

K. Pallavi

Clinical Psychologist

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Clinical Psychologist with supervised experience in providing compassionate care to adult and child populations in psychological assessment, intervention, and research domains. Proficient in assessing and understanding a wide variety of clinical and sub-clinical psychological concerns, offering personalised evidence-based treatments that cater to the unique needs of each individual. Education encompasses studies at renowned institutions like NIMHANS (Bengaluru), TISS, and Delhi University and fostering a comprehensive understanding and in-depth knowledge of Mental Health through hands-on experience, internships, workshops, and conferences.



Skills

- Psychological Assessment
- Psychological Interventions
- Clinical Research



Work History

Aug 2021 - Current **Clinical Psychology Trainee**

National Institute of Mental Health & Neuro Sciences (NIMHANS), Bengaluru

- Extensive training in assessing and understanding mental disorders in adults, children, and adolescents, considering the individual and family context for psychological management
- Proficient in conducting and reporting psychological assessments
- Skills in providing psychological interventions
- Experience in conducting clinical research on neuropsychology and music cognition in neurological disorders

May 2021 - Jul 2021 **Research Associate**

Indian Institute of Technology, Hyderabad, Hyderabad

- Working with qualitative data using Thematic Analysis
- Managing correspondence for the project

Nov 2019 - Jul 2020 **Clinical Psychology Trainee**

Institute of Mental Health & Hospital (IMHH), Agra

- Training experience in understanding and assessing wide range of mental disorders in adult population
- Psychological assessment and intervention



Education

Aug 2021 - M.Phil. Clinical Psychology

Current *NIMHANS - Bengaluru*

Jun 2017 - M A. Counselling Psychology

Apr 2019 *Tata Institute of Social Sciences - Chennai*

Jul 2014 - B.A (Hons) Psychology

May 2017 *Delhi University*



Languages

English

Hindi



Certifications

Jun 2019 UGC- National Eligibility Test - University Grants Commission (UGC)

Sep 2019 Transactional Analysis 101

Apr 2017 Hindustani Classical Vocal- Visharad Pratham

May 2017 Inter-College Athletics (Triple Jump)