

Dr. Hirdeshvar Kataria

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Personal Particulars

DOB- 06-05-1995

Language- Hindi, English, Punjabi

Permanent Address- B-429, Street No. 3, Basti Hazoor Singh,
Fazilka, Punjab-152123

Career Objective

A dedicated and compassionate psychiatrist committed to providing evidence-based mental health care, focusing on accurate diagnosis, effective treatment, and holistic rehabilitation. Passionate about improving patient well-being through psychotherapy, pharmacological interventions, and neuromodulation techniques.

Education

- MD Psychiatry – Shri Ram Murti Smarak Institute of Medical Sciences, Bareilly under Atal Bihari Vajpayee Medical University – Lucknow (2025)
- MBBS – Maharashtra University of Health Sciences (2019)

Professional Experience

Internship

- Dr. Vasant Rao Pawar Medical College, Hospital & Research Centre (2019-2020)

Key Skills

- ☑ Diagnosing & Treating Mental Illnesses
- ☑ Deaddiction Management
- ☑ Psychotherapy & Counseling
- ☑ Neuromodulatory Techniques (mECT, rTMS)
- ☑ Ketamine therapy

Research & Publications

- Research: Factors contributing to relapse and delay in seeking treatment after relapse in patients with alcohol dependence syndrome.
- Publications: Atypical presentation of mania in 9.5 years old child. International Journal of Contemporary Medical Research 2022;9(12):L1-L2.

Academic & Professional Achievements

- Passed MD PSYCHIATRY from ABVMU Lucknow with 70.12% overall, securing 76% in Psychiatric Specialties theory examination.
- Presented Paper at World Psychiatric Association Regional Congress Conference 2023 – Atypical Case of Charles Bonnet Syndrome in a 22 years old female.
- Presented Poster at World Psychiatric Association Regional Congress Conference 2023 – A case of catatonic schizophrenia with psychological pillow in 34 years old male patient.
- Participated in 75th Annual National Conference of Indian Psychiatric Society 2024 – ANCIPS 2024.