

CURRICULUM VITAE

Huda Naaz

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EDUCATION

2021 M. Phil. In Clinical Psychology

Institute of Human Behaviour and Allied Sciences

Department of Medical Sciences

University of Delhi

Honors Thesis: *Dysfunctional thoughts about caregiving and Familism among Caregivers of Mentally Ill.*

Supervisor: *Professor Dr. Naveen Grover*

Obtained Marks: 761

Maximum Marks: 1200

2017 M.A. in Applied Psychology

Jamia Millia Islamia, Delhi

Honors Thesis: *Multidimensionality of Peer Pressure, Emotional Autonomy & General Health among Adolescents*

Supervisor: *Professor Dr. Sushma Suri*

CGPA: 8.53

2015 B.A. (Hons.) Psychology

Jamia Millia Islamia, Delhi

CGPA: 9.6

LICENSURE AND MEMBERSHIP

Licensed Clinical Psychologist

Rehabilitation Council of India

CRR Number: A81781

AWARDS & SCHOLARSHIPS

2017 Qualified UGC National Eligibility Test (NET) for Assistant Professor (Lectureship)

2012-2015 Received Merit Scholarship for being an outstanding student in Psychology

2015 Awarded Gold Medal on Convocation Day

2015 Certificate of Regularity and Good Conduct

TEACHING EXPERIENCE

Assistant Professor (Guest Lecturer)

Department of Psychology
University of Delhi
December, 2021- August, 2022

Responsibilities:

I taught Postgraduate students of Psychology papers pertaining to Clinical Psychology, Stress and Health and Core papers of Advanced Social Psychology. I also have key responsibilities towards supervising the design and conduction of practical aspects of the above-mentioned papers.

PROFESSIONAL EXPERIENCE

Clinical Psychologist

Division of Trauma Surgery & Critical Care, JPNATC,
All India Institute of Medical Sciences, New Delhi
August, 2022 – March, 2023

Responsibilities:

I was working in Department of Trauma Surgery and Critical Care under Professor Sushma Sagar and Professor Rajesh Sagar. My specific responsibilities include psychological evaluation of patients inflicted with traumatic injuries, providing psychotherapy and organising supportive group therapy sessions with patients and their immediate family members.

Consultant Clinical Psychologist

Azygos Health Care
Bhogal, Delhi, 110014
January, 2022-August, 2022

Responsibilities:

My specific responsibilities include psychological evaluation of patients, doing psychological assessments, and providing psychotherapy to patients.

Clinical Psychologist Trainee

Institute of Human Behaviour and Allied Sciences
Department of Medical Sciences, University of Delhi
October 2019-December 2021

Responsibilities:

I conducted clinical interviews and detailed workups in the in-patient and out-patient department of the hospital. I administered various neuropsychological and psychological assessments, made reports for medico legal purpose under supervision, provided psychological intervention in the form of psychotherapy, counselling and guidance. I worked with the Crisis Intervention Unit of the Hospital designated for mental health services during COVID19. I also worked with Sakhi One stop Centre for Women & provided support to the survivors of abuse. I had been part of multidisciplinary team in the development of treatment plans for individual patients.

Assistant Psychologist

Unique Psychological Services,
New Friends Colony
October, 2018 – September, 2019

Responsibilities:

I was involved in teaching and developing reading material for children with Specific Learning Disability. I conducted various mental health awareness campaigns and workshops in different schools. I taught graduate students aspiring for master's in psychology. I developed reading material for UGC NET Psychology Entrance Exam. I was also involved in writing blogs on sexuality, mental health disorders, etc.

Intern

VIMHANS

July, 2016- August 2016

Responsibilities:

I was involved in observing therapy sessions and taking case histories. I was involved in actively discussing and understanding the course of treatment with doctors and other care staff.

Intern

Fortis Escort

February 2015 – March 2015

Responsibilities:

I assisted in organizing patient data and took case histories. I was trained in administration of psycho-diagnostic test batteries, scales and inventories.

PROFESSIONAL DEVELOPMENT

- Presented poster titled “Evaluation of need for psychological care at Level I Trauma Centre” at Trauma 2022 conference in Association with Asian Trauma Congress 2022 & Region XVI ATLS Asian Pacific Annual Meeting 2022 (18th to 20th November, 2022)
- Single Case Discussions in Psychotherapy” online seminar organised by Department of Clinical Psychology, IHBAS (9-10 March, 2022)
- Workshop on “NIMHANS SLD Battery – Introduction, Administration, Scoring and Interpretation” organised by Tamil Nadu Association of Clinical Psychologists, Chennai, Tamil Nadu (17 July, 2021)
- “Online training of psychologists for providing brief and basic telephonic psychological support in the context of COVID-19” conducted by Department of Clinical Psychology, NIMHANS, (April, 2019)
- Workshop on ‘Ethics in Psychological Research’.
- Workshop on Statistical analysis using Multivariate techniques.
- “Educational workshop” hosted by Special Rehabilitation Sciences and Research Centre in association with All India Special Education Services and Assistance at New Delhi (May, 2017)
- Workshop on ‘Attitude and Behaviour Modulation through Life Skills Training’ held at DIPR, Delhi (2017)
- “Peer Educators Orientation Course in Life Skills Education” held at National Science Centre (2008-2009)

COMPUTER SOFTWARE AND TECHNOLOGY

- Skilled user of Microsoft Excel / Word / PowerPoint
- Skilled at usage of Google Suite Features
- Trained in SPSS

COMMUNITY SERVICE

Volunteer

Taleemi Mela

Jamia Millia Islamia

2016

Responsibilities:

I assisted in organizing mental health camp and provided counselling sessions to the university students.

PUBLICATIONS

Suri, S., Jahan, A., and Naaz, H (2018). Multidimensionality of Peer Pressure as Predictor of Emotional Autonomy and General health. International Journal of Research in Management and Social Science, Volume 6, Issue (II): April – June, 31-37.