



MUDIT JAGWAYAN

Aspiring Psychologist

ABOUT ME

Psychology post-graduate with a strong foundation in clinical and counselling practices, including basic assessment and therapeutic skills. Passionate about supporting mental health through empathetic, evidence-based approaches. Committed to professional growth and delivering compassionate, client-centered care.

EDUCATION

Bachelor of Applied Psychology

Amity University, Kolkata
2020 - 2023

Masters in Clinical Psychology

Amity University, Noida
2023 - 2025

KEY SKILLS

- SPSS
- Cognitive Behavioural Therapy
- Research
- Case Conceptualization
- Assessment
- Communication
- Critical Thinking
- Teamwork
- Teletherapy

RESEARCHES & PUBLICATION

- Relationship Between Intimacy and Satisfaction in a Romantic Relationship
- Goal Setting Formation and Quality of Life: A Comparative Study Between Single Individuals and People in a Committed Relationship (Published in International Journal Of Interdisciplinary Approaches in Psychology)

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INTERNSHIPS

April, 2024
May, 2024

Infiheal

- Analysed Research & Operational Data.
- Helped in Making AI Model Focused on Mental Health Communication.

Jan, 2024
Mar, 2024

Sri Balaji Action Medical Institute

- Witnessed various cases and learning about diagnosis and treatment with mindful discussions.
- Gained experience working in a hospital environment, handling diverse cases and clinical procedures.

Jan, 2024
Mar, 2024

Manzil NGO

- Handled children from various underprivileged backgrounds.
- Gained Experience in Teaching.

May, 2021
Mar, 2024

7 Cups

- Trained as a Professional Listener, and helped clients resolve issues without providing direct advice.
- Learnt to be skill to be innately patient.

Sep, 2023
Oct, 2023

We Avec U Mental Health Organization

- Created a safe space for the clients to share their thoughts and feelings in a rehabilitation.
- Gained experience, exposure and knowledge of career specific procedures and systems.

July, 2022
Aug, 2022

Marga A Mind Wellness Studio

- Assessed case studies on ASD, ADHD, and SDE; gained insights into dance movement therapy, arts-based therapy, and special education.
- Assisted in organizing and observing group activities for individuals with schizophrenia.

ROLES OF RESPONSIBILITY

- Sub - Core Member, Events Club, Amity University, Kolkata
- Core - Member, Events Club, Psychology Department
- Vice - Captain, Student Council