

# BHAWANA SHARMA

MD PSYCHIATRY



## CONTACT

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## SKILLS

- Psychiatric evaluation
- Individualized treatment plan
- Therapeutic modalities
- Patient education
- Teaching and mentorship
- Effective Communication
- Adaptability
- Empathy and compassion

## REFERENCE

- **Dr Vasantmeghna Murthy,**  
Associate Professor -9820207358  
svasantmeghna@gmail.com
- **Dr Sharad Kshirsagar,**  
HOD KIMS- 8788437682

## LANGUAGES

- English (Fluent)
- Hindi (Fluent)
- Nepali (Fluent)
- Marathi (Fluent)



## PROFILE

A psychiatrist with expertise in clinical practice, psychotherapy, and medical education. Experienced in managing a diverse range of psychiatric conditions across various subspecialties. Committed to evidence-based care, patient well-being, and continuous learning through research and teaching.



## EDUCATION

**M.D. Psychiatry** 2022 - 2025  
Krishna Institute of Medical Sciences | KVVDU  
**Percentage:** 66.25%  
Gold medalist

**M.B.B.S** 2012 - 2017  
Lady Hardinge Medical College| Delhi University  
**Percentage:** 61.55%



## RESEARCH

**Dissertation:** A Study of Correlation of Symptom Severity and Self-Reported Well-being with Serum Prolactin Levels in Patients with Depressive, Anxiety and/or Stress-Related Disorders.

- Investigated prolactin as a biomarker for psychiatric disorders.
- Found weak positive correlation between PRL levels and depression, anxiety, and stress.

A Study of Informal Psychiatric Consultations Among Medical Practitioners in India - Presented at IPS West Zone Conference 2023.



## WORK EXPERIENCE

**Lal Bahadur Shastri Hospital** 2018-2019  
Non academic Junior Resident in Obstetrics and Gynaecology

**Krishna Institute of Medical Sciences** 2022-2025  
Junior Resident in Psychiatry