



## EDUCATION

### Masters in Psychology

Lovely Professional University  
2019-2021

### Bachelors in Arts

Delhi University  
2016-2019

## SKILLS

- ABA therapy
- Data taking
- Planning interventions
- Primary and secondary research Case history taking
- Making a diagnosis
- Active listening
- Time management
- Observation

## RESEARCH PAPERS

Human Intelligence

- Journal- International Journal of Research and Analytical Reviews
- vol. 5, issue 4

Emotional Intelligence of Special Children: A review

- Journal- Sodh Sanchar Bulletin
- vol. 10, issue 40

Living with seizures

- Journal- Journal of Xidian University
- vol. 14, issue 5

Measurement of Intelligence and Emotional Stability Among Under- Privileged Children

- Journal- Utkal Historical Research Journal
- vol. 34, issue 1

Psycho- Nutrition

- Journal- International Journal of Research and Analytical Reviews
- vol. 6, issue 1

## VOLUNTEER WORK

### Center In-charge

Adhiyagya, NGO  
04/2016 - 08/2019,

- Organised events and workshops
- Managed roles and duties of volunteers
- Drafted curriculum
- Personal counselling

## PROFESSIONAL EXPERIENCE

### Behavioral Therapist

Babblz CDC

02/2024-05/2024

- Providing behavioral therapy to children with Autism
- Data assessment and management
- Develop personalized treatment plans

### Behavioral Therapist

CogniAble

07/2022-07/2023

- Providing ABA therapy to children with Autism- in center and home sessions.
- Training new therapists on the principles of ABA and dealing with children.
- Data assessment and management.
- Providing Parent Training (online and offline).

### Intern, Heart it Out

08/2021- 10/2021

- Carried clinical observations
- Made clinical case reports
- Planned treatment and intervention plans
- Article writing
- Social media management

### Intern, Cognizavest

06/2021-07/2021

- Learnt about specific childhood disorders
- Case history taking
- Making a diagnosis using ICD-10 and DSM- 5
- Practiced observation styles

## WORKSHOPS AND SEMINARS

- Conducted 'toilet training' workshop for children with Autism while working with Babblz CDC
- Conducted 1 month summer camp while working with CogniAble
- Attended guest lecture on "Signature analysis" at lovely Professional university (2019)
- Attended guest lecture on "Uses of music on commercial premises and its impact on consumer behavior" at lovely Professional university (2019)

## CERTIFICATIONS

- Certificate course in 'Cognitive Behavioral Therapy (CBT)'
- Certificate course in 'Counselling Children and Adolescents'