



SUMMARY

Highly motivated psychology post graduate interested in working with child and/or youth services to utilize remarkable interpersonal, rapport building and counselling skills. Offering knowledge and training in mental health, therapeutic interventions protocols and crisis management. Skilled in research and analysis.

EDUCATION

The Maurya School

10th - 2017 (92%)

12th - 2019 (83.25%)

The NorthCap University

BA. (Hons.) Psychology - 2022 (73%)

Centre of education and distance learning

1 Year Diploma in Occupational Therapy - 2023 (70%)

Sikkim Alpine University

MA. Psychology (2022 - 2024)

SKILLS

- Strong organizational and time-management skills
- Exceptional communication and interpersonal skills
- Critical thinking and analytical skills
- Detail-oriented and able to handle multiple tasks simultaneously
- An understanding of physiological, emotional, cognitive and social determinants of behaviour
- Familiarity and experience with the psychological research methods, including data collection and analysis
- Proficient in Microsoft Word, Power Point and Excel

CERTIFICATIONS

- Introduction to Psychology - Yale University (Coursera)
- The fundamentals of Digital Marketing - Google
- Spanish - Instituto Cervantes
- Fine Art - Lakhya's Art Gallery
- Theater - The Maurya School
- Kathak - Suryansh Kala Vatika
- Boxing - Elite Boxing Academy

PROFESSIONAL EXPERIENCE

DPS , Sec - 84

School Counsellor | April 2024 - December 2024

- Taking Life Skills classes and grade 11th & 12th psychology
- Counselling sessions for pre - primary , primary and senior wing

K12 Techno

Psychologist | September 2022 - June 2023

- SEN Department course creation for grades 1 to 12 of all Orchid International schools Pan India
- Conducting workshops and trainings for Behavioral counselors and special educators
- Taking life skill classes , workshops and counselling sessions for children and parents

Mount Olympus

Inter under school counsellor | August 2021 - March 2022

- Creating content likes octal media posts , blogs and articles for school website and social media handles
- Performing psychological tests and formulating results
- Administiring webinars and mental health workshops

Centre of Education and Distance Learning

Social Worker | June 2019 - June 2022

- Management of Human resources and supervision of the HR department
- Teaching at rural areas and under developed cities to children and young adults
- Setting up Covid-19 relief camps and distribution of food , water , medicine and hygiene supplies

All India Karmarth People's Development Foundation

Social Worker | January 2017 - January 2021

- Teaching necessary skills to rural women for a smooth conduct in day to day life
- Helping rural women with domestic and psychological abuse intervention
- Educating rural women and children

Edudevs

Content Developer | January 2021 - June 2022

- Research and development of content for universities and schools according to NEP
- Attending webinars and meetings of various universities and schools