applications.

Intermediate [2019-2020][CBSE Board]

CAMBRIDGE SCHOOL, GREATER NOIDA

I successfully completed my schooling with a remarkable percentage of 88.7%. I demonstrated a strong commitment to learning, achieving consistent academic excellence, and developing a deep understanding of human behavior, social systems, historical events, and economic principles.

High School [2017-2018] [CBSE Board]

CAMBRIDGE SCHOOL, GREATER NOIDA

I successfully completed my high school education with an outstanding achievement of 80%.

Throughout my high school journey, I dedicated myself to academic excellence, Extra Curricular activities and embracing challenges with determination and perseverance.

WORK EXPERIENCE

OURSOUHS [EMPATHETIC LISTENER]

Currently providing freelance services to a mental health startup as an empathetic listener on contractual basis with flexible hours.

MELA HOSPITAL, HARIDWAR [INTERN]

[5th May- 31st May, 2025]

Eliciting Case histories and conducting mental status examinations, diagnosis of mental disorders and facilitation of psycho-education for various psychological disorders. Working in collaboration with a Senior Psychiatrist.

MMG DISTRICT HOSPITAL, GHAZIABAD [INTERN]

[20th January-9th April, 2025]

Taking detailed Case histories and conducting mental status examinations, diagnosis of mental disorders and facilitation of psycho-education for various psychological disorders. A deeper understanding of government setup and procedures relating to issuing and authorizing Disability certificates in India.

MOOLCHAND HOSPITAL, DELHI [INTERN]

[23rd August- 30th October, 2024]

Taking detailed Case histories and psychological assessments, conducting mental status examinations, diagnosis of mental disorders, presented case studies through group discussions, application of theoretical knowledge to come up with intervention strategies, and facilitation of psycho-education for various psychological disorders. A deeper understanding of occupational Therapy was an added experience.

SKILLS

- Good oratory Skills (Hindi and English)
- Leadership Qualities
- Effective Communication Skills
- Problem Solving Skills
- Creative Thinking
- Analytical and Critical Thinking
- Emotional Intelligence
- Writing Skills
- Active Listening Skills
- Ethical Awareness
- Team working and Adaptability
- Discipline and Perseverance
- Confidence and Charisma

HOBBIES

Dance

Dramatics

Reading & Journaling

8 ball Pool& Basketball

SHARDA HOSPITAL, GREATER NOIDA [INTERN]

[13th May – 12th June, 24]

While interning at Sharda, my roles and responsibilities included observing and learning therapeutic sessions, team meetings, acquiring skills in case histories and psychological assessments, and documenting patient progress notes. Engaging with patients, participating in follow-up sessions, attending educational activities, adhering to ethical standards, and reflecting on experiences for personal and professional development were also part of my responsibilities.

KHALSA HELP INTERNATIONAL [INTERN]

[5th August- 11th November,24]

Interned with the Khalsa Help International's various schemes i.e 'pregno-care, Cancer support Unit, General OPD, and Eye care Unit', to assist the impoverished and disadvantaged who experience delays at public hospitals.

LEAP OF LOVE [VOLUNTEER]

[20thAug 22 – 12th Nov 22]

The 10-week volunteer ship included active Contribution towards the project "Real eyes". Important topics like Emotional Abuse, Self- Care, Sleep Cycle disturbances, Parenting Styles, Relationship Styles and various other Mental Health related issues. These were not only discussed in detail but an awareness drive was also conducted by the volunteers.

WORLD BRAIN CENTRE HOSPITAL, NEW DELHI [INTERN]

[29thJun 22 – 12th Aug 22]

As a part of the training Case Histories, Mental Status Examinations and various Psychometric Assessments were administered on OPD and IPD patients. IPD patients were thoroughly observed each day and multiple activities were conducted for their cognitive wellbeing.

FORTIS HOSPITAL, NOIDA [INTERN]

[10thJun 19 – 15th Jun 19]

The internship program included a series of academic classes introducing students to clinical disorders, psychotherapy, and techniques of psychological interviewing. It provided experiential learning opportunities aimed at fostering self-understanding. Additionally, the program introduced the intern to various specialized fields within psychology, such as sports psychology, psycho-oncology, organizational psychology, and art therapy. The completion of the internship involved the submission of a project.