Mona Bhati

Postgraduate in Clinical Psychology

CN-90, Harinagar, Jaitpur Road, Badarpur, New Delhi

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# EDUCATION

**Ph.D. Psychology (Pursuing)**

2024 – Present

Institution: Lingaya’s Vidyapeeth, Faridabad

**M.A. Clinical Psychology**

Amity University, Amity Institute of Psychology and Allied Sciences

2020 – 2022

**B.A. Applied Psychology**

Manav Rachna International Institute of Research and Studies

2017 – 2020

**12th Grade (CBSE)**

Eicher School, Sector 46, Faridabad

2016 – 2017

**10th Grade (CBSE)**

Eicher School, Sector 46, Faridabad

2014 – 2015

# PROFESSIONAL EXPERIENCE

**School Counsellor**

*Real View Public School, Delhi*

October 2023 – Present

* - Providing psychological support and counseling to school students
* - Conducting group and individual therapy sessions
* - Collaborating with teachers and parents for student well-being

**Trainee Psychologist**

*Psychowellness Center, Janakpuri, New Delhi*

Ongoing

* - Conducting individual therapy sessions for clients with ADHD, SLD, and neurodevelopmental disorders
* - Administering psychometric assessments: TAT, BDI, HAM-A, SCT, OCI, MISIC, ISSIA, ADHD Matrix, Academic Assessments
* - Assisting in case history documentation, treatment planning, and report writing

# CLINICAL INTERNSHIPS

**Psychowellness Center**

May 2022 – August 2022

* - Supervised by Dr. R.K. Suri
* - Conducted objective and semi-projective tests (EPQ, SCT, SCL-90, OCD, Career Assessments)
* - Participated in peer reviews, case discussions, and blog writing for TalkToAngel

**WE AVEC U NGO**

February 2021 – March 2021

* - Delivered psychoeducation and conducted assessments for children
* - Supported daily living skills and created psychological reports

**QRG Hospital**

February 2020 – October 2020

* - Supervised by Dr. Jaya Sukul
* - Observed therapy sessions and contributed to research work
* - Assisted in psychometric testing and case documentation

**Medanta – The Medicity**

May 2019 – June 2019

* - Supervised by Dr. Natasha Khuller
* - Performed MSEs and administered psychometric tests (BDI, BAI)
* - Observed cases of depression, personality, and neurodevelopmental disorders

# SKILLS & TOOLS

* Psychometric Assessments: BDI, HAM-A, TAT, SCT, SCL-90, MISIC, OCI, ISSIA
* Clinical observation, case history, and mental state examination (MSE)
* Report writing and documentation
* Psychoeducation and counseling
* Content writing for mental health platforms

# CERTIFICATIONS

* Certificate in Behavioral Sciences – Amity University
* Spanish Language Course – Amity University

# CO-CURRICULAR

* Research Paper: “Influence of Gender Roles on Likelihood of Stalking Victimization” (May 2022)
* Participant, EMIP Eicher Model Indian Parliament

# PERSONAL DETAILS

Date of Birth: 12 March 1998

Languages: English, Hindi, Basic Spanish