

SONALI MAGO

CLINICAL PSYCHOLOGIST



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ABOUT ME

Emphathetic and results-oriented Clinical Psychologist with over **3000 hours of supervised clinical experience** across inpatient, rehabilitation and outpatient settings. Proven track record in conducting over **150 comprehensive psychological assessments**, over **100 IQ assessments** and delivering evidence-based therapy to clients with **depression, anxiety, OCD, schizophernia and trauma**. Strong background in multidisciplinary casework and outcome focussed interventions. Committed to empowering clients towards measurable emotional and functional recovery through ethical and inclusive care.

CORE COMPETENCIES

- Diagnostic Formulation & Clinical Decision Making
- CBT, DBT, ERP, ACT, CDT
- Psychological Testing & Interpretation
- Case Reporting & Documentation
- Ethical Practice & Risk Management
- Psychoeducation & relapse prevention

TECHNICAL SKILLS

- **Assessment**
Tools-Rorschach, TAT, WAIS, MCMI, BDI, WISC, VSMS, Nimhans Neuropsychological battery, PGI-BBD, IPDE, RPM, BKT, Neo-PI-R, SLD, MMSE, MISC
- **Softwares**-SPSS, JAMOV, Microsoft office
- **Languages**- English (Fluent), Hindi (Fluent), Punjabi (Conversational)

CLINICAL EXPERIENCE

- Delivered over **1200+ hours** of individual psychotherapy under RCI-Licensed supervision with measurable client improvement across sessions
- Conducted **150+ Psychological assessments** using tools such as Rorschach, TAT, WAIS, MCMI, BDI, WISC, VSMS, Nimhans Neuropsychological battery, PGI-BBD, IPDE, RPM, BKT, Neo-PI-R, SLD - with diagnostic accuracy reflected in multidisciplinary consensus
- Designed and implemented **goal oriented treatment plans** for clients with complex comorbidities resulting in enhanced compliance and reduced symptom severity.
- Presented **case conferences, journal clubs and seminars** improving team diagnostic clarity and collaborative care strategies.
- Led **psychoeducation sessions for caregivers**, increasing treatment adherence in long term psychiatric cases.
- Led High risk management therapy sessions

PSYCHOLOGY INTERNSHIP

Mindtribe & Cogniable | Remote & Delhi | 2020

- **MindTribe**-Worked as a Counselling Psycholigist conducting therapy sessions for clients with diverse backgrounds.
- **CogniAble**-Annotating videos of children's play and social interactions to support behavioral analysis to develop an AI tool for early detection of autism spectrum behaviors.

EDUCATION

- **M.Phil Clinical Psychology**
Govt. Medical College and Hospital, Chandigarh | 2022-2024 (*Ended in Jan'25*)
Thesis- Efficacy of paper pencil based cognitive retraining in severe mental illness
- **M.A. Hons. Applied Psychology**
Jamia Millia Islamia, New Delhi | 2019-2021
Dissertation-Social media usage, self esteem and loneliness in adults
- **B.A. Hons. Psychology**
Kamla Nehru College, Delhi University | 2016-2019
- **High School (Psychology Specialization)**
Ambience Public School, New Delhi | 2015-2016