### **CURRICULUM VITAE**

#### **Dr. NITIN SHARMA**

MBBS, MD (Psychiatry)

Email ID: docnitinsharma1@gmail.com

**PERSONAL INFORMATION:** 

Contact No.: ±918860640003, ±917905449136

Father's Name: Dr. Kashi Ram Sharma

Mother's Name: Mrs. Kamla Sharma

Spouse Name: Dr. Ritu Shukla (MD Anaesthesiology)

Date of Birth: 14th March 1988

Nationality: Indian

Language Proficiency: Hindi & English

Current Address: 97, Raman Enclave, Near Rishi Nagar, Ludhiana, Punjab-141001, India.

Permanent Address: 189-A, Second Floor, Arjun Nagar Safdarjung Enclave, New Delhi-110029, India.

# **CURRICULUM VITAE**

# **EDUCATIONAL & PROFESSIONAL QUALIFICATION**

# **Education Qualification:**

Year	Education	Roll no.	Board/College	%	Marks	Max	
					obtained	Marks	
2004	10 <sup>th</sup>	6137786	CBSE	82.4	412	500	
2006	12 <sup>th</sup>	6232758	CBSE	71.6	358	500	
UNDER-GRATDUATE TRAINING							
2006-	2006- <b>MBBS-I</b> 040674 Barkatullah 57.5 345 600						
2007		0.007.1	University	07.0	3 13		
2007-	MBBS- II	048256	Barkatullah	56.72	312	550	
2009			University				
2009-	MBBS- IIIa	001110	Barkatullah	60	240	400	
2010			University				
2010-	MBBS- IIIb	040255	Barkatullah	60.66	546	900	
2011			University				
	Grand Total			58.89	1443	2450	
2011-	Internship		People's				
2012			College of				
			Medical				
			Sciences &				
			Research				
			Centre, Bhopal				

# **Professional Qualification:**

Year	Duration	Profession	College			
POST-GRADUATION TRAINING (MD PSYCHIATRY)						
MD	05.04.2016 to 04.04.2017	Junior Resident I	Department of Psychiatry, Era			
	05.04.2017 to 04.04.2018	Junior Resident II	Lucknow Medical College and Hospital,			
	05.04.2018 to 04.04.2019	Junior Resident III	Era University, Lucknow.			

# WORK EXPERIENCE

# JUNIOR RESIDENCY:

Year	Duration	Hospital	Department
15.02.2013 to 14.02.2014	1 year	Deep Chand Bandhu Hospital, Delhi	Department of Surgery
05.03.2014 to 31.08.2014	6 months	Max Healthcare, Saket, Delhi	Department of Aesthetic & Reconstructive Surgery
20.10.2014 to 19.10.2015	1 year	Janakpuri Super Speciality Hospital Society, Delhi	Department of Neurology
12.11.2015 to 16.01.2016	89 days	Janakpuri Super Speciality Hospital Society, Delhi	Department of Neurology

### **SENIOR RESIDENCY:**

Year	Duration	Hospital	Department
10.08.2019 to 15.09.2021	2 years 5 days	Institute of Human Behavior & Allied Sciences, Delhi	Dept. of Psychiatry

### **CONSULTANT PSYCHIATRIST:**

Year	Duration	Hospital
21.09.2021 to 30.08.2022	1 year	Veer Deaddiction Centre, Nabha, Punjab
01.09.2022 till currently working	1 year	Sahnewal Deaddiction and psychiatry hospital, Sahnewal, Ludhiana
Since 01.09.2022	Part Time	HMC Neuro Hospital, Model Town Ext, Ludhiana

### **RESEARCH WORK:**

### • Postgraduate Thesis:

 "Vitamin D Deficiency and Depressive Symptomatology in Psychiatric Patients with Current Depressive Episode" at the Department of Psychiatry, Era Lucknow Medical College and Hospital, Lucknow, under Chief Guidance of Prof. Ajay Kohli, MD.

### • Research Interest:

- o Schizophrenia and Psychosis
- Mood Disorders
- Addiction Disorders
- o OCD

# **RESEACH PUBLICATIONS**

# **ORIGINAL ARTICLES:**

S. No.	Publications	Status
1.	Nitin Sharma, Shantanu Bharti, Ruchita Sharma, Ajay Kohli, Anju Agarwal, Abdul Qadir Jilani, Ritu Shukla, Prashant Kumar, Shiraz-ul-Hasan. Study of Vitamin D levels in the patients of Depression in Tertiary Care Centre. 2018. Delhi Psychiatric Journal. 21(1):114-120.	Published
2.	Nitin Sharma, Shantanu Bharti, Ruchita Sharma, Ajay Kohli, Anju Agarwal, Abdul Qadir Jilani, Ritu Shukla, Prashant Kumar, Shiraz-ul-Hasan, Divya Deepak Srivastava. Gender Differences in Depression and Anxiety among Patients with Epilepsy. 2018. Delhi Psychiatric Journal. 21(2):352-357.	Published
3.	Nitin Sharma, Shantanu Bharti, Ruchita Sharma, Ajay Kohli, Anju Agarwal, Abdul Qadir Jilani, Ritu Shukla, Prashant Kumar, Shiraz-ul-Hasan.  Knowledge and Attitude of Medical Professionals regarding Electroconvulsive Therapy. 2018. Delhi Psychiatric Journal. 21(2):289-295.	Published
4.	Sanyam Gupta, <b>Nitin Sharma</b> , Shantanu Bharti, Ruchita Sharma, Ajay Kohli, Anju Agarwal, Abdul Qadir Jilani, Ritu Shukla. <b>Depression and anxiety in patients with epilepsy. 2018. International Journal of Advances in Medicine.</b> 5(5):1268-1273.	Published
5.	Nitin Sharma, Shantanu Bharti, Ruchita Sharma, Anju Agarwal, Abdul Qadir Jilani, Saloni. Clinical correlation of vitamin D in Depression. 2019. International Journal of Advances in Medicine.	Published
6.	Saloni, Priynaka Sharma, <b>Nitin Sharma</b> , A Q Jilani, Shantanu Bharti, Ruchita Sharma. <b>Psyhciatric Co morbidty and Domestic Violence in spounses of alcohol dependence male patients. Internatuional Journal of Scientic Research</b> . 9(7): 29-31.	Published

#### **ORAL PRESENTATIONS:**

1. Nitin Sharma, Shantanu Bharti, Ajay Kohli, Anju Agarwal, Abdul Qadir Jilani, Prashant Kumar, Shiraz-ul-Hasan. Clinical Correlation of Vitamin D in Depression. 18<sup>th</sup> Annual National Conference of Indian Association of Private Psychiatry, 2017.

#### **POSTER PRESENTATIONS:**

- 1. Nitin Sharma, Shantanu Bharti, Ajay Kohli, Anju Agarwal, Abdul Qadir Jilani. Study of Vitamin D levels in patients of Depression North India Scenario. CIPCON and CME, 2017.
- 2. Nitin Sharma, Shantanu Bharti, Ajay Kohli, Anju Agarwal. Knowledge and Attitude of Medical Professionals regarding Electroconvulsive Therapy. SCARF, 2018.
- 3. Nitin Sharma, Shantanu Bharti, Ajay Kohli, Anju Agarwal. Gender Differences in Depression and Anxiety among patients with Epilepsy. 71<sup>st</sup> Annual National Conference of Indian Psychiatric Society (ANCIPS), 2019.
- 4. Nitin Sharma, Shantanu Bharti, Ajay Kohli, Anju Agarwal. Vitamin D deficiency and Depressive Symptomatology in patients with current Depressive episode. 71<sup>st</sup> Annual National Conference of Indian Psychiatric Society (ANCIPS), 2019.
- 5. Mohammad Talha Shamim, Nitin Sharma, Shantanu Bharti, Ajay Kohli, Anju Agarwal, Abdul Qadir Jilani, Tanuj Verma. Study of phenomenological difference in psychotic disorder patients with and without cannabis use. 71<sup>st</sup> Annual National Conference of Indian Psychiatric Society (ANCIPS), 2019.
- 6. Sheetal Tripathi, Swati, Nitin Sharma, Shantanu Bharti, Ajay Kohli, Anju Agarwal, Abdul Qadir Jilani. Coping style in patients with current depressive episode. 71<sup>st</sup> Annual National Conference of Indian Psychiatric Society (ANCIPS), 2019
- 7. Saloni, Nitin Sharma, Shantanu Bharti, Ajay Kohli, Anju Agarwal, Abdul Qadir Jilani, Tanuj Verma. Knowledge and Attitude regarding Electroconvulsive therapy (ECT) among consultants and Postgraduate

students & residents. 71<sup>st</sup> Annual National Conference of Indian Psychiatric Society (ANCIPS), 2019.

### **ACHIEVEMENTS:**

1. Participated in Zonal Round – North Zone of Psychiatry Torrent Young Scholar Award 2018.

#### **EXTRA CURRICULAR ACTIVITIES:**

- 1. Sports Secretary, People's College of Medical Sciences and Research Centre, Madhya Pradesh, India. (2007 till 2008)
- 2. General Secretary, Resident Doctors Association, Institute of Human Behaviour and Allied Sciences, Delhi, India. (2019 till 2021)

### **REGISTRATION & MEMBERSHIPS:**

Delhi Medical Council

Punjab Medical Council

Uttar Pradesh Medical Council

Fellow Member Indian Psychiatric Society



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Dated:30/08/2023 Dr Nitin Sharma